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**ABSTRACT**

This comprehensive guide to Federal resources in maternal and child health is designed to aid health professionals, educators, and the general public in locating information available from government agencies and information centers. Part 1 is a listing of Federal agencies and information centers that provide information services related to maternal and child health. Part 2 contains an extensive bibliography of publications and audiovisual materials available from Federal sources. A directory of key regional and state health information personnel is presented in part 3. (JD)

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# STARTING EARLY

*A Guide to Federal Resources  
in Maternal and Child Health*

Second Edition  
January 1988

**NATIONAL CENTER FOR EDUCATION  
IN MATERNAL AND CHILD HEALTH**

*Produced and published by:*  
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NCEMCH provides information services, educational materials, and technical assistance to organizations, agencies, and individuals with maternal and child health interests.

The Center was established in 1982 at Georgetown University, within the Department of Obstetrics and Gynecology. NCEMCH is primarily funded by the U.S. Department of Health and Human Services through its Bureau of Maternal and Child Health and Resources Development.

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\*(American Samoa, Commonwealth of the Northern Mariana Islands, Federated States of Micronesia, Guam, Republic of Belau, Republic of the Marshall Islands)

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## FOREWORD

*Starting Early* has been developed by the National Center for Education in Maternal and Child Health (NCEMCH) to simplify the search for Federal resources in maternal and child health. There is a wealth of information available from U.S. Government agencies and Federally-operated or funded information centers, but making the connection between the person who needs information and the most appropriate source is not always easy. This guide is designed to aid health professionals, educators, and the general public in identifying these Federal resources.

In this Second Edition, *Starting Early* has been expanded and reorganized. Efforts were made to contact all Federal agencies and programs relevant to maternal and child health. The identified resources, whether services or materials, have been grouped according to the broad subject categories in the NCEMCH *Thesaurus*, which is used to classify resources in the NCEMCH Resource Center.

The three parts of *Starting Early* provide access to three distinct types of Federal information resources. Part I is a listing of Federal agencies and information centers that provide information services related to maternal and child health. An extensive bibliography of publications and audiovisual materials available from Federal or Federally-funded sources is included in Part II, along with ordering information. Part III contains the names, addresses and telephone numbers of Regional MCH Consultants, State MCH and CCS Directors, and the headquarters of the Regional Genetics Services Networks. Subject and title indexes follow.

Every effort has been made to present a comprehensive guide to Federal information resources in the many broad fields that relate to maternal and child health. The agencies that provide the services or publications listed are the best sources of further information on changes in availability. *Starting Early* will be updated and revised for future editions; comments and suggestions are encouraged, and may be directed to:

Editor, *Starting Early*  
NCEMCH  
38th and R Streets, NW  
Washington, DC 20057  
(202) 625-8400

## **PART I**

# **FEDERAL AGENCIES AND INFORMATION CENTERS**

## **INTRODUCTION**

Part I of *Starting Early* is an annotated list of Federal agencies and information centers that are potential sources of assistance in areas related to maternal and child health. In the process of conducting basic and applied research, developing programs, and delivering services, the Federal Government accumulates information that is potentially useful to professionals, parents, and others. While the Bureau of Maternal and Child Health and Resources Development, the National Center for Education in Maternal and Child Health, and the National Maternal and Child Health Clearinghouse serve as the primary sources of information and materials in this area, there are many organizations working in closely allied fields that have useful publications and respond to inquiries from persons interested in MCH-related topics.

Many of the organizations listed here are producers of publications and audiovisual materials found in Part II of *Starting Early*. Most provide additional information services, which are described briefly. Services may include: responses to inquiries from the general public or specific interest groups; publications and publication catalogs; literature searches; and referral to further resources. The most extensive information services can be expected from those organizations identified as clearinghouses or information centers. The term clearinghouse usually indicates an organization that distributes publications or packaged information, while information centers often provide more individualized service. In the case of Federal agencies, we have listed offices responsible for public inquiries wherever possible.

In addition to the agencies listed in Part I, there are a number of Federal Information Centers in metropolitan areas throughout the United States that provide general information on Federal government agencies and services. Some of these centers have toll-free telephone numbers serving state-wide areas. For a list of the Federal Information Centers and their telephone numbers, write:

"Federal Information Centers"  
Consumer Information Center  
Pueblo, CO 81009

A subject index to Part I begins on page 153.



## **ADMINISTRATION FOR CHILDREN, YOUTH, AND FAMILIES**

Office of Public Affairs  
Hubert H. Humphrey Building  
200 Independence Avenue, SW  
Room 329D  
Washington, DC 20201  
(202) 472-7257

Responds to inquiries on topics such as child abuse, day care, domestic violence, and Head Start.

## **ADMINISTRATION ON DEVELOPMENTAL DISABILITIES**

Hubert H. Humphrey Building  
200 Independence Avenue, SW  
Room 351D  
Washington, DC 20201  
(202) 215-2888

Responds to inquiries and provides information and publications on developmental disabilities. Produces and distributes a directory of services for training handicapped persons.

## **CENTER FOR DEVICES AND RADIOLOGICAL HEALTH**

Division of Consumer Affairs  
5600 Fishers Lane  
HFZ210  
Rockville, MD 20857  
(301) 443-4190

Responds to inquiries from consumers and professionals, develops consumer education programs, and disseminates publications on medical and consumer products including radiation emitting devices, contact lenses, contraceptive devices and hearing aids.

## **CENTERS FOR DISEASE CONTROL**

Center for Health Promotion and Education  
1600 Clifton Road, NE  
Atlanta, GA 30333  
(404) 329-3492

Responds to inquiries from professionals and consumers and provides leadership and program direction for the prevention of disease, disability, premature death, and other health problems. A catalog of publications is available.

## **CENTERS FOR DISEASE CONTROL**

Division of Birth Defects and Developmental Disabilities  
CEH-KOGER  
1600 Clifton Road, NE  
Atlanta, GA 30333  
(404) 454-4717

Responds to inquiries from consumers and professionals with information and reports on birth defects and developmental disabilities.

## **CENTERS FOR DISEASE CONTROL**

Immunization Division  
1600 Tullie Circle  
Freeway Park  
Atlanta, GA 30333  
(404) 329-1880

Responds to inquiries and provides information and publications regarding immunization against vaccine-preventable diseases of young children.

## **CENTERS FOR DISEASE CONTROL**

Public Inquiries  
Building 1  
1600 Clifton Road  
Room B63  
Atlanta, GA 30333  
(404) 329-3534

Responds to inquiries and requests for information on areas of preventive medicine, immunization, disease control and health education. Collects and compiles a wide variety of health-related data and distributes publications.

## **CLEARINGHOUSE ON CHILD ABUSE AND NEGLECT INFORMATION**

P.O. Box 1182  
Washington, DC 20013  
(703) 821-2086

Responds to inquiries from the general public and professionals and disseminates information and publications on child abuse and neglect.

## **CLEARINGHOUSE ON HEALTH INDEXES**

3700 East West Highway  
Room 2-27  
Hyattsville, MD 20782  
(301) 436-7035

Responds to inquiries and provides bibliographic and other informational assistance in the development of health measures for health researchers, administrators, and planners.

## **CLEARINGHOUSE ON THE HANDICAPPED**

330 C Street, SW  
Room 3132  
Washington, DC 20202  
(202) 732-1245

Responds to inquiries and provides information on government services for the disabled. Offers access to a number of publications.

## **CONSUMER INFORMATION CENTER**

Pueblo, CO 81009  
(202) 566-1794

Distributes consumer publications on topics such as prenatal care, parenting, nutrition, exercise, weight control and child safety. The Consumer Information Catalog and a list of Federal Information Centers are available free from the Center.

## **CONSUMER PRODUCT SAFETY COMMISSION**

Washington, DC 20207  
(800) 538-2772 (toll free)

Evaluates the safety of products sold to the public including children's furniture and toys. Provides printed materials on different aspects of consumer product safety on request. (Does not answer questions from consumers on drugs, prescriptions, warranties, or advertising.)

## **ENVIRONMENTAL PROTECTION AGENCY**

Public Information Center  
401 M Street, SW  
Washington, DC 20460  
(202) 646-6410

Responds to inquiries from consumers and professionals and publishes materials on topics that include hazardous waste, the school asbestos project, air and water pollution, and pesticides.

## **ERIC CLEARINGHOUSE ON HANDICAPPED AND GIFTED CHILDREN**

CEC Information Center  
The Council for Exceptional Children  
1920 Association Drive  
Reston, VA 22091  
(703) 620-3660

Provides publications, bibliographies, and customized computer searches on topics related to the education of handicapped and gifted children and youth. Produces abstracts for the ERIC database.

## **FAMILY LIFE INFORMATION EXCHANGE**

P.O. Box 10716  
Rockville, MD 20850  
(301) 770-3662

Responds to inquiries from consumers and professionals on family planning topics such as contraception and infant adoption; produces and distributes informational materials and publications, and makes referrals to other information centers.

## **FEDERAL TRADE COMMISSION**

Public Reference Branch  
Sixth and Pennsylvania Avenue, NW  
Room 130  
Washington, DC 20580  
(202) 326-2222

Responds to inquiries from consumers and writes trade regulations to protect consumers from unfair or deceptive business practices in areas such as truth in advertising and product reliability. Publications are available from the Commission.

## **FOOD AND DRUG ADMINISTRATION**

Office of Consumer Affairs  
5600 Fishers Lane (HFN-88)  
Rockville, MD 20857  
(301) 443-3170

Responds to consumers' inquiries and provides information and publications concerning foods, drugs and medications.

## **FOOD AND NUTRITION INFORMATION CENTER**

National Agricultural Library  
Room 304  
Beltsville, MD 20705  
(301) 344-3719

Responds to inquiries and provides information, publications, and audiovisual materials on topics such as nutrition, food service management, food technology, and nutrition for adolescents with particular emphasis on adolescent pregnancy. Publications are geared for professionals, educators, and consumers.

## **FOOD AND NUTRITION SERVICE**

Office of Public Information  
3101 Park Center Drive  
Alexandria, VA 22302  
(703) 756-3281

Responds to inquiries and provides information and publications on Federal maternal and child nutrition programs such as the Special Supplemental Food Programs for Women, Infants and Children (WIC).

## **HEALTH CARE FINANCING ADMINISTRATION**

Office of Public Affairs  
Hubert H. Humphrey Building  
330 Independence Avenue, SW  
Room 4235  
Washington, DC 20201  
(202) 245-6161

Responds to questions concerning financing of health care for chronically ill children.

## **HEALTH CARE FINANCING ADMINISTRATION**

Public Information  
Hubert H. Humphrey Building  
300 Independence Avenue, SW  
Room 4248  
Washington, DC 20201  
(202) 245-6113  
(301) 597-2618 (Publications)

Responds to inquiries concerning Medicare and Medicaid and related quality assurance programs including reimbursement programs for kidney dialysis.

## **HIGH BLOOD PRESSURE INFORMATION CENTER**

12C/80 National Institutes of Health  
Bethesda, MD 20892  
(301) 496-1809

Responds to inquiries, provides information, and disseminates publications on high blood pressure and pregnancy and high blood pressure in general.

## **HUMAN NUTRITION INFORMATION SERVICE**

6505 Belcrest Road  
Room 325A  
Hyattsville, MD 20782  
(301) 436-8498

Compiles and publishes information on the nutritional content of foods and the nutritional adequacy of diets. Distributes publication lists which include items available from the Government Printing Office.

## **NATIONAL ARTHRITIS AND MUSCULOSKELETAL AND SKIN DISEASES INFORMATION CLEARINGHOUSE**

Box AMS  
Bethesda, MD 20892  
(301) 468-3235

Responds to inquiries and provides a publication list of materials on arthritis and related musculoskeletal diseases. Serves as an information exchange for individuals and organizations involved in public, professional, and patient education. Refers personal requests from patients to the Arthritis Foundation when appropriate.

## **NATIONAL AUDIOVISUAL CENTER**

National Archives and Records Service  
Information Services Section  
8700 Edgeworth Drive  
Capitol Heights, MD 20743-3701  
(301) 763-1896

Responds to inquiries from consumers and professionals and functions as the primary outlet for purchasing or renting Federally-produced audiovisual programs. Catalogs are available and referrals to loan sources are provided at no cost.

## **NATIONAL CANCER INSTITUTE**

Cancer Information Center  
Bethesda, MD 20892  
(800) 4-CANCER  
(301) 495-5583

Responds to inquiries from the general public and professionals and disseminates publications on cancer.

## **NATIONAL CENTER FOR CLINICAL INFANT PROGRAMS**

733 15th Street, NW  
Suite 912  
Washington, DC 20005  
(202) 347-0308

Supports professional initiatives in infant health, mental health and development. Project Zero to Three, funded by the Bureau of Maternal and Child Health and Resources Development, focuses on infants who are disabled or at risk. Publications are available on clinical issues targeted at disciplines concerned with infants, toddlers, and their families.

## **NATIONAL CENTER FOR EDUCATION IN MATERNAL AND CHILD HEALTH**

38th and R Streets, NW  
Washington, DC 20057  
(202) 625-8400

Responds to inquiries with publications, information packets and referrals for questions concerning pregnancy and childbirth, adolescent health and pregnancy, child health and development, disorders and disabling conditions, genetic disorders, genetic counseling, prenatal diagnosis, and women's health topics. Provides a number of services including maintaining a resource center of educational materials and publishing a variety of guides, directories, bibliographies, and newsletters. Serves as a major link between sources of information and services and the professional in areas of maternal and child health.

## **NATIONAL CENTER FOR HEALTH SERVICES RESEARCH AND HEALTH CARE TECHNOLOGY ASSESSMENT**

5600 Fishers Lane  
Room 1812  
Rockville, MD 20857  
(301) 443-4100

Evaluates health services, assesses technologies, and sponsors and conducts research on health care delivery. Findings are disseminated through publications and bibliographies.

## **NATIONAL CENTER FOR HEALTH STATISTICS**

Scientific and Technical Information Branch  
Division of Data Services  
3700 East-West Highway  
Room 1-57  
Hyattsville, MD 20782  
(301) 436-8500

Responds to inquiries from consumers and professionals; maintains data files containing information on vital statistics, birth and mortality surveys and utilization of health resources; collects statistical data on low birthweight infants and infant mortality; produces statistical reports and publications on high risk infants. Data from surveys and studies are presented in a variety of publications.

## **NATIONAL CENTER FOR MISSING AND EXPLOITED CHILDREN**

1835 K Street, NW  
Washington, DC 20006  
(202) 634-9821  
(800) 843-5673 (toll free)

Responds to inquiries and provides information and publications to the public and professionals concerning missing children, child molestation, child pornography, and child prostitution. Sponsors a toll-free hotline to assist the public in reporting missing and exploited children or providing information leading to the whereabouts of these children.

## **NATIONAL CENTER FOR YOUTH WITH DISABILITIES**

Adolescent Health Program  
University of Minnesota  
Box 721 - UMHC  
Harvard Street at East River Road  
Minneapolis, MN 55455  
(612) 626-2825

Provides a library which includes major health publications since 1980 relating to youth with chronic illness and/or disability, model programs and projects, and training and educational materials pertaining to these issues; provides a network of professionals with expert knowledge in these areas.

## **NATIONAL CLEARINGHOUSE FOR ALCOHOL AND DRUG INFORMATION**

P.O. Box 2345  
Rockville, MD 20852  
(301) 468-2600

Collects and disseminates information for professionals and consumers on prevention of alcohol and drug abuse and on alcohol and drug use during pregnancy.

## **NATIONAL CLEARINGHOUSE FOR PRIMARY CARE INFORMATION**

8201 Greensboro Drive  
Suite 600  
McLean, VA 22101  
(703) 821-8955

Provides information on services which support the planning, development, and delivery of ambulatory health care to urban and rural areas where there are shortages of medical personnel and services. Responds to inquiries from consumers; however, primary audience is health care providers who work in community health centers.

## **NATIONAL DIABETES INFORMATION CLEARINGHOUSE**

Box NDIC  
Bethesda, MD 20892  
(301) 468-2162

Responds to inquiries and disseminates patient education materials. Coordinates the development of materials and programs for diabetes education.

## **NATIONAL DIGESTIVE DISEASES INFORMATION CLEARINGHOUSE**

1255 23rd Street, NW  
Suite 275  
Washington, DC 20037  
(202) 296-1138

Develops and distributes educational materials, responds to requests for information, and provides central information and educational resources on digestive diseases.

## **NATIONAL EYE INSTITUTE**

Building 31  
Room 6A-32  
Bethesda, MD 20892  
(301) 496-5248

Supports and conducts research directed toward improving the prevention, diagnosis, and treatment of eye disorders. Publications are available upon request, including information on Institute-supported research.

## **NATIONAL HEART, LUNG, AND BLOOD INSTITUTE**

Information Office  
Building 31  
Room 4A-21  
Bethesda, MD 20892  
(301) 496-4236

Responds to inquiries and conducts research, education and training activities on heart, blood vessel, lung, and blood diseases. Develops professional and general information publications.

## **NATIONAL HIGHWAY TRAFFIC SAFETY ADMINISTRATION**

Office of Occupant Protection, NTS-13  
400 Seventh Street, SW  
Washington, DC 20590  
(202) 366-2703  
(800) 424-9393 (toll free)

Publishes safety information brochures and conducts health promotion and risk reduction public education programs which promote the use of safety belts and child safety seats. Maintains a toll-free hotline for consumers complaints on auto safety and child safety seats and requests for information regarding consumer recalls.

## **NATIONAL INFORMATION CENTER FOR HANDICAPPED CHILDREN AND YOUTH**

P.O. Box 1492  
Washington, DC 20013  
(703) 522-3332

Responds to inquiries from parents of disabled children, disabled adults, and professionals regarding available services. Provides publications on handicapping conditions.



## **NATIONAL INJURY INFORMATION CLEARINGHOUSE**

5401 Westbard Avenue  
Room 625  
Washington, DC 20207  
(301) 492-6424

Responds to inquiries from consumers and professionals. Collects and disseminates injury data and information relating to the causes and prevention of death, injury, and illness associated with consumer products.

## **NATIONAL INSTITUTE FOR OCCUPATIONAL SAFETY AND HEALTH**

Technical Information Branch  
4676 Columbia Parkway  
Cincinnati, OH 45226  
(513) 533-8328

Responds to inquiries from consumers and provides technical information support for the National Institute for Occupational Safety and Health research programs. Catalog of publications is available.

## **NATIONAL INSTITUTE OF ALLERGY AND INFECTIOUS DISEASES**

Building 31  
Room 7A-32  
Bethesda, MD 20892  
(301) 496-5711

Responds to inquiries from consumers and professionals, provides information and publications, and conducts and supports research on infectious and allergic diseases.

## **NATIONAL INSTITUTE OF ARTHRITIS AND MUSCULOSKELETAL AND SKIN DISEASES**

Office of Scientific and Health Reports  
Building 31  
B2-B15 E  
Bethesda, MD 20892  
(301) 496-8188

Responds to inquiries from consumers and professionals, provides information and publications, and conducts and supports research on arthritis, musculoskeletal disorders, and skin diseases.

## **NATIONAL INSTITUTE OF CHILD HEALTH AND HUMAN DEVELOPMENT**

Office of Research Reporting  
Building 31  
Room 2A-32  
Bethesda, MD 20892  
(301) 496-5133

Responds to inquiries from consumers and professionals. Conducts and supports basic and clinical research and provides publications on topics of maternal and child health and the population sciences.

## **NATIONAL INSTITUTE OF DENTAL RESEARCH**

Building 31  
Room 2C-35  
Bethesda, MD 20892  
(301) 496-4261 (publications)  
(301) 496-2883 (audiovisuals)

Responds to inquiries from consumers, educators, and health care professionals. Provides information and publications which focus on improving dental health.

## **NATIONAL INSTITUTE OF DIABETES AND DIGESTIVE AND KIDNEY DISEASES**

Building 31  
Room 9A-52  
Bethesda, MD 20892  
(301) 496-5877

Responds to inquiries from consumers and professionals, provides information and publications, and conducts and supports research in diabetes, digestive disorders, and kidney diseases.

## **NATIONAL INSTITUTE OF ENVIRONMENTAL HEALTH SCIENCES**

Public Affairs Office  
P.O. Box 12233  
Research Triangle Park, NC 27709  
(919) 541-3345

Responds to inquiries from consumers and professionals, and conducts research and provides information on environmental factors such as chemical pollutants and toxic agents that may be harmful to humans or lead to environmental-related diseases.

## **NATIONAL INSTITUTE OF GENERAL MEDICAL SCIENCES**

Building 31  
Room 4A-52  
Bethesda, MD 20892  
(301) 496-7301

Responds to inquiries from consumers and professionals and supports research in the basic biomedical sciences, including genetics and cell biology.

## **NATIONAL INSTITUTE OF MENTAL HEALTH**

Public Inquiries Section  
5600 Fishers Lane  
Room 15C-05  
Rockville, MD 20857  
(301) 443-4513

Responds to inquiries from consumers and professionals, provides information and publications, and conducts and supports research on all areas of mental health and mental illness.

## **NATIONAL INSTITUTE OF NEUROLOGIC AND COMMUNICATIVE DISORDERS AND STROKE**

Office of Scientific and Health Reports  
Building 31  
Room 8A-06  
Bethesda, MD 20892  
(301) 496-5751

Responds to inquiries for consumers and professionals, provides information and publications, and conducts and supports research and training on the causes, prevention, diagnosis, and treatment of neurological and communicative disorders.

## **NATIONAL INSTITUTE ON AGING**

Information office  
Building 31  
Room 5C-35  
Bethesda, MD 20892  
(301) 496-1752

Responds to public inquiries and provides information and publications on women's health issues as they relate to the aging process.

## **NATIONAL INSTITUTE ON DRUG ABUSE**

Office for Research Communications  
Room 10A-54  
Rockville, MD 20857  
(301) 443-1124

Responds to inquiries from professionals and consumers. Produces and distributes information and materials based on drug abuse research conducted by the Institute.

## **NATIONAL INSTITUTES OF HEALTH**

Office of Clinical Center Communications  
Warren Grant Magnuson Clinical Center  
Building 10  
Room 1C-255  
Bethesda, MD 20892  
(301) 496-2563

Admits patients to the clinical center and studies a wide variety of diseases. Responds to inquiries from consumers regarding admission procedures and provides publications for professionals and consumers and research findings of the Institutes.

## **NATIONAL LIBRARY OF MEDICINE**

Audiovisuals  
Reference Services Section  
8600 Rockville Pike  
Bethesda, MD 20894  
(301) 496-6095 Reference  
(301) 496-5511 Interlibrary loans

Manages a distribution system for instructional materials in the health sciences to meet the needs of health professionals, scientists, scholars, students, and paramedical personnel.

## **NATIONAL LIBRARY SERVICE FOR THE BLIND AND PHYSICALLY HANDICAPPED**

1291 Taylor Street, NW  
Washington, DC 20542  
(202) 287-5100

Works through local and regional libraries to distribute Braille and recorded materials for persons with visual or physical impairments. Provides information on blindness and physical handicaps for professionals and consumers. A list of participating libraries is available from the National Library Service Reference Section.

## **NATIONAL MATERNAL AND CHILD HEALTH CLEARINGHOUSE**

38th and R Streets, NW  
Washington, DC 20057  
(202) 625-8410

Distributes publications on adolescent health, adolescent pregnancy, nutritional needs of adolescents, genetics, genetic disorders, genetic counseling, prenatal diagnosis, and other maternal and child health topics produced by the Division of Maternal and Child Health and Resources Development, the Healthy Mothers/Healthy Babies Coalition, the National Center for Education in Maternal and Child Health, the National Center for Clinical Infant Programs, and others.

## **NATIONAL MATERNAL AND CHILD HEALTH RESOURCE CENTER**

College of Law Building  
The University of Iowa  
Iowa City, IA 52242  
(319) 335-9046 or 335-9067

Collects, analyzes and disseminates information about public health care programs serving mothers and children; conducts research and prepares reports about MCH services; provides consultation and technical assistance to agencies, institutions and organizations; designs education and training materials and programs with respect to children with special health care needs.

## **NATIONAL REHABILITATION INFORMATION CENTER**

4407 Eighth Street, NE  
Washington, DC 20017  
(202) 635-5826  
(800) 346-2742

Responds to inquiries from consumers and professionals, provides information and publications on rehabilitation, prepares bibliographies tailored to specific requests, and maintains computerized databases of rehabilitation information and assistive devices. Fees are required for some materials and a price list is available.

## **NATIONAL RESOURCE INSTITUTE ON CHILDREN WITH HANDICAPS**

University of Washington, Mailstop WJ-10  
Seattle, Washington 98195  
(206) 543-2213

Develops and provides specialized training in developmental disabilities and the child welfare system; provides a comprehensive information resource; catalyzes team building and training among disciplines and agencies serving children with disabilities.

## **NATIONAL SECOND SURGICAL OPINION PROGRAM**

Health Care Financing Administration  
130 Independence Avenue, SW  
Room 4235  
Washington, DC 20201  
(800) 638-6833 (toll free)  
(800) 492-6603 (Maryland Only)

Provides information for individuals who are faced with the possibility of non-emergency surgery. Sponsors a toll-free number to assist the public in locating a surgeon or other medical specialist for a second opinion.

## **NATIONAL SUDDEN INFANT DEATH SYNDROME CLEARINGHOUSE**

8201 Greensboro Drive  
Suite 600  
McLean, VA 22102  
(703) 821-8955

Responds to inquiries and provides publications and information on sudden infant death syndrome to health professionals and consumers.

## **NATIONAL TECHNICAL INFORMATION SERVICE**

5285 Port Royal Road  
Springfield, VA 22161  
(703) 487-4600

Responds to inquiries from consumers and professionals and serves as the central source for the public sale and distribution of United States and foreign government sponsored research, development and reporting. Maintains a bibliographic database that is searchable on-line through commercial vendors.

## **OCCUPATIONAL SAFETY AND HEALTH ADMINISTRATION**

Office of Information and Consumer Affairs  
200 Constitution Avenue, NW  
Room N-3647  
Washington, DC 20001  
(202) 523-8148  
(202) 523-9667 (Publications)

Responds to inquiries from consumers and professionals, and prepares and distributes publications on a wide range of health and safety topics as they relate to the workplace.

## **OFFICE FOR SUBSTANCE ABUSE PREVENTION**

5600 Fishers Lane  
Room 9A54  
Rockville, MD 20857  
(301) 443-0365

Responds to inquiries from consumers and professionals; develops and collects drug and alcohol abuse prevention literature and materials; sponsors regional and national workshops on the prevention of drug and alcohol abuse, and operates a grant program for projects to demonstrate effective models for the prevention, treatment, and rehabilitation of drug and alcohol abuse among high risk youth.

## **OFFICE OF ADOLESCENT PREGNANCY PROGRAMS**

Hubert H. Humphrey Building  
200 Independence Avenue, SW  
Room 736-E  
Washington, DC 20201  
(202) 245-7473

Responds to inquiries and funds demonstration programs which deliver comprehensive services to pregnant and parenting adolescents. Publishes the "Office of Adolescent Pregnancy Programs Information Bulletin" which is available to consumers and professionals.

## **OFFICE OF CHILD SUPPORT ENFORCEMENT**

330 C Street, SW  
Second Floor  
Washington, DC 20202  
(202) 245-1633

Responds to inquiries from consumers and professionals and provides information and publications on child support enforcement.

## **OFFICE OF CONSUMER AFFAIRS**

1009 Premier Building  
Washington, DC 20201  
(202) 634-4140

Provides the President and Federal agencies with advice and information regarding the interests of consumers. Assists in developing new consumer programs as well as improving current federal consumer programs.

## **OFFICE OF DISEASE PREVENTION AND HEALTH PROMOTION HEALTH INFORMATION CENTER**

P.O. Box 1133  
Washington, DC 20013-1133  
(202) 429-9091  
(800) 336-4797 (Toll Free)

Assists consumers and professionals in locating health information through identification of resources and referral. Develops and distributes publications related to the prevention of disease, the maintenance of health, and the promotion of sound health practices.

## **OFFICE OF MATERNAL AND CHILD HEALTH**

5600 Fishers Lane  
Room 6-05  
Rockville, MD 20857  
(301) 443-1080

Provides technical assistance to State MCH programs and service providers. Funds a variety of demonstration, research, and training grants. Produces publications that are available from the National Maternal and Child Health Clearinghouse.

## **OFFICE OF POPULATION AFFAIRS**

Hubert H. Humphrey Building  
200 Independence Avenue, SW  
Room 736-E  
Washington, DC 20201  
(202) 245-6335

Responds to inquiries from consumers and professionals regarding the Family Planning Program and the Adolescent Family Life Program. Publications are available from Family Life Information Exchange.

## **OFFICE OF TECHNOLOGY ASSESSMENT**

Congress of the United States  
Washington, DC 20510  
(202) 224-8996

Responds to inquiries from consumers and professionals; assesses complex scientific and technological issues for the benefit of congressional committees. Publications are available on topics such as: effectiveness of medical technology, federal immunization policy, food contaminants, physician supply, medical information systems, the effects of proposed changes in health insurance programs on medical technology, priorities for tropical disease research, aging, gene therapy, occupational health, medical devices, pharmaceuticals, disability, and environmental health.

## **OFFICE ON SMOKING AND HEALTH**

Technical Information Center  
5600 Fishers Lane  
Room 116  
Rockville, MD 20857

Responds to inquiries from consumers and professionals, offers bibliographic and reference service to researchers and others, and publishes and distributes a number of materials on smoking and health.

## **PRESIDENT'S COMMITTEE ON EMPLOYMENT OF THE HANDICAPPED**

1111 29th Street, NW  
Room 636  
Washington, DC 20036  
(202) 653-5044  
TTY (202) 653-5050

Responds to inquiries, provides information and a quarterly publication, and serves an advocacy and public awareness role in fostering job opportunities for the disabled.

## **PRESIDENT'S COMMITTEE ON MENTAL RETARDATION**

North Building  
330 Independence Avenue, SW  
Room 4723  
Washington, DC 20201  
(202) 245-7634

Responds to inquiries and serves as an advocate for mentally retarded persons.

## **PRESIDENTS COUNCIL ON PHYSICAL FITNESS AND SPORTS**

450 Fifth Street, NW  
Suite 7103  
Washington, DC 20001  
(202) 272-3430

Provides information and distributes publications on youth physical fitness and sports.

## **PROJECT SHARE**

1530 East Jefferson Street  
P.O. Box 2309  
Rockville, MD 20852  
(301) 231-9539

Responds to inquiries from consumers and professionals and provides reference and referral services designed to improve the management of human services by emphasizing the integration of those services at the delivery level. Publications and database searches are available for a fee.

## **PUBLIC HEALTH SERVICE**

Office of Public Affairs  
Hubert H. Humphrey Building  
200 Independence Avenue, SW  
Room 725H  
Washington, DC 20201  
(202) 245-6867

Responds to inquiries from consumers and professionals and provides information on Public Health Service programs.

## **REHABILITATION SERVICES ADMINISTRATION**

605 G Street, NW  
9th Floor  
Washington, DC 20001  
(202) 245-7634

Responds to inquiries and referrals from consumers and professionals. Administers Federally-sponsored and supported vocational rehabilitation programs for physically and mentally disabled persons.



## **PART II (A)**

### **PUBLICATIONS AND AUDIOVISUAL MATERIALS**

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#### **INTRODUCTION**

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Section A of Part II is a bibliography listing books, booklets, pamphlets, article reprints, brochures, posters, films, videotapes, and other media on subjects related to maternal and child health. These listings are grouped according to the broad subject categories in the NCEMCH *Thesaurus*. Most of the categories are also divided into more specific subcategories, as shown in the table of contents. Further subject access by key words is provided through the subject index at the end of *Starting Early*. (An index of titles contained in Part II is also included.)

Each entry follows this format:

**TITLE** (foreign languages indicated in parentheses)  
**LENGTH; DATE; A-V FORMAT** (if applicable)  
**PUBLICATION NUMBER** (if available)  
**PRICE** (many are free)  
**PRODUCER** (who developed the contents of the material)  
**SOURCE** (where the material can be ordered)  
**ABSTRACT** (a brief description of the material)

An asterisk to the left of a title indicates that the publication is designed for the use of consumers or nonprofessionals. (Example: \***PRENATAL CARE**). This will assist parents, health care providers, and health educators in identifying appropriate patient education materials. Publications not marked with an asterisk are primarily designed for the use of practitioners, administrators, educators, or researchers.

Most agencies provide free single copies of publications; bulk copies are often also available, either free or at cost. Still other publications, as well as all audiovisual materials, are sold individually. Please contact the sources listed in Part II, Section B (Ordering Information) for information on obtaining materials listed in *Starting Early*.

There is no guarantee that all items listed here will continue to be available; funding for individual programs may change, or publications may be withdrawn as they become outdated. Conversely, new publications are continually being introduced by the agencies listed in Part I. By requesting publication catalogs from those agencies that interest you, you will be able to keep up with the availability of their resources.

A further source for Federal publications is the Government Printing Office (GPO), which fills orders from its Washington, D.C. headquarters and operates 26 bookstores around the country. To inquire about catalogs of government publications, or to locate the GPO bookstore nearest you, contact:

U.S. Government Printing Office  
710 North Capitol Street  
Washington, DC 20402  
(202) 275-2091 (central bookstore)  
(202) 783-3238 (order desk)

Requests received by NCEMCH reflect a general increase in the demand for MCH-related audiovisual materials, and for publications in foreign languages. This edition of *Starting Early* contains some foreign language and audiovisual items; however, these entries do not represent an exhaustive listing of such materials. An additional source of information about audiovisuals produced by the U.S. Government is:

National Audiovisual Center  
8700 Edgeworth Drive  
Capitol Heights, MD 20743  
(301) 763-1896

For further information about foreign language health education materials, contact:

ODPHP Health Information Center (OHIC)  
P.O. Box 1133  
Washington, DC 20013-1133  
(800) 336-4797 (toll-free)

## **PART II - A**

### **PREGNANCY AND CHILD BIRTH**

#### **BIRTH STATISTICS**

##### **BIRTH AND FERTILITY**

31 pp., 1984  
Publication No. (PHS) 84-1920, Series 21, No. 42  
Price: Single copy free  
Producer: National Center for Health Statistics  
Source: Same

Presents 1980 birth and fertility rates for the United States, its geographic divisions, and each State.

##### **CHARACTERISTICS OF BIRTHS, UNITED STATES, 1973-1975**

49 pp., 1975  
Publication No. Series 21:30  
Price: Single copy free  
Producer: National Center for Health Statistics  
Source: Same

Describes and analyzes statistics on births in the United States during the period of 1973-75.

##### **TRENDS IN FIRST BIRTHS TO OLDER MOTHERS, 1970-79**

15 pp., 1982  
Publication No. (PHS) 82-1120  
Price: Single copy free  
Producer: National Center for Health Statistics  
Source: Same

Reports on statistics of delayed childbearing. Lists birth rates by educational attainment of mother, use of prenatal care, and incidence of low birthweight.

##### **WANTED AND UNWANTED CHILDBEARING IN THE UNITED STATES: 1973-1982**

12 pp., 1982  
Publication No. Advanced Data 108  
Price: Single copy free  
Producer: National Center for Health Statistics  
Source: Same

Provides an analysis of wanted and unwanted live births to married women. Discusses trends and variations in relation to race, live-birth order, age of mother, expectation of future births, age at marriage, duration of marriage, education, income, and other variables.

#### **CHRONIC ILLNESS AND PREGNANCY**

##### **LUPUS AND PREGNANCY: BRIEF BIBLIOGRAPHY**

2-3 pp., 1983  
Price: Single copy free  
Producer: National Arthritis and Musculoskeletal and Skin Diseases Information Clearinghouse  
Source: Same

Contains a bibliography of professional and public education materials on lupus and pregnancy.

##### **PREGNANCY AND DIABETES**

51 pp., 1985  
Price: \$1  
Producer: National Diabetes Information Clearinghouse  
Source: Same

Contains an annotated list of both public/patient and professional resources on pregnancy and diabetes. Lists both print and nonprint materials.

\* publications for consumers  
See page 115 for ordering information

## **THE PREVENTION AND TREATMENT OF FIVE COMPLICATIONS OF DIABETES - A GUIDE FOR PRIMARY CARE PRACTITIONERS**

67 pp., 1983  
Publication No. (CDC) 83-8392  
Price: Single copy free  
Source: National Diabetes Information Clearinghouse

Represents a synthesis of recommendations developed by the National Diabetes Advisory Board to reduce mortality and morbidity from diabetes. The five diabetes complications described include adverse pregnancy outcome and ketoacidosis as well as visual, foot and kidney problems.

## **PUBLIC HEALTH GUIDELINES FOR ENHANCING DIABETES CONTROL THROUGH MATERNAL AND CHILD HEALTH PROGRAMS**

8 pp., 1986  
Publication No. T70  
Price: Single copy free  
Producer: Centers for Disease Control  
Source: National Maternal and Child Health Clearinghouse

Provides guidelines for an appropriate public health approach to diabetes in pregnancy.

## **LABOR AND DELIVERY**

### **\*ASSESSING CHILDBIRTH DRUGS**

1 page, 1980 (Reprint)  
Publication No. (FDA) 80-3101  
Price: Single copy free  
Producer: Food and Drug Administration  
Source: Same

Discusses the risks and benefits of drugs given to relieve pain during labor and delivery. Reprinted from December 1979 - January 1980 *FDA Consumer*.

### **\*FACTS ABOUT CESAREAN CHILDBIRTH**

13 pp., 1984  
Publication No. 431P  
Price: \$.50  
Producer: National Institute of Child Health and Human Development  
Source: Consumer Information Center

Describes the cesarean childbirth procedure. Discusses benefits and risks, and the increase in its use.

## **PERINATAL CARE**

### **PERINATAL CARE: HOW TO ESTABLISH PERINATAL SERVICES IN COMMUNITY HEALTH CENTERS**

120 pp., 1985  
Publication No. PC49  
Price: Single copy free  
Producer: Bureau of Health Care Delivery and Assistance  
Source: National Clearinghouse for Primary Care Information

Addresses programmatic and administrative issues related to perinatal care in community health centers and establishes minimum expectations for what services should be provided. Discusses options for structuring and supporting a comprehensive perinatal service.

## **PREGNANCY AND PERINATOLOGY**

40 pp., 1984  
Price: Single copy free  
Producer: National Institute of Child Health and Human Development  
Source: Same

Describes the research programs of the National Institute of Child Health and Human Development in the areas of pregnancy and perinatology, premature labor and birth, disorders of the newborn, and sudden infant death syndrome.

## **PRENATAL CARE**

### **\*BEFORE THE BABY**

Multimedia kit, 74 color slides and audiocassette, videocassette (12 min.), script, 1984  
Title No. A11781/PG  
Price: \$65  
Producer: Food and Drug Administration  
Source: National Audiovisual Center

Gives pregnant women guidelines on weight gain, drug use, smoking, diagnostic X-rays, alcohol use, and other aspects of prenatal care. Suited for use in obstetrical and gynecological offices and clinics, family planning and public health clinics, health maintenance organizations, and physicians' offices.

### **DIAGNOSTIC ULTRASOUND IMAGING IN PREGNANCY**

216 pp., 1984  
Publication No. (NIH) 84-667  
Price: Single copy free  
Producer: National Institute of Child Health and Human Development  
Source: Same

A detailed report of the NIH Consensus Development Conference on ultrasound. Discusses the appropriate use of ultrasound and theoretical risks; makes recommendations for further research.

### **\*A DOZEN DANGERS TO YOUR BABY'S BRAIN AND HOW TO REDUCE THOSE DANGERS**

9 pp., n.d.  
Price: Single copy free  
Producer: President's Committee on Mental Retardation  
Source: Same

Cites 12 causes of mental retardation and lists some of the strategies that can be used to reduce or prevent these risks. Highlights the fact that prevention of mental retardation begins before pregnancy, continues during pregnancy, and extends to care of the infant and child.

### **\*FACTS ABOUT DOWN SYNDROME FOR WOMEN OVER 35**

18 pp., 1982  
Price: Single copy free  
Producer: National Institute of Child Health and Human Development  
Source: Same

Describes Down syndrome, genetic counseling, and the outlook for a child with Down syndrome.

### **\*LO QUE USTED COME ES VITAL PARA USTED-Y PARA SU BEBE (Spanish)**

Card, n.d.  
Publication No. HM16  
Price: Single copy free  
Producer: U.S. Department of Health and Human Services  
Source: National Maternal and Child Health Clearinghouse

"What You Eat is Vital to Yourself and Your Baby. If You Are Pregnant, Eat a Good Variety of Foods." Index card with photo on one side and text on the other about the importance of nutrition during pregnancy.

\* publications for consumers  
See page 115 for ordering information

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**\*LO QUE USTED COME ES VITAL PARA USTED-Y PARA SU BEBE (Spanish)**

Poster 17" x 22", n.d.  
Publication No. HM06  
Price: Single copy free  
Producer: U.S. Department of Health and Human  
Services  
Source: National Maternal and Child Health  
Clearinghouse

"What You Eat is Vital to Yourself and Your Baby.  
If You Are Pregnant, Eat a Good Variety of  
Foods." Poster.

**\*MIGRANT PORTABLE OB/PRENATAL RECORD (Spanish/English)**

Health Record Form  
Publication No. PC 45  
Price: Single copy free  
Producer: Plan de Salud del Valle  
Source: National Clearinghouse for Primary Care  
Information

Offers space for recording brief medical history  
of problems, risk factors, lab tests, health  
education topics, and appointments; comes in a  
plastic cover with sealed opening.

**\*PREGNANCY BASICS**

16 pp., 1979 (Reprint)  
Price: Single copy free  
Producer: National Institute of Child Health and  
Human Development  
Source: Same

Briefly summarizes health considerations during  
pregnancy, including nutrition, weight gain,  
exercise, and life style. Reprinted by permission  
of Vogue Magazine.

**\*PRENATAL CARE (Spanish/English)**

98 pp. (English); 105 pp. (Spanish), 1982  
Publication No. H50 (English); H60 (Spanish)  
Price: Single copy free  
Producer: Health Resources and Services  
Administration  
Source: Division of Maternal and Child Health

Describes the physical and emotional changes  
that occur during pregnancy, emphasizes the  
father's role in providing support, and identifies  
some of the decisions that can increase the  
chances of having a healthy infant. Discusses  
topics such as development of the baby,  
pregnancy life style, nutrition, problems of  
pregnancy, hospital stay and recovery.

**PREVENTION OF HEMOLYTIC DISEASE OF THE FETUS AND NEWBORN DUE TO RH ISOIMMUNIZATION**

22 pp., 1977 (revised)  
Publication No. B67  
Price: Single copy free  
Producer: Bureau of Community Health Services  
Source: National Maternal and Child Health  
Clearinghouse

Discussion of the Rh factor, mortality associated  
with it, prevention of hemolytic disease, and use  
of immunoglobulin.

**\*TWO TO GET READY**

Film/Videocassette, 25 mins., color, 1978  
Film Title No. A00854/PY  
Videocassette Title No. A00883/PY (3/4"); A02118/PY  
(Beta); A02403/PY (VHS)  
Price: Film \$265 (Rental \$40); Videocassette \$10  
Producer: Department of Health, Education, and  
Welfare, Office of Education  
Source: National Audiovisual Center

Portrays how both parents prepare for  
parenthood and focuses on psychological  
preparation. Designed to help prospective  
parents think about the reasons for having a baby  
and the decision about when to have one. This  
film is one episode from Footsteps, a series on  
parenting. For information on the entire series,  
contact the National Audiovisual Center.

## **\*THE UNKNOWNNS OF ULTRASOUND**

3 pp., 1983 (Reprint)  
Publication No. 552P  
Price: Single copy free  
Producer: Food and Drug Administration  
Source: Consumer Information Center

Discusses how ultrasound is used to monitor fetal growth and development; latest research on its safety; other medical uses. Reprinted from March 1983 *FDA Consumer*.

## **TERATOLOGY - GENERAL**

### **CONGENITAL DEFECTS**

62 pp., 1981 (Reprint)  
Publication No. (NIH) 82-2304  
Price: Single copy free  
Producer: National Institute of Child Health and Human Development  
Source: Same

Covers research progress with gametes, embryos, and fetuses, with an extensive discussion of teratology. Outlines research gaps and opportunities, priorities, and recommendations for future research. Reprinted from a chapter in *Child Health and Human Development - An Evaluation and Assessment of the State of the Science*.

### **REPRODUCTIVE HEALTH HAZARDS IN THE WORKPLACE**

436 pp., 1985  
Publication No. 052-003-01001-1  
Price: \$15  
Producer: Office of Technology Assessment  
Source: Government Printing Office

Evaluates the current scientific knowledge base with respect to reproductive hazards in order to outline policy options for the management of hazards in the workplace.

## **TERATOLOGY - ALCOHOL**

### **\*ALCOHOL TOPICS FACT SHEET: FETAL ALCOHOL SYNDROME**

2 pp., 1985  
Publication No. MS303  
Price: Single copy free  
Producer: National Institute on Alcohol Abuse and Alcoholism  
Source: National Clearinghouse for Alcohol and Drug Information

Describes the characteristics of babies born with fetal alcohol syndrome (FAS); summarizes incidence, prevalence and costs; and presents Surgeon General's recommendations.

### **DRINKING DURING PREGNANCY: EFFECTS ON HUMAN DEVELOPMENT**

24 pp., 1982 (Reprint)  
Publication No. RPO535  
Price: Single copy free  
Producer: National Institute on Alcohol Abuse and Alcoholism  
Source: National Clearinghouse for Alcohol and Drug Information

Focuses on recent scientific and medical findings that provide conclusive evidence that abusive drinking during pregnancy is potentially detrimental to fetal development. Reprinted from *Alcohol and Health Monograph No. 2, Biomedical Processes and Consequences of Alcohol Use*.



## THE EFFECTS OF ALCOHOL ON PREGNANCY OUTCOME

8 pp., 1983 (Reprint)  
Publication No. RPO508  
Price: Single copy free  
Producer: National Institute on Alcohol Abuse and Alcoholism  
Source: National Clearinghouse for Alcohol and Drug Information

Gives the most recent information on risks associated with drinking alcohol during pregnancy. Includes overview of fetal alcohol syndrome and the effects of prevention, treatment, and public education efforts. Reprinted from the *Fifth Special Report to the U.S. Congress on Alcohol and Health*.

## \*EL BEBER PODRIA DESTRUIR SU MAYOR ILUSION (Spanish)

Card, n.d.  
Publication No. HM14  
Price: Single copy free  
Producer: U.S. Department of Health and Human Services  
Source: National Maternal and Child Health Clearinghouse

"A Baby Can Destroy Your Biggest Dream. If You Are Pregnant, Please Ask Your Doctor About Alcohol." Index card with photo on one side and information on the other about alcohol and pregnancy.

## \*EL BEBER PODRIA DESTRUIR SU MAYOR ILUSION (Spanish)

Poster 17" x 22", n.d.  
Publication No. HM07  
Price: Single copy free  
Producer: U.S. Department of Health and Human Services  
Source: National Maternal and Child Health Clearinghouse

"A Baby Can Destroy Your Biggest Dream. If You Are Pregnant, Please Ask Your Doctor About Alcohol." Poster.

## EPIDEMIOLOGICAL BULLETIN 1: THE EFFECT OF MATERNAL ALCOHOL AND CIGARETTE USE ON INFANT BIRTHWEIGHT

2 pp., 1983 (Reprint)  
Publication No. RPO446  
Price: Single copy free  
Producer: National Institute on Alcohol Abuse and Alcoholism  
Source: National Clearinghouse for Alcohol and Drug Information

Describes research being conducted by the NIAAA-funded Alcoholic Epidemiologic Data System and the NIAAA Division of Biometry and Epidemiology in collaboration with the National Center for Health Statistics. Reprinted from the Fall 1983 *Alcohol Health and Research World*.

## \*THE FETAL ALCOHOL SYNDROME

5 pp., 1985  
Publication No. MS304  
Price: Single copy free  
Producer: National Institute on Alcohol Abuse and Alcoholism  
Source: National Clearinghouse for Alcohol and Drug Information

Describes publications, audiovisuals, and organizations that offer information on fetal alcohol syndrome. Part of the *Alcohol Resources: Update series*.

## \*AN INNER VOICE

Poster, 31" x 19", 1982  
Publication No. AV161  
Price: Single copy free  
Producer: National Institute on Alcohol Abuse and Alcoholism  
Source: National Clearinghouse for Alcohol and Drug Information

Drinking and pregnancy prevention message. Poster has a Native American theme, but can be used for all audiences.



### **\*MY BABY . . . STRONG AND HEALTHY**

16 pp., 1986  
Publication No. ADM-1436  
Price: Single copy free  
Producer: National Institute on Alcohol Abuse and Alcoholism  
Source: National Clearinghouse for Alcohol and Drug Information

Discusses the harmful effects of alcohol on the fetus, describes the fetal alcohol syndrome, and advises pregnant women not to drink.

### **MY BABY . . . STRONG AND HEALTHY: PREVENTING ALCOHOL-RELATED BIRTH DEFECTS**

77 pp., 1986 (Reprint)  
Publication No. (ADM) 85-151  
Price: Single copy free  
Producer: National Institute on Alcohol Abuse and Alcoholism  
Source: National Clearinghouse for Alcohol and Drug Information

Surveys some of the current knowledge of the effects of alcohol on pregnancy outcome and offers possible screening and prevention strategies. Reprint of Fall 1985 *Alcohol Health and Research World*.

### **A PILOT PROJECT ON FETAL ALCOHOL SYNDROME AMONG AMERICAN INDIANS**

7 pp., 1983 (Reprint)  
Publication No. RPO414  
Price: Single copy free  
Producer: National Institute on Alcohol Abuse and Alcoholism  
Source: National Clearinghouse for Alcohol and Drug Information

Describes a comprehensive program to study and deal with the problem of fetal alcohol syndrome among Indians in the Southwestern United States. Reprinted from Winter 1982/83 *Alcohol Health and Research World*.

### **PREVENTING FETAL ALCOHOL EFFECTS: A PRACTICAL GUIDE FOR OB/GYN PHYSICIANS AND NURSES**

20 pp., 1982  
Publication No. PH184H  
Price: Single copy free  
Producer: National Institute on Alcohol Abuse and Alcoholism  
Source: National Clearinghouse for Alcohol and Drug Information

Provides guidelines to assist health care professionals in identifying patients who are subject to the health hazards associated with alcohol consumption during pregnancy. Gives practical advice on how to obtain a history of patients' drinking patterns and what to do if a drinking problem is suspected.

### **PREVENTING FETAL ALCOHOL SYNDROME: A PRACTICAL APPROACH FOR THE MEDICAL EDUCATOR**

4 pp., 1983 (Reprint)  
Publication No. RP0447  
Price: Single copy free  
Producer: National Institute on Alcohol Abuse and Alcoholism  
Source: National Clearinghouse for Alcohol and Drug Information

Outlines a strategy for FAS prevention by increasing medical practitioner awareness, and educating current and future medical students. Reprinted from the Fall 1983 *Alcohol Health and Research World*.

## **PROGRAM STRATEGIES FOR PREVENTING FETAL ALCOHOL SYNDROME AND ALCOHOL-RELATED BIRTH DEFECTS**

77 pp., 1987  
Publication No. ADM 87-1482  
Price: Single copy free  
Producer: National Institute on Alcohol Abuse and Alcoholism  
Source: National Clearinghouse for Alcohol and Drug Information

Handbook designed to provide program planners with a foundation for developing a comprehensive program on this topic.

## **\*A SELECTIVE, ANNOTATED RESOURCE GUIDE ON FETAL ALCOHOL EFFECTS**

16 pp., 1982  
Publication No. PH 190  
Price: Single copy free  
Producer: National Institute on Alcohol Abuse and Alcoholism  
Source: National Clearinghouse for Alcohol and Drug Information

Presents sources of information on fetal alcohol effects in five categories: print resources, pamphlets, films, posters, and fetal alcohol syndrome contacts.

## **\*SURGEON GENERAL'S ADVISORY ON ALCOHOL AND PREGNANCY**

1 page, 1981  
Publication No. MS318  
Price: Single copy free  
Producer: Food and Drug Administration  
Source: National Clearinghouse for Alcohol and Drug Information

Reports the findings by the Surgeon General's Advisory on the effects of alcohol consumption on the developing fetus.

## **TERATOLOGY - DRUGS**

### **CURRENT RESEARCH ON THE CONSEQUENCES OF MATERNAL DRUG ABUSE**

113 pp., 1985  
Publication No. (ADM) 85-1400  
Price: \$2.50  
Producer: National Institute on Drug Abuse  
Source: Government Printing Office

Based on papers presented at an NIDA Technical Review conference on prenatal drug exposure and consequences of maternal drug use, which took place in 1984.

### **\*DRUGS AND PREGNANCY**

4 pp., 1980 (Reprint)  
Publication No. (FDA) 80-3083  
Price: Single copy free  
Producer: Food and Drug Administration  
Source: Same

Describes concerns about taking drugs, both prescription and over-the-counter, during pregnancy because of possible harm to the unborn child. Reprinted from October 1978 *FDA Consumer*.

### **INFORMATION FOR PHYSICIANS - PRENATAL DIETHYLSTILBESTROL (DES) EXPOSURE**

31 pp., 1981  
Price: Single copy free  
Producer: National Cancer Institute  
Source: Same

Recommendations of the Diethylstilbestrol-Adenosis (DESAD) Project for the Identification and Management of Exposed Individuals. Booklet provides current information on the health status of DES-exposed persons, methods available for their identification, and plans for continuing examination and management.

### **\*MEDICINES USED DURING PREGNANCY**

Videocassette, 5 min., color, 1983  
Title No. A09210/PW (3/4"); A09211/PW (Beta);  
A09212/PW (VHS)

Price: \$80

Producer: Food and Drug Administration

Source: National Audiovisual Center

Discusses medicines which may be harmful to a developing fetus if taken during pregnancy.

### **\*OPIATES**

5 pp., 1986

Publication No. (ADM) 86-1308

Price: Single copy free

Producer: National Institute on Drug Abuse

Source: National Clearinghouse for Alcohol and Drug Information

Describes the opiate drugs, their effects and physical dangers, opiate dependence and withdrawal, dangers to pregnant women, and treatment options.

### **\*QUESTIONS AND ANSWERS ABOUT DES EXPOSURE DURING PREGNANCY AND BEFORE BIRTH**

17 pp., 1980

Price: Single copy free

Producer: National Cancer Institute

Source: Same

Discusses possible health hazards to mothers and exposed offspring associated with the use of DES during pregnancy. Question-and-answer format. A list of DES-type drugs is included.

### **\*SEDATIVE-HYPNOTICS**

4 pp., 1986

Publication No. (ADM) 86-1309

Price: Single copy free

Producer: National Institute on Drug Abuse

Source: National Clearinghouse for Alcohol and Drug Information

Discusses sedative-hypnotic drugs, how they react with combined alcohol use, their effect on a developing fetus, and look-alike drugs.

### **\*WERE YOU OR YOUR DAUGHTER OR SON BORN AFTER 1940?**

17 pp., 1980

Price: Single copy free

Producer: National Cancer Institute

Source: Same

Discusses the link between DES-type drugs taken during pregnancy and abnormalities found in offspring, including cancer of the female reproductive organs.

## **TERATOLOGY - INFECTIONS**

### **\*RUBELLA**

14 pp., 1981

Publication No. B73

Price: Single copy free

Producer: Health Services Administration

Source: National Maternal and Child Health Clearinghouse

Describes the symptoms of rubella and its effects on pregnant women and young children; includes treatment and prevention.

\* publications for consumers

See page 115 for ordering information

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## **\*TOXOPLASMOSIS**

5 pp., 1983  
Publication No. 83-308  
Price: Single copy free  
Producer: National Institute of Allergy and Infectious  
Disease  
Source: Same

Explains toxoplasmosis: its symptoms, treatment, prevention, and research.

## **TERATOLOGY - RADIATION**

### **\*X-RAYS, PREGNANCY, AND YOU**

2 pp., 1980  
Publication No. (FDA) 79-8087  
Price: Single copy free  
Producer: Food and Drug Administration  
Source: Same

Brochure describes possible effects of x-rays on unborn children and how to minimize risks.

### **\*X-RAYS: SO YOU WANT TO BE IN PICTURES?**

Multimedia Kit, 1980  
Title No. A009922/AB (Filmstrip package); 010570AB  
(Slide set package)  
Price: \$23.00 (Filmstrip package); \$31.75 (Slide set  
package)  
Producer: Food and Drug Administration  
Source: National Audiovisual Center

This audiovisual package for consumers, in addition to a 35 mm color filmstrip or 79 2" x 2" color slides, contains a 14 minute audicassette, booklet, and set of bookmarks. Illustrates health concerns related to X-rays, including risks for pregnant women.

## **TERATOLOGY - SMOKING**

### **\*FACTS ABOUT PREGNANCY AND SMOKING**

8 pp., 1983 (reprint)  
Price: Single copy free  
Producer: National Institute of Child Health and  
Human Development  
Source: Same

Summarizes recent research findings about the effects of smoking on the fetus. Reprinted from May 1983 *Lamaze Parents' Magazine*.

### **\*NOW YOU'RE SMOKING FOR TWO: A GUIDE TO SMOKING AND PREGNANCY (Spanish/English)**

2 pp., 1985  
Publication No. (PHS) 85-50198  
Price: Single copy free  
Producer: Public Health Service  
Source: Office on Smoking and Health

Explains why smoking during pregnancy affects the unborn infant, and encourages pregnant women to quit. Contains questions commonly asked about smoking during and after pregnancy; includes risks for the infant, when to stop, and quitting techniques.

### **\*PREGNANT? THAT'S TWO GOOD REASONS TO QUIT SMOKING**

2 pp., 1983  
Publication No. C01  
Price: Single copy free  
Producer: Public Health Service  
Source: National Maternal and Child Health  
Clearinghouse

Stresses the reasons to stop smoking when a woman is pregnant and when nursing.

\* publications for consumers

See page 115 for ordering information

**\*PREGNANT? THAT'S TWO GOOD REASONS TO QUIT SMOKING (Spanish/English)**

Poster: 11" x 17", n.d.  
Price: Single copy free  
Producer: Public Health Service  
Source: Office on Smoking and Health

Message on the dangers of smoking when pregnant or nursing.

**\*SOLAMENTE USTED PUEDE DARLE EL MEJOR REGALO A SU BEBE (Spanish)**

Card, n.d.  
Publication No. HM15  
Price: Single copy free  
Producer: U.S. Department of Health and Human Services  
Source: National Maternal and Child Health Clearinghouse

"There's One Gift Only You Can Give Your Baby. Stop Smoking When You're Pregnant." Index card with photo on one side and text on the other about pregnancy and smoking.

**\*SOLAMENTE USTED PUEDE DARLE EL MEJOR REGALO A SU BEBE (Spanish)**

Poster 17" x 22", n.d.  
Publication No. HM05  
Price: Single copy free  
Producer: U.S. Department of Health and Human Services  
Source: National Maternal and Child Health Clearinghouse

"There's One Gift Only You Can Give Your Baby. Stop Smoking When You're Pregnant." Poster.

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## CHILD HEALTH

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### GENERAL

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#### CHILD HEALTH IN AMERICA

72 pp., 1976  
Publication No. B32  
Price: Single copy free  
Producer: Bureau of Community Health Services  
Source: National Maternal and Child Health  
Clearinghouse

Provides a historical review of child health services in the United States over the past 200 years. This publication is a synopsis of the five-volume documentary, *Children and Youth in America*.

#### CHILDREN IN POVERTY

696 pp., 1985  
Publication No. 052-070-06027-1  
Price: \$15  
Producers: Congressional Research Service and the  
Congressional Budget Office  
Source: Government Printing Office

This comprehensive study by the U.S. House of Representatives Committee on Ways and Means presents a historical analysis of children in poverty. It explores the Federal policy directed toward those children, analyzes costs and effects of expanding Aid to Families With Dependent Children (AFDC), and studies various policy options to reduce poverty among children.

#### HEALTH OF SCHOOL-AGE CHILDREN: EXPECTATIONS FOR THE FUTURE, NATIONAL CONFERENCE 1982

67 pp., 1982  
Publication No. H26  
Price: Single copy free  
Producers: University of Colorado School of Nursing  
and the Division of Maternal and Child Health  
Source: National Maternal and Child Health  
Clearinghouse

Proceedings from the conference. Topics include future plans, organizational and legislative issues, assessing health needs, Title V MCH agencies, and participant recommendations.

#### PERSPECTIVES ON HEALTH OF SCHOOL-AGE CHILDREN: EXPECTATIONS FOR THE FUTURE

7 pp., 1984 (Reprint)  
Publication No. H27  
Price: Single copy free  
Producer: Journal of School Health  
Source: National Maternal and Child Health  
Clearinghouse

Discusses societal changes influencing the health of school-age children, scope of health services, system organization and interrelationships, and priorities for action. Reprinted from the January 1984 *Journal of School Health*.

#### TECHNOLOGY AND CHILD HEALTH

In press  
Contact OTA or GPO to determine availability  
Producer: Office of Technology Assessment  
Source: Government Printing Office

Brings together current evidence on the effectiveness and costs of health care technologies in promoting and maintaining children's health. The role of Federal policies, including Medicaid, Maternal and Child Health, and the WIC program, in providing access to preventive and therapeutic technologies are examined.

## ACCIDENT/INJURY PREVENTION

### **\*BUYER'S GUIDE: THE SAFE NURSERY**

23 pp., 1985  
Price: Single copy free  
Producer: Consumer Product Safety Commission  
Source: Same

A consumer guide to buying equipment commonly used in a nursery. Includes descriptions of the safety hazards in common items, as well as safety tips parents can use to make the environment safe for their baby.

### **DEVELOPING CHILDHOOD INJURY PREVENTION PROGRAMS**

179 pp., 1983  
Publication No. PC16  
Price: Single copy free  
Producer: Bureau of Health Care Delivery and Assistance  
Source: National Clearinghouse for Primary Care Informa<sup>ti</sup>on

Provides an action guide for developing targeted childhood injury prevention programs. Contains "how to" information, specific examples, and helpful hints.

### **\*FOR KIDS' SAKE**

5 pp., 1984  
Price: Single copy free  
Producer: Consumer Product Safety Commission  
Source: Same

Things parents should be aware of when purchasing toys for their children.

### **\*PROTECT YOUR CHILD**

4 pp., n.d.  
Price: Single copy free  
Producer: Consumer Product Safety Commission  
Source: Same

Advises parents on how to protect their children from day-to-day dangers around the home.

### **\*YOUNG CHILDREN AND ACCIDENTS IN THE HOME**

28 pp., 1974  
Publication No. 017-091-00191-0  
Price: \$4.25  
Producer: Administration for Children, Youth, and Families  
Source: Same

Describes the major causes of accidents to children in the home—the leading cause of death and injury to young children. Includes a checklist by age group, of accident-causing situations and how to avoid them. A tear-out sheet with first-aid information is provided.

## AUTOMOBILE SAFETY

### **\*THE AUTOMOBILE SAFETY BELT FACT BOOK**

23 pp., 1982  
Publication No. (DOT) HS 802-157  
Price: Single copy free  
Producer: National Highway Traffic Safety Administration  
Source: Same

Part of the Safety Belt Instructional Series. Contains facts about the protection provided by fastened safety belts during motor vehicle accidents.

\* publications for consumers  
See page 115 for ordering information

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### **\*BABY SITTEK**

Poster, 11" x 17", 4-color, n.d.  
Price: Single copy free  
Producer: National Highway Traffic Safety  
Administration  
Source: Same

Pictures a child in a car carrier safety seat with a short paragraph about the importance of its use.

### **\*CHILD SAFETY IN YOUR AUTOMOBILE**

8 pp., n.d.  
Price: Single copy free  
Producer: National Highway Traffic Safety  
Administration  
Source: Same

Discusses why child safety seats are needed, kinds available, how to use and select them, and where they can be purchased.

### **EARLY RIDER EDUCATIONAL CURRICULUM**

28 pp., 1979  
Publication No. (DOT) HS-805-060  
Price: Single copy free  
Producer: National Highway Traffic Safety  
Administration  
Source: Same

Discusses the health professional's role in encouraging the use of child car safety seats and provides some practical guides for such a program.

### **\*GET IT TOGETHER**

Poster, 16" x 20", 3-color, n.d.  
Price: Single copy free  
Producer: Department of Transportation  
Source: National Highway Traffic Safety  
Administration

A graphic, colorful drawing of a seatbelt and shoulder harness.

### **A GUIDE TO AUDIOVISUAL AND PRINT MATERIALS ON SAFETY BELTS AND CHILD CAR SAFETY SEATS**

40 pp., 1983  
Publication No. (DOT) HS-806418  
Price: Single copy free  
Producer: National Highway Traffic Safety  
Administration  
Source: Same

Lists available audiovisual and print materials on equipment for child safety in automobiles.

### **\*HOW MANY OF THESE FAIRY TALES HAVE YOU TOLD?**

8 pp., 1984 (Revised)  
Publication No. (DOT) HS-802-152  
Price: Single copy free  
Producer: National Highway Traffic Safety  
Administration  
Source: Same

Discusses the excuses most often given for not using safety belts.

### **INFANTS AND TODDLERS IN PASSENGER CAR CRASHES**

66 pp., 1983  
Price: Single copy free  
Producer: National Highway Traffic Safety  
Administration  
Source: Same

Includes key findings on the use of child seats in cars. Outlines effectiveness, trends in child restraint use, and comparison of injuries by age.



## OCCUPANT PROTECTION PUBLIC INFORMATION MATERIALS CATALOG NUMBER 8

157 pp., 1986  
Publication No. (DOT) HS-806-997  
Price: Single copy free  
Producer: National Highway Traffic Safety  
Administration  
Source: Same

Designed for use by persons developing public information on adult and child restraint systems. Lists materials produced for campaigns along with journal articles and reports describing and evaluating such programs. Materials and reports listed in the catalog may be borrowed free of charge.

### \*SAFER THAN A MOTHER'S ARMS

Poster, 17" x 25", 1981  
Publication No. (DOT) HS 806-046 (b)  
Price: Single copy free  
Producer: National Highway Traffic Safety  
Administration  
Source: Same

Shows the correct method of carrying an infant in a motor vehicle in a child carrier.

### \*SAFETY BELT ACTIVITY WORKBOOK

60 pp., 1977  
Publication No. (DOT) HS-802-153  
Price: Single copy free  
Producer: National Highway Traffic Safety  
Administration  
Source: Same

A guide to teachers of grades K-6 for instructing students on the value of safety belts.

### \*SAFETY BELT FACT SHEET

2 pp., 1981  
Price: Single copy free  
Producer: National Highway Traffic Safety  
Administration  
Source: Same

Presents information on motor vehicle accidents and how safety belts make a difference. Illustrates how a safety belt works. Describes and illustrates differing types of safety seats, including infant carriers, convertible models, toddler seats, booster seats, and adult safety belts.

### \*TIPS FOR YOUR BABY'S SAFETY

6 pp., 1985  
Price: Single copy free  
Producer: Consumer Product Safety Commission  
Source: Same

A checklist of commonly used items for parents to use when caring for an infant or young child. Allows the user to identify situations that create a safety risk.

## CHILD ABUSE/NEGLECT - LEGAL ASPECTS

### CHILD MOLESTERS: A BEHAVIORAL ANALYSIS FOR LAW-ENFORCEMENT OFFICERS INVESTIGATING CASES OF CHILD SEXUAL EXPLOITATION

42 pp., 1986  
Price: Single copy free  
Producer: National Center for Missing and Exploited  
Children  
Source: Same

A handbook for law enforcement officers investigating cases of child exploitation and abuse.

\* publications for consumers  
See page 115 for ordering information

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## **CHILD PROTECTION PRIORITIES IN STATE LEGISLATION**

6 pp., 1986  
Price: Single copy free  
Producer: National Center for Missing and Exploited  
Children  
Source: Same

A brochure on State laws needed to prevent victimization; includes a guide to the legislative process.

## **CHILD PROTECTION: THE ROLE OF THE COURTS**

73 pp., 1980  
Publication No. 30256  
Price: Single copy free  
Producer: National Center on Child Abuse and  
Neglect  
Source: Clearinghouse on Child Abuse and Neglect  
Information

One in a series of manuals based on the *Draft Federal Standards for Child Abuse and Neglect Prevention and Treatment Programs and Projects*. Designed to provide users of the juvenile court with an understanding of court processes and procedures in hearing and deciding cases of child abuse and neglect.

## **DEFINITION OF ABUSE AND NEGLECT: COURT CODE**

23 pp., 1985  
Price: \$2  
Producer: Clearinghouse on Child Abuse and Neglect  
Information  
Source: Same

Excerpts from State court code statutes, as of December 31, 1985, in which child abuse and neglect are defined.

## **DEFINITION OF ABUSE AND NEGLECT: CRIMINAL CODE**

11 pp., 1985  
Price: \$1.50  
Producer: Clearinghouse on Child Abuse and Neglect  
Information  
Source: Same

Excerpts from State criminal code statutes, as of December 31, 1985, in which child abuse and neglect are defined.

## **DEFINITION OF ABUSE AND NEGLECT: REPORTING LAW**

22 pp., 1985  
Price: \$2.50  
Producer: Clearinghouse on Child Abuse and Neglect  
Information  
Source: Same

Excerpts from State reporting law statutes, as of December 31, 1985, in which child abuse and neglect are defined.

## **DEFINITION OF ABUSE AND NEGLECT: WELFARE CODE**

10 pp., 1985  
Price: \$1  
Producer: Clearinghouse on Child Abuse and Neglect  
Information  
Source: Same

Excerpts from State welfare code statutes, as of December 31, 1985, in which child abuse and neglect are defined.

## **INVESTIGATOR'S GUIDE TO MISSING CHILD CASES: FOR LAW-ENFORCEMENT OFFICERS LOCATING MISSING CHILDREN**

40 pp., 1985  
Price: Single copy free  
Producer: National Center for Missing and Exploited  
Children  
Source: Same

A handbook for law enforcement officers involved in locating missing children.

## **ROLE OF LAW ENFORCEMENT IN THE PREVENTION AND TREATMENT OF CHILD ABUSE AND NEGLECT**

69 pp., 1984

Publication No. 30193

Price: Single copy free

Producer: National Center on Child Abuse and Neglect

Source: Clearinghouse on Child Abuse and Neglect Information

Explains the responsibilities of law enforcement personnel in child abuse and neglect cases.

## **SELECTED STATE LEGISLATION: A GUIDE FOR EFFECTIVE STATE LAWS TO PROTECT CHILDREN**

54 pp., 1985

Price: Single copy free

Producer: National Center for Missing and Exploited Children

Source: Same

A guide to the most effective State child protection laws in the country.

## **STATE CHILD ABUSE AND NEGLECT LAWS - A COMPARATIVE ANALYSIS**

103 pp., 1984

Publication No. 20-01030

Price: \$25

Producer: National Center on Child Abuse and Neglect

Source: Clearinghouse on Child Abuse and Neglect Information

Covers such topics as definition, evidence, procedures, and reporting.

## **SUMMARY OF SELECTED STATE LEGISLATION: A GUIDE FOR EFFECTIVE STATE LAWS TO PROTECT CHILDREN**

4 pp., 1984

Price: Single copy free

Producer: National Center for Missing and Exploited Children

Source: Same

Provides capsule descriptions of effective laws that protect children. Written for nonlegislators.

## **CHILD ABUSE/NEGLECT - PARENT EDUCATION**

### **\*CHILD PROTECTION**

6 pp., n.d.

Price: Single copy free

Producer: National Center for Missing and Exploited Children

Source: Same

Tips for parents and children to safeguard against abduction and exploitation.

### **\*CHILD SEXUAL ABUSE PREVENTION: TIPS TO PARENTS (Spanish/English)**

4 pp., 1985

Publication No. 20-1036 (English); 20-1042 (Spanish)

Price: Single copy free

Producer: National Center on Child Abuse and Neglect

Source: Clearinghouse on Child Abuse and Neglect Information

Public awareness pamphlet on prevention of sexual abuse.

\* publications for consumers

See page 115 for ordering information

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## **\*FAMILIES IN STRESS**

24 pp., 1981  
Publication No. (OHDS) 81-30162  
Price: \$2  
Producer: National Center on Child Abuse and Neglect  
Source: Clearinghouse on Child Abuse and Neglect Information

Intended for parents facing pressures that might lead to abusive behavior. Discusses the stress that parents sometimes face and how and where they can obtain relief. Includes the national toll-free telephone number of Parents Anonymous.

## **\*"HE TOLD ME NOT TO TELL"**

28 pp., 1979  
Price: Single copy free  
Producer: National Institute of Mental Health  
Source: Same

Discusses ideas gathered from parents for talking to children about sexual assault. Encourages parents to incorporate information about sexual assault into their general teachings about personal safety.

## **\*JUST IN CASE . . . PARENTAL GUIDELINES IN CASE YOUR CHILD MIGHT SOMEDAY BE THE VICTIM OF SEXUAL ABUSE OR EXPLOITATION**

4 pp., 1984  
Price: Single copy free  
Producer: National Center for Missing and Exploited Children  
Source: Same

A guide to what parents should and should not do if they suspect their child is the victim of sexual exploitation.

## **\*PARENTAL KIDNAPPING: HOW TO PREVENT AN ABDUCTION AND WHAT TO DO IF YOUR CHILD IS ABDUCTED**

44 pp., 1985  
Price: Single copy free  
Producer: National Center for Missing and Exploited Children  
Source: Same

A handbook for parents, law enforcement officers, attorneys, prosecutors, and others who deal directly with cases of parental kidnapping.

## **CHILD ABUSE/NEGLECT - PROGRAMS AND SERVICES**

### **CHILD ABUSE/NEGLECT/SEXUAL ABUSE - A GUIDE FOR PREVENTION, DETECTION, TREATMENT AND FOLLOW-UP IN BHCDA PROGRAMS AND PROJECTS**

36 pp., 1985 (Reprint)  
Publication No. T67  
Price: Single copy free  
Producers: University of Pittsburgh and Division of Maternal and Child Health  
Source: National Maternal and Child Health Clearinghouse

Guidelines for professionals working with abused children. Includes bibliographic references and a list of resource centers for further information.

### **CHILD NEGLECT: MOBILIZING SERVICES**

60 pp., 1980  
Publication No. 30257  
Producer: National Center on Child Abuse and Neglect  
Source: Clearinghouse on Child Abuse and Neglect Information

One in a series of manuals based on the *Draft Federal Standards for Child Abuse and Neglect Prevention and Treatment*. Focuses on identifying cases of neglect and neglectful families, treatment for neglectful families, alternative placements and social policy. Includes evaluation tool ("Childhood Level of Living Scale") and brief bibliography.

### **\*CHILD PROSTITUTION: HOW CAN IT BE STOPPED?**

5 pp., 1984 (Reprint)  
Price: Single copy free  
Producer: The Reader's Digest Association  
Source: National Center for Missing and Exploited Children

Addresses the issue of child prostitution and what is being done in various parts of the country to manage the problem. Reprinted from June 1984 *Reader's Digest*.

### **CHILD PROTECTION IN MILITARY COMMUNITIES**

90 pp., 1980  
Publication No. 30260  
Price: Single copy free  
Producer: National Center on Child Abuse and Neglect  
Source: Clearinghouse on Child Abuse and Neglect Information

Designed for use by military personnel involved in child advocacy efforts. Addresses such topics as military stress and child abuse incidence, jurisdictional issues, military child advocacy programs, military/civilian cooperation, and treatment resources.

### **CHILD PROTECTION: PROVIDING ONGOING SERVICES**

92 pp., 1980  
Publication No. 30262  
Price: Single copy free  
Producer: National Center on Child Abuse and Neglect  
Source: Clearinghouse on Child Abuse and Neglect Information

One in a series of manuals based on the *Draft Federal Standard for Child Abuse and Neglect Prevention and Treatment Programs and Projects*. Reviews the ongoing service provision for child protection, determining needs, providing and monitoring services, foster care, use of the juvenile court, and termination of services and follow-up.

### **CHILD PROTECTIVE SERVICES: A GUIDE FOR WORKERS**

95 pp., 1979  
Publication No. 30203  
Price: Single copy free  
Producer: National Center on Child Abuse and Neglect  
Source: Clearinghouse on Child Abuse and Neglect Information

Provides an introduction to issues, processes, and problems associated with child protective service (CPS) delivery systems.

### **EARLY CHILDHOOD PROGRAMS AND THE PREVENTION AND TREATMENT OF CHILD ABUSE AND NEGLECT**

84 pp., 1979  
Publication No. 30198  
Price: Single copy free  
Producer: National Center on Child Abuse and Neglect  
Source: Clearinghouse on Child Abuse and Neglect Information

Developed for workers in Head Start, family day care, preschool, and day care programs, this manual describes the many roles of early childhood programs in child abuse and neglect identification, treatment, and prevention.

### **EDUCATOR'S ROLE IN THE PREVENTION AND TREATMENT OF CHILD ABUSE AND NEGLECT**

70 pp., 1984  
Publication No. 30172  
Price: \$8  
Producer: National Center on Child Abuse and Neglect  
Source: Clearinghouse on Child Abuse and Neglect Information

Discusses the role of educators in child abuse identification, treatment, and prevention, and the reasons, both legal and ethical, for their involvement. Community coordination and a model policy for schools are discussed.

## **FAMILY VIOLENCE: INTERVENTION STRATEGIES**

81 pp., 1980  
Publication No. (OHDS) 80-30258  
Price: \$10.10  
Producer: National Center on Child Abuse and Neglect  
Source: Clearinghouse on Child Abuse and Neglect Information

Examines the nature, extent, and possible treatment of domestic violence. Special attention is given to the role of child protective service workers in assisting violent families. Specific areas covered include the causes and effects of domestic strife, intervention strategies, and program development techniques.

## **\*FOR CAMP COUNSELORS: GUIDELINES ON CHILD SEXUAL ABUSE AND EXPLOITATION**

6 pp., 1986  
Price: Single copy free  
Producer: National Center for Missing and Exploited Children  
Source: Same

Information to help camp counselors detect occurrences of child sexual abuse and exploitation.

## **HOW TO PLAN AND CARRY OUT A SUCCESSFUL PUBLIC AWARENESS PROGRAM ON CHILD ABUSE AND NEGLECT**

75 pp., 1980  
Publication No. 80-30089  
Price: \$7.50  
Producer: National Center on Child Abuse and Neglect  
Source: Clearinghouse on Child Abuse and Neglect Information

Guidelines for developing a public awareness campaign responsive to local needs and the objectives of particular organizations.

## **THE NURSE'S ROLES IN THE PREVENTION AND TREATMENT OF CHILD ABUSE AND NEGLECT**

63 pp., 1979  
Publication No. (OHDS) 79-30202  
Price: \$8  
Producer: National Center on Child Abuse and Neglect  
Source: Clearinghouse on Child Abuse and Neglect Information

Discusses the roles and responsibilities of nurses in identifying, reporting, treating, and preventing child abuse and neglect. Includes indicators of problems in the child and in the parents, the assessment and treatment planning processes, prevention and treatment approaches, and interagency coordination and cooperation. Includes standards applicable to the role of nurses.

## **PARENT AIDES IN CHILD ABUSE AND NEGLECT PROGRAMS**

57 pp., 1979  
Publication No. (OHDS) 79-30200  
Price: Single copy free  
Producer: National Center on Child Abuse and Neglect  
Source: Clearinghouse on Child Abuse and Neglect Information

Assists child protective services workers and other child care professionals with information about the development and implementation of parent-aid programs. Includes the goals and general structure of programs; the parent-aid/client relationship; program development; and supervision, training, and evaluation. Sample application and evaluation forms are included.

## **PERSPECTIVES ON CHILD MALTREATMENT IN THE MID '80s**

70 pp., 1984  
Publication No. S/N 017-090-00076-3  
Price: \$2.75  
Producer: National Center on Child Abuse and Neglect  
Source: Government Printing Office

Contains papers on various aspects of child abuse. The purpose is to help break the cycle of abuse by making information available that will promote public dialogue on the problem. Areas include combatting child abuse and neglect, community involvement, overview of child neglect, sexual abuse, emotional abuse, and the developmentally disabled.



### **\*REACHING OUT: THE VOLUNTEER IN CHILD ABUSE AND NEGLECT PROGRAMS**

55 pp., 1979  
Publication No. 30174  
Price: \$5.50  
Producer: National Center on Child Abuse and Neglect  
Source: Clearinghouse on Child Abuse and Neglect Information

Addressed to persons considering whether to become volunteers who work with cases of child abuse and neglect. Describes the various roles a volunteer can play in helping families and children.

### **THE ROLE OF THE MENTAL HEALTH PROFESSIONAL IN THE PREVENTION AND TREATMENT OF CHILD ABUSE AND NEGLECT**

78 pp., 1979  
Publication No. (OHDS) 79-30194  
Price: \$10.30  
Producer: National Center on Child Abuse and Neglect  
Source: Clearinghouse on Child Abuse and Neglect Information

Discusses the roles and responsibilities of psychiatrists, psychologists, counselors, and other mental health professionals. Specific topics covered include recognition of child abuse and neglect, reporting and the complications it can involve, assessment and treatment strategies, and involvement with the courts and other branches of the child protection system. Standards applicable to the role of mental health professionals are contained in an appendix.

### **SELECTED READINGS ON CHILD NEGLECT**

67 pp., 1980  
Publication No. (OHDS) 80-30253  
Price: \$6.80  
Producer: National Center on Child Abuse and Neglect  
Source: Clearinghouse on Child Abuse and Neglect Information

Contains six papers on various aspects of child neglect, including standards for determining neglect, emotional neglect, casework treatment of a neglectful mother and treatment of infants with organic failure to thrive.

### **SPECIAL ISSUE: CHILD ABUSE, NEGLECT AND**

15 pp., 1978 (Reprint)  
Publication No. (OHDS) 78-30135  
Price: \$1.50  
Producer: National Center on Child Abuse and Neglect  
Source: Clearinghouse on Child Abuse and Neglect Information

### **FAMILY WITHIN A CULTURAL CONTEXT**

Contains ten articles on the child-rearing traditions, attitudes, and practices of various ethnic and regional groups and how they relate to general concepts of abuse and neglect. Specific groups discussed include Native Americans, Samoans, low-income American Blacks, Chicanos, Hispanics from Puerto Rico, and residents of the Virgin Islands. Reprinted from August-September 1977 P.S.R.I. Report, the monthly newsletter of the Protective Services Resource Institute, Piscataway, New Jersey.

### **TREATMENT FOR ABUSED AND NEGLECTED CHILDREN**

66 pp., 1979  
Publication No. (OHDS) 79-30199  
Price: Single copy free  
Producer: National Center on Child Abuse and Neglect  
Source: Clearinghouse on Child Abuse and Neglect Information

Designed primarily for use by child protective services workers, this manual discusses various aspects of the treatment of child abuse and neglect victims. Specific topics include immediate and long-term medical care, the provision of a safe home environment, and the treatment of developmental and psychological problems. Possible negative effects of various treatment techniques are also discussed.

\* publications for consumers  
See page 115 for ordering information

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## CHILD ABUSE/NEGLECT - STATISTICS

### **EXECUTIVE SUMMARY: NATIONAL STUDY OF THE INCIDENCE AND SEVERITY OF CHILD ABUSE AND NEGLECT**

17 pp., 1981

Publication No. (OHDS) 81-30329

Price: Single copy free

Producer: National Center on Child Abuse and Neglect

Source: Clearinghouse on Child Abuse and Neglect Information

Summarizes the findings of the National Study on the Incidence and Severity of Child Abuse and Neglect, which analyzed data collected between May 1979 and April 1980. Topics discussed include the number of reported and estimated cases of abuse and neglect, the incidence rates and numbers of the major forms of child maltreatment, and age and sex of the children involved.

## CHILD SUPPORT

### **\*CHILD SUPPORT . . . NEW HELP IS AVAILABLE**

8 pp., 1986

Price: Single copy free

Producer: Office of Child Support Enforcement

Source: Same

Discusses how the Office of Child Support Enforcement has aided parents in obtaining support monies. Written for single parents needing assistance in getting child support from a former spouse.

### **\*HANDBOOK ON CHILD SUPPORT ENFORCEMENT**

40 pp., 1985

Publication No. 503P

Price: Single copy free

Producer: Office of Child Support Enforcement

Source: Consumer Information Center

A "how to" guide for parents to get the child support payments owed to them and their children. Provides information on locating the missing parent, enforcing the support order, and interstate cooperation.

### **INFORMATION SHARING INDEX**

125 pp., 1986

Price: Single copy free

Producer: Office of Child Support Enforcement

Source: Same

Describes materials available from the Office of Child Support Enforcement Reference Center and lists other materials pertinent to the Office of Child Support Enforcement. Some items listed are available for loan only and are notated.

### **WAGE WITHHOLDING FOR CHILD SUPPORT: AN EMPLOYER'S GUIDE**

24 pp., 1985

Publication No. (OCSE) 103

Price: Single copy free

Producer: Office of Child Support Enforcement

Source: Same

Poses questions that employers are likely to ask about their responsibilities under the Child Support Enforcement Amendments of 1984. A list of State Child Support Enforcement Agencies is attached in case employers have additional questions or concerns.



## DAY CARE

### **HEALTH OF CHILDREN IN DAY CARE**

152 pp., 1986  
Publication No. D05  
Price: Single copy free  
Producer: Kansas Department of Health and  
Environment  
Source: National Maternal and Child Health  
Clearinghouse

13 innovative public health programs for children  
in day care around the country.

### **INFANT SATELLITE NURSERIES: FAMILY DAY CARE WITH A DIFFERENCE**

13 pp., 1978  
Publication No. (ADM) 78-658  
Price: Single copy free  
Producer: Alcohol, Drug Abuse, and Mental Health  
Administration  
Source: National Institute of Mental Health

Describes an innovative approach to home day  
care, developed in Hawaii, to provide low income  
families with subsidized care of excellent quality  
for their infants and toddlers.

### **WHAT TO DO TO STOP DISEASE IN CHILD DAY CARE CENTERS: A KIT FOR CHILD DAY CARE PROGRAMS**

Kit, 75 pp., 1985  
Publication No. 017-023-00172-8  
Price: \$4  
Producer: Administration for Children, Youth, and  
Families  
Source: Government Printing Office

Consists of director's handbook, caregiver's  
handbook, parent's handbook, contagious  
diseases handbook, and 3 posters (17" x 11",  
shipped folded).

## DENTAL HEALTH

### **\*ARE YOU SURE SHE'S GETTING ALL THE FLUORIDE SHE NEEDS?**

Poster, 13" x 23", 1981  
Poster No. 1  
Price: Single copy free  
Producer: National Institute of Dental Research,  
National Caries Program  
Source: Same

Shows an infant with the caption, "Are You Sure  
She's Getting All the Fluoride She Needs?"

### **\*ARE YOUR CHILDREN GETTING ALL THE FLUORIDE THEY NEED?**

Poster, 13" x 23", 1981  
Poster No. 5  
Price: Single copy free  
Producer: National Institute of Dental Research,  
National Caries Program  
Source: Same

Shows two children with the caption, "Are Your  
Children Getting All The Fluoride They Need?"

### **\*DAILY FLUORIDE TABLETS FOR HEALTHIER SMILES**

Poster, 13" x 23", 1981  
Poster No. 9  
Price: Single copy free  
Producer: National Institute of Dental Research,  
National Caries Program  
Source: Same

Shows three children holding fluoride tablets with the caption, "Daily Fluoride Tablets for Healthier Smiles."

### **\*FLUORIDATION IS FOR EVERYONE**

45 pp., 1977  
Publication No. 77-8334  
Price: Single copy free  
Producer: Centers for Disease Control, Public  
Inquiries  
Source: Same

Discusses how fluoridation of water has affected the health of Americans and the need for continuing development of fluoridation.

### **\*FLUORIDE: GUARDIAN AGAINST TOOTH DECAY**

Poster, 13" x 23", 1981  
Poster No. 7  
Price: Single copy free  
Producer: National Institute of Dental Research,  
National Caries Program  
Source: Same

Shows a girl using a fluoride mouthrinse with the caption, "Fluoride: Guardian Against Tooth Decay."

### **\*FLUORIDE MOUTHRINSING IN SCHOOLS . . . PROTECTION FOR CHILDREN'S TEETH**

5 pp., 1982  
Publication No. (NIH) 82-1131  
Price: Single copy free  
Producer: National Institute of Dental Research,  
National Caries Program  
Source: Same

Presents the advantages of sponsoring a fluoride mouthrinsing program in grade school and junior high school.

### **FLUORIDE TABLETS . . . A HEALTHIER SMILE FOR SCHOOL CHILDREN**

5 pp., 1981  
Publication No. (NIH) 81-1197  
Price: Single copy free  
Producer: National Institute of Dental Research,  
National Caries Program  
Source: Same

Presents the advantages of sponsoring a fluoride tablet program in grade school and junior high school.

### **\*FLUORIDE: THE SMILE MAKER**

Poster, 13" x 23", 1981  
Poster No. 3  
Price: Single copy free  
Producer: National Institute of Dental Research,  
National Caries Program  
Source: Same

Shows a grinning young child with the caption, "Fluoride: The Smile Maker."

\* publications for consumers

See page 115 for ordering information

### **\*FLUORIDE TO PROTECT YOUR CHILDREN'S TEETH**

4 pp., 1982

Publication No. (NIH) 82-1141

Price: Single copy free

Producer: National Institute of Dental Research,  
National Caries Program

Source: Same

Inform parents of the importance of fluoride in protecting teeth from dental decay. Identifies methods of fluoridation: community water fluoridation, school fluoridation, fluoride tablets and drops, fluoride-containing mouthrinses, fluoride dentifrice, and professional application of topical fluorides.

### **\*GIVE A KID A HEALTHY SMILE . . . USE FLUORIDE**

Poster, 13" x 23", 1981

Poster No. 4

Price: Single copy free

Producer: National Institute of Dental Research,  
National Caries Program

Source: Same

Shows a laughing child with the caption, "Give a Kid a Healthy Smile. . . Use Fluoride."

### **\*A HEALTHY MOUTH FOR YOU AND YOUR BABY (Spanish/English)**

16 pp., 1986 (English); 1979 (Spanish)

Publication No. (NIH) 86-1255 (English); (NIH) 79-1465 (Spanish)

Price: Single copy free

Producer: National Institute of Dental Research

Source: Same

Describes good dental habits for mothers and children. Discusses nutrition during pregnancy, infant nutrition, fluoride protection, brushing and flossing, and dental checkups.

### **\*A HEALTHY START . . . FLUORIDE TABLETS FOR CHILDREN IN PRESCHOOL PROGRAMS**

3 pp., 1982

Publication No. (NIH) 82-1838

Price: Single copy free

Producer: National Institute of Dental Research,  
National Caries Program

Source: Same

Presents the advantages of initiating a fluoride tablet program in preschool programs.

### **PREVENTING TOOTH DECAY: A GUIDE TO IMPLEMENTING SELF-APPLIED FLUORIDE PROGRAMS IN SCHOOL SETTINGS**

40 pp., plus pamphlet samples, 1981

Publication No. (NIH) 82-1196

Price: Single copy free

Producer: National Institute of Dental Research,  
National Caries Program

Source: Same

Explains various steps and activities needed to start a self-applied fluoride program in school settings.

### **\*Rx FOR SOUND TEETH**

2 pp., 1984

Publication No. 84-793

Price: Single copy free

Producer: National Institute of Dental Research

Source: Same

Explains what tooth plaque is and the dangers from lack of proper tooth care. Gives step-by-step description of proper flossing and brushing of teeth.

### **\*SEAL OUT DENTAL DECAY**

4 pp., 1980

Price: Single copy free

Producer: National Institute of Dental Research

Source: Same

Explains what sealants are and how they can help prevent tooth decay.

\* publications for consumers

See page 115 for ordering information

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### **\*SEALANTS AND FLUORIDES: A WINNING COMBINATION FOR TOOTH PROTECTION**

Poster, 17" x 22", black and white, 1983  
Price: Single copy free  
Producer: National Institute of Dental Research  
Source: Same

Pictures a young boy with a healthy smile.

### **\*SEALANTS AND FLUORIDES: MAXIMUM PROTECTION AGAINST CAVITIES**

Poster, 17" x 22"  
Price: Single copy free  
Producer: National Institute of Dental Research  
Source: Same

Multicolored drawing of tooth showing where sealants are most effective in preventing decay.

### **\*TETRACYCLINE STAINED TEETH**

4 pp., 1980  
Publication No. (NIH) 80-1679  
Price: Single copy free  
Producer: National Institute of Dental Research,  
National Caries Program  
Source: Same

Discusses the social and psychological problems of permanent discoloration of teeth caused by the group of drugs called tetracyclines. Contains information on treatment and encourages parents to be aware of the risk to their children in taking these drugs.

### **\*WANT A HOT TIP ON A GOOD INVESTMENT? USE FLUORIDE FOR A HEALTHY SMILE!**

Poster, 13" x 23", 1981  
Poster No. 2  
Price: Single copy free  
Producer: National Institute of Dental Research,  
National Caries Program  
Source: Same

Shows an infant with the caption, "Want a Hot Tip on a Good Investment? Use Fluoride for a Healthy Smile!"

### **\*WATER FLUORIDATION: NATURE'S WAY TO PREVENT TOOTH DECAY**

4 pp., 1981  
Publication No. (CDC) 81-8321  
Price: Single copy free  
Producer: Centers for Disease Control, Public  
Inquiries  
Source: Same

Describes sources of fluoride and how fluoride can be added to water supplies. Gives a brief description of benefits of fluoridation.

### **\*WEEKLY FLUORIDE RINSES FOR A HEALTHY SMILE**

Poster, 13" x 23", 1981  
Poster No. 8  
Price: Single copy free  
Producer: National Institute of Dental Research,  
National Caries Program  
Source: Same

Shows a group of children holding fluoride rinses in cups, with the caption, "Weekly Fluoride Rinses for a Healthy Smile."

## DEVELOPMENT AND LEARNING

### **\*BEING FRIENDS**

Filmstrips/Films/Videocassette, 31 min., 1982  
Filmstrip Title No. A06265 (5 filmstrips and audiocassettes)  
Film Title No. A06266 (5 films)  
Videocassette Title No. A0627 (3/4"); A06266 (Beta); A06269 (VHS)  
Price: Filmstrips \$60; Films \$340 (Rental \$40); Videocassette \$125  
Producer: National Institute of Mental Health  
Source: National Audiovisual Center

Features 7 adolescents and their interactions with people of various ages, in situations that involve assessment of values and decision making. Includes teacher guides.

### **\*BOOKS FOR CHILDREN**

19 pp., 1986  
Publication No. E83P  
Price: \$1  
Producer: Library of Congress, Children's Literature Center  
Source: Consumer Information Center

A descriptive listing of the best books published in 1985 for preschool through junior high school age children.

### **\*CARING ABOUT KIDS . . . LEARNING WHILE GROWING: COGNITIVE DEVELOPMENT**

14 pp., 1981  
Publication No. (ADM) 81-1017  
Price: Single copy free  
Producer: National Institute of Mental Health  
Source: Same

Focuses on parents' ability to influence their child's cognitive development. Discusses acquisition of language skills, growth of understanding and memory, levels of thinking, and conscience. Explains how parents can help in the development of their child's thinking abilities.

### **\*CARING ABOUT KIDS . . . STIMULATING BABY SENSES**

10 pp., 1978  
Publications No. (ADM) 77-481  
Price: Single copy free  
Producer: National Institute of Mental Health  
Source: Same

Helps parents and other caretakers learn how to stimulate the growth and development of their infant. Emphasizes the differing needs for sensory stimulation of parents and children. Identifies knowledge of baby's senses of sight, hearing, taste and touch, and gives a few suggestions on ways to encourage sensory development.

### **\*CARING ABOUT KIDS . . . THE IMPORTANCE OF PLAY**

16 pp., 1981  
Publication No. (ADM) 81-969  
Price: Single copy free  
Producer: National Institute of Mental Health  
Source: Same

Describes what play is, how play helps a child develop, how play changes as a child grows older, the role of toys and sex stereotypes, fantasy, and imagination. Advises parents on helping their children play. Provides a reference list.

## CHILD AND ADOLESCENT DEVELOPMENT

71 pp., 1982 (reprint)  
Publication No. (NIH) 82-2304  
Price: Single copy free  
Producer: National Institute of Child Health and Human Development  
Source: Same

Covers physical growth and physiological development, developmental behavioral biology, learning and cognitive development, language development and communication, and social and emotional development. Reprinted from a chapter in *Child Health and Human Development - An Evaluation and Assessment of the State of the Science*.

## DEVELOPMENT OF MENTAL HEALTH IN INFANCY

106 pp., 1980  
Publication No. 017-024-00996-2  
Price: \$5  
Producer: National Institute of Mental Health  
Source: Government Printing Office

Reviews the current research on social relationships in the first year of life and their influence on psychological health. Discusses defining effective environments for infant mental health, infant-caregiver interaction, and infants at risk for development problems.

## HEAD START BULLETIN

Newsletter, 6 issues yearly  
Price: \$18 annually  
Producer: National Head Start Materials Center  
Source: Administration for Children, Youth, and Families

Addresses a variety of topics including issues on parenting, home training/home care, and child safety. Each issue also includes lists of resources for health professionals, teachers and administrators and provides a calendar of upcoming professional education activities.

## \*HELP YOUR CHILD BECOME A GOOD READER

5 pp., 1985  
Publication No. 403P  
Price: \$50  
Producer: Department of Education  
Source: Consumer Information Center

How to teach children reading fundamentals and enjoyment. Activities and suggestions center around everyday occurrences and materials.

## \*HELP YOUR CHILD DO BETTER IN SCHOOL

5 pp., 1985  
Publication No. 404P  
Price: \$50  
Producer: Department of Education  
Source: Consumer Information Center

Tips for parents to help children in all grades improve their study skills.

## \*HOW TO HELP YOUR CHILDREN ACHIEVE IN SCHOOL

28 pp., 1983  
Publication No. 065-000-00176-4  
Price: \$3.75  
Producer: Department of Education  
Source: Government Printing Office

Explains how to help children improve their study skills, both at home and in school. Tips on maintaining interest and attention are given, and techniques for effective notetaking, studying, remembering, and test taking are explained.

## \*PHYSICAL EDUCATION: A PERFORMANCE CHECKLIST

8 pp., 1985  
Price: Single copy free  
Producer: President's Council on Physical Fitness and Sports  
Source: Same

Offers guidelines for determining physical education program quality in schools, and outlines suggestions for making improvements. Intended for use by parents, but valuable for anyone interested in developing a strong physical fitness emphasis in school physical education programming.

## **THE PHYSICALLY UNDERDEVELOPED CHILD**

16 pp., 1977  
Price: Single copy free to schools  
Producer: President's Council on Physical Fitness and Sports  
Source: Same

Explains procedures for identifying children with strength, endurance, and coordination problems. Lists suggested remedial activities.

## **\*PLAIN TALK ABOUT WHEN YOUR CHILD STARTS SCHOOL**

2 pp., 1985  
Publication No. 506P  
Price: Single copy free  
Producer: National Institute for Mental Health  
Source: Consumer Information Center

Assists parents in helping children begin school. Emphasizes understanding of this milestone in the child's life as important to his or her healthy growth and development.

## **\*WHAT WORKS: RESEARCH ABOUT TEACHING AND LEARNING**

65 pp., 1986  
Publication No. 605P  
Price: Single copy free  
Producer: Department of Education  
Source: Consumer Information Center

Comprehensive guide for parents, teachers, and school administrators. Special emphasis on how parents can help children learn and develop their talents from infancy through high school.

## **\*YOUR CHILD FROM ONE TO SIX**

92 pp., 1978  
Publication No. 017-091-00219-3  
Price: \$2  
Producer: Department of Health, Education, and Welfare, Office of Child Development  
Source: Government Printing Office

Covers patterns of development (physical, linguistic, and social), sleep (outgrowing the crib, nightmares), eating, discipline, toilet training, relationships, school readiness, fears, separations, fighting, health care, illness, and accidents.

## **\*YOUR CHILD FROM SIX TO TWELVE**

98 pp., 1980  
Publication No. 017-091-00070-1  
Price: \$2.75  
Producer: Department of Health, Education and Welfare, Office of Child Development  
Source: Government Printing Office

Discusses the role of parents as family leaders, what play means in the life of a child, children and money, keeping the child healthy, guiding the child's social involvements, and helping the child make the most of school.

## **IMMUNIZATION**

### **\*KEEP MEASLES A MEMORY - IMMUNIZE**

4 pp., 1981  
Price: Single copy free  
Producer: Centers for Disease Control, Immunization Division  
Source: Same

Advises parents about the benefits of immunizing against measles and gives a recommended immunization schedule.

### **\*PARENTS GUIDE TO CHILDHOOD IMMUNIZATION**

19 pp., 1987  
Price: Single copy free  
Producer: Centers for Disease Control, Center for Prevention Services  
Source: Same

Stresses the importance of immunization for children; describes symptoms and vaccines for diphtheria, tetanus, pertussis (whooping cough), polio, measles, mumps, and rubella.

\* publications for consumers  
See page 115 for ordering information



### **\*STAR WARS POSTER**

Poster, 14" x 22", 1977  
Publication No. H88  
Price: Single copy free  
Producer: Centers for Disease Control  
Source: National Maternal and Child Health  
Clearinghouse

C3PO and R2D2 ask "Parents of earth, are your children fully immunized?"

### **\*STAY-WELL CARD**

8 pp., 1984  
Price: Single copy free  
Producer: Centers for Disease Control, Immunization  
Division  
Source: Same

A coloring book for children which emphasizes the importance of immunization. Also includes an immunization checklist for parents.

### **\*WHAT YOU SHOULD KNOW ABOUT INFLUENZA AND FLU SHOTS**

8 pp., 1984 (Revised)  
Producers: Centers for Disease Control,  
Immunization Division  
Source: Same

Brochure describes influenza and the vaccinations that are available. Recommends regular flu shots for specific high risk groups.

## LEAD POISONING

### **LEAD POISONING IN CHILDREN - JOINT STATEMENT**

4 pp., 1979  
Publication No. B98  
Price: Single copy free  
Producers: Bureau of Community Health Services  
and the Centers for Disease Control  
Source: National Maternal and Child Health  
Clearinghouse

Gives a summary of current information about lead poisoning and makes recommendations for services to victims. Emphasis on prevention is made.

### **MANUAL FOR THE IDENTIFICATION AND ABATEMENT OF ENVIRONMENTAL LEAD HAZARDS**

73 pp., 1986  
Publication No. L30  
Price: Single copy free  
Producer: Division of Maternal and Child Health  
Source: National Maternal and Child Health  
Clearinghouse

Systematic review of the many dangerous lead sources in children's environment and the procedures and techniques currently in use for hazard identification and abatement.

### **WHAT PRICE SHALL WE PAY FOR LEAD POISONING IN CHILDREN?**

6 pp., 1979  
Publication No. B83  
Price: Single copy free  
Producer: Bureau of Community Health Services  
Source: National Maternal and Child Health  
Clearinghouse

Presents an up-to-date summary of the problems of lead poisoning in children and emphasizes its preventable nature. Reprinted from an article in the January/February issue of *Children Today*.



## PARENT SUPPORT

### **PARENT-CHILD SERIES: MOTHER-CHILD HOME PROGRAM**

11 pp., 1978  
Publication No. (ADN) 78-659  
Price: Single copy free  
Producer: National Institute of Mental Health  
Source: Same

Describes the mother-child home program, which educates the parents of preschoolers in low-income families to become more effective guides for their toddlers' development. Outlines the home visits, program staffing, facilities and supplies, and program impact.

### **\*THE PARENT/PROFESSIONAL PARTNERSHIP RESOURCE EXCHANGE**

14 pp., 1984  
Price: Single copy free  
Producers: National Information Center for Handicapped Children and Youth and the Dissemin/Action Project  
Source: National Information Center for Handicapped Children and Youth

A vehicle developed by parents and professionals for the exchange of information resources used in working with handicapped children and youth.

### **\*PARENTS HELPING PARENTS AND OTHER PARENT SUPPORT ACTIVITIES**

2 pp., n.d.  
Price: Single copy free  
Producer: National Information Center for Handicapped Children and Youth  
Source: Same

Explains how parents of handicapped children can help each other through support activities, and lists contacts for parents not yet in touch with a support group.

## PARENTING

### **\*ABOUT SINGLE PARENTING**

15 pp., 1985  
Price: Single copy free  
Producer: National Information Center for Handicapped Children and Youth  
Source: Same

Guidelines for single parents in home management, financial planning, childcare, strengthening parent/child relationships, and more.

### **\*CARING ABOUT KIDS . . . TALKING TO CHILDREN ABOUT DEATH**

16 pp., 1980  
Publication No. S31  
Price: Single copy free  
Producer: National Institute of Mental Health  
Source: National Sudden Infant Death Syndrome Clearinghouse

Provides general information on how parents can discuss death with children.

### **\*CARING ABOUT KIDS . . . WHEN PARENTS DIVORCE**

22 pp., 1981  
Publication No. (ADM) 81-1120  
Price: Single copy free  
Producer: National Institute of Mental Health  
Source: Same

Information to help parents discuss divorce: the reasons, the impact on the children, new relationships, and possible remarriage.

\* publications for consumers  
See page 115 for ordering information

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## **\*CHILD SAFETY PROGRAM HANDBOOK**

16 pp., 1984  
Publication No. 402P  
Price: \$.50  
Producer: ACTION, The National Volunteer Agency  
Source: Consumer Information Center

A guide for parents who want to educate themselves and their community to the problems of missing children. Includes instructions for fingerprinting children and coordinating a Child Safety Day.

## **THE FAMILY: A CRITICAL FACTOR IN PREVENTION**

111 pp., 1985  
Publication No. B69  
Price: Single copy free  
Producer: University of Pittsburgh and the Division of Maternal and Child Health  
Source: National Maternal and Child Health Clearinghouse

Proceedings from a 1983 conference titled "Interdisciplinary Workshops on Developing Strategies for Health Promotion and Disease Prevention."

## **\*I'M A PARENT NOW**

Film/Videocassette, 17 min., color, 1977  
Film Title No. A10328/PY (16mm)  
Videocassette Title No. A03653/PY (Beta); A03652/PY (VHS); A00924/PY (3/4")  
Price: Film \$180 (Rental \$40); Videocassette \$95  
Producer: National Institute of Mental Health  
Source: National Audiovisual Center

Helps new parents deal with the mixed emotions, conflicting roles and unfamiliar experiences that accompany the arrival of a baby; guide is included.

## **\*INFANT CARE**

67 pp., 1980  
Publication No. 017-091-00228-2 (English); 017-091-00238-0 (Spanish)  
Price: English version \$4.75; Spanish version \$4.50  
Producer: Office of Human Development Services  
Source: Government Printing Office

Gives new parents basic information on caring for an infant including breastfeeding, clothing, bathing, and health care. Advises on handling "difficult" babies, first aid and emergency treatment, and a variety of common problems from diaper rash to colds.

## **\*JUST IN CASE . . . PARENTAL GUIDELINES IN CASE YOU NEED A BABYSITTER**

4 pp., 1986  
Price: Single copy free  
Producer: National Center for Missing and Exploited Children  
Source: Same

A guide to help parents find and hire a suitable babysitter, including instructions to give the sitter while parents are out and what parents should do if they suspect their child has been sexually exploited.

## **\*JUST IN CASE . . . PARENTAL GUIDELINES IN CASE YOUR CHILD MIGHT SOMEDAY BE MISSING**

4 pp., 1986  
Price: Single copy free  
Producer: National Center for Missing and Exploited Children  
Source: Same

Discusses preparations parents can make, and actions that should be taken, in case a child is missing.

## **\*JUST IN CASE . . . PARENTAL GUIDELINES IN CASE YOUR CHILD MIGHT SOMEDAY BE A RUNAWAY**

4 pp., 1986  
Price: Single copy free  
Producer: National Center for Missing and Exploited Children  
Source: Same

A guide for parents to help find a runaway child and what to do when the child returns home. A sample of a "missing person" poster is included.

## **\*PARENTING: AN ANNOTATED BIBLIOGRAPHY**

34 pp., 1981  
Publication No. 81-30134  
Price: \$3.40  
Producer: National Center on Child Abuse and Neglect  
Source: Clearinghouse on Child Abuse and Neglect Information

Topics covered include parenting for teenagers and single parents, working mothers, discipline, and behavior modification. Intended for the general public.

## **\*PLAIN TALK ABOUT DEALING WITH THE ANGRY CHILD (Spanish/English)**

2 pp., 1985  
Publication No. 504P  
Price: Single copy free  
Producer: National Institute of Mental Health  
Source: Consumer Information Center

Describes how to help a child cope with feelings of anger and aggression.

## **\*PLAIN TALK ABOUT RAISING CHILDREN**

4 pp., 1979  
Publication No. 505P  
Price: Single copy free  
Producer: National Institute of Mental Health  
Source: Consumer Information Center

Contains responses of fifty parents to the question, "Based upon your personal experiences with your children, what is the best advice you could give new parents about raising children?" Outlines ten basic principles of childrearing as a helpful guide to parents, teachers, day care workers, and others who care for children.

## **\*SINGLE PARENT FAMILIES (Spanish/English)**

52 pp., 1981  
Publication No. 017-091-00229-1  
Price: \$4.90  
Producer: Administration on Children, Youth, and Families  
Source: Government Printing Office

Provides information and insights on rearing children in single-parent families.

## **POISONING PREVENTION**

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### **\*DENNIS TAKES A POKE AT POISON**

16 pp., 1981  
Publication No. 507P  
Price: Single copy free  
Producer: Food and Drug Administration  
Source: Consumer Information Center

Dennis the Menace learns about poisons in the home and how to tell if something is safe to eat.

### **\*POISON SAFETY GAME**

4 pp., 1983  
Publication No. (FDA) 83-1099  
Price: Single copy free  
Producer: Food and Drug Administration  
Source: Same

Includes instructions and game board for a Poison Safety Game. Designed for older elementary school children and young teens as a guide to help them protect their younger brothers and sisters and friends from poisonings.

\* publications for consumers  
See page 115 for ordering information

### **\*PREVENTING CHILDHOOD POISONINGS**

Videocassette, 5 min., 1985  
Title No. 14594/PY (Beta); A14594/PY (VHS);  
A14592/PY (3/4")  
Price: \$80  
Producer: Food and Drug Administration  
Source: National Audiovisual Center

Alerts consumers to the seriousness of accidental childhood poisonings and provides information on why and where they occur and how they can be prevented.

### **\*SIX STEPS TO SAFER USE OF PESTICIDES**

1 page, n.d.  
Price: Single copy free  
Producer: Environmental Protection Agency, Public  
Information Center  
Source: Same

Gives six steps for using pesticides responsibly and with care, particularly if children come in contact with these chemicals.

## **REYE SYNDROME**

### **\*A MESSAGE FROM THE U.S. SURGEON GENERAL ABOUT REYE SYNDROME**

4 pp., 1986  
Publication No. 86-3154  
Price: Single copy free  
Producer: Food and Drug Administration  
Source: Same

Provides questions and answers about Reye syndrome and its relationship to the use of aspirin in children. Includes a description of symptoms.

### **\*WHEN YOUR CHILD HAS FLU OR CHICKEN POX . . . CHECK WITH YOUR DOCTOR BEFORE GIVING ASPIRIN**

Poster, 17" x 21", 1984  
Publication No. PC68  
Price: Single copy free  
Producer: Food and Drug Administration  
Source: National Clearinghouse for Primary Care  
Information

Depicts a sick child with a thermometer above his forehead. Alerts parents to be on the lookout for Reye syndrome, especially in children who are recovering from chicken pox or flu.

### **\*A WORD OF CAUTION ABOUT TREATING FLU OR CHICKEN POX**

1 pp., 1984  
Publication No. PC39  
Price: Single copy free  
Producer: Food and Drug Administration  
Source: National Clearinghouse for Primary Care  
Information

Using a question-and-answer format, this patient education pamphlet discusses the signs and treatment of Reye syndrome. Advises parents about the possible association between children's taking aspirin and developing Reye syndrome.

## **SUBSTANCE USE AND CHILDREN**

### **CHILD CARE PROVISIONS IN DRUG ABUSE TREATMENT PROGRAMS**

39 pp., 1981  
Publication No. (ADM) 81-830  
Price: Single copy free  
Producer: National Institute on Drug Abuse  
Source: National Clearinghouse for Alcohol and Drug  
Information

An initial effort to describe the range of child care services available and to identify such provisions in drug abuse treatment programs. Intended as a resource for state and local decision makers and program personnel seeking alternative treatment approaches.

\* publications for consumers

See page 115 for ordering information

### **\*CHILDREN OF ALCOHOLICS**

11 pp., 1985  
Publication No. MS321  
Price: Single copy free  
Producer: National Institute on Alcohol Abuse and Alcoholism  
Source: National Clearinghouse for Alcohol and Drug Information

Includes publications, audiovisuals, and organizations for those interested in learning more about the children of alcoholics. Part of the *Alcohol Resources: Update* series.

### **\*CHILDREN OF ALCOHOLICS: A SPECIAL REPORT**

8 pp., 1984 (Reprint)  
Publication No. RPO459  
Price: Single copy free  
Producer: National Institute on Alcohol Abuse and Alcoholism  
Source: National Clearinghouse for Alcohol and Drug Information

Lists articles focusing on demonstration projects, prevention programs, intervention strategies and genetic research on young and adult children of alcoholics. Reprinted from January 1984 *ADAMHA News*.

### **\*ELEMENTARY SCHOOL CHILDREN AND ALCOHOL EDUCATION**

7 pp., 1985  
Publication No. MS315  
Price: Single copy free  
Producer: National Institute on Alcohol Abuse and Alcoholism  
Source: National Clearinghouse for Alcohol and Drug Information

Includes audiovisuals, program descriptions, professional and organizational resources to assist educators and parents of young children. Part of the *Alcohol Resources: Update* series.

### **GROUP EXPERIENCES FOR CHILDREN OF ALCOHOLICS**

8 pp., 1984 (Reprint)  
Publication No. RP0488  
Price: Single copy free  
Producer: National Institute on Alcohol Abuse and Alcoholism  
Source: National Clearinghouse for Alcohol and Drug Information

Reports on the experimentation with new program models for children of alcoholic parents by the CASPAR (Cambridge and Somerville Program for Alcoholism Rehabilitation). Includes information on program structure, enrollment patterns, participation in CASPAR groups and reports of what participants say they learn. Reprinted from Summer 1984 *Alcohol Health and Research World*.

### **A GROWING CONCERN: HOW TO PROVIDE FOR CHILDREN FROM ALCOHOLIC FAMILIES**

45 pp., 1985  
Publication No. PH196  
Price: Single copy free  
Producer: National Institute on Alcohol Abuse and Alcoholism  
Source: National Clearinghouse on Alcohol and Drug Information

Discusses the problems and needs of children of alcoholics, approaches to serving their needs, organizational issues, and cultural issues involved in service delivery.

### **RESEARCH ON CHILDREN OF ALCOHOLICS: EXPANDING THE KNOWLEDGE**

12 pp., 1984 (Reprint)  
Publication No. RP04890  
Price: Single copy free  
Producer: National Institute on Alcohol Abuse and Alcoholism  
Source: National Clearinghouse for Alcohol and Drug Information

Presents three reports on research projects, two of which focus on ongoing research into familial transmission of alcoholism and one on findings from a series of research and demonstration projects funded by the National Center on Child Abuse and Neglect. Reprinted from Summer 1984 *Alcohol Health and Research World*.

\* publications for consumers  
See page 115 for ordering information

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## **\*SOOZIE AND KATHY: WE'RE TEAMING UP FOR YOUR GOOD HEALTH**

Coloring Book, 26 pp., n.d.

Price: Single copy free

Producer: Drug Enforcement Administration

Source: National Clearinghouse for Alcohol and Drug Information

Coloring book for young children 6-12 years about medicine, drugs, and good health. Can be used as a teaching tool.

## **SUDDEN INFANT DEATH SYNDROME**

### **\*CRIB DEATH (Spanish/English)**

20 pp., 1979

Publication No. S17 (English); S10 (Spanish)

Price: Single copy free

Producer: Bureau of Community Health Services

Source: National Sudden Infant Death Syndrome Clearinghouse

Easy to read explanation of the sudden infant death syndrome (SIDS) which dispels myths about the syndrome.

### **DIRECTORY OF SUDDEN INFANT DEATH SYNDROME INFORMATION AND COUNSELING PROGRAMS AND STATE OFFICES OF MCH**

24 pp., 1986

Publication No. S28

Price: Single copy free

Producer: National Sudden Infant Death Syndrome Clearinghouse

Source: Same

Listing of State of SIDS programs, MCH offices, and other Federal and private SIDS organizations, with addresses and phone numbers included.

### **EXAMINATION OF THE SUDDEN INFANT DEATH SYNDROME INFANT: INVESTIGATIVE AND AUTOPSY PROTOCOLS**

9 pp., 1976 (Reprint)

Publication No. S14

Price: Single copy free

Producer: National Sudden Infant Death Syndrome Clearinghouse

Source: Same

Results of a 1975 national conference of pathologists and other SIDS investigators. Reprinted from the *Journal of Forensic Sciences*.

### **\*FACT SHEET: CURRENT RESEARCH IN SUDDEN INFANT DEATH SYNDROME**

4 pp., 1985

Publication No. S09

Price: Single copy free

Producer: National Sudden Infant Death Syndrome Clearinghouse

Source: Same

Describes the sudden infant death syndrome (SIDS) research under the direction of the National Institute of Child Health and Human Development. Excerpted from a report to Congress for Fiscal Year 1985.

### **\*FACT SHEET: FACTS ABOUT APNEA AND OTHER APPARENT LIFE-THREATENING EVENTS**

4 pp., 1987

Publication No. S69

Price: Single copy free

Producer: National Sudden Infant Death Syndrome Clearinghouse

Source: Same

Defines and discusses apnea and apparent life-threatening events (ALTE), the relationship to SIDS and the effectiveness of home monitoring.

**\*FACT SHEET: INFANTILE APNEA AND SIDS**

3 pp., 1983  
Publication No. S04  
Price: Single copy free  
Producer: National Sudden Infant Death Syndrome  
Clearinghouse  
Source: Same

Studies on apnea are described and the lack of clear evidence connecting apnea and SIDS is noted.

**\*FACT SHEET: PARENTS AND THE GRIEVING PROCESS**

2 pp., 1982  
Publication No. S06  
Price: Single copy free  
Producer: National Sudden Infant Death Syndrome  
Clearinghouse  
Source: Same

Common reactions and emotions expressed by bereaved parents are discussed, and the process of achieving resolution and recovery is highlighted.

**FACT SHEET: SIDS INFORMATION FOR THE EMT**

2 pp.  
Publication No. S08  
Price: Single copy free  
Producer: National Sudden Infant Death Syndrome  
Clearinghouse  
Source: Same

Suggestions are made for emergency medical technicians and others who first respond at the time of a sudden infant death. Symptoms are listed to help distinguish between SIDS and child abuse and neglect.

**\*FACT SHEET: SUDDEN INFANT DEATH SYNDROME: DEATHS AND RATES BY STATE FOR 1983**

2 pp., 1987  
Publication No. S65  
Price: Single copy free  
Producer: National Sudden Infant Death Syndrome  
Clearinghouse  
Source: Same

SIDS deaths and rates for 1983 listed by state plus other statistical information about SIDS.

**\*FACT SHEET: SUDDEN INFANT DEATH SYNDROME: DEATHS AND RATES BY STATE FOR 1984**

2 pp., 1987  
Publication No. S68  
Price: Single copy free  
Producer: National Sudden Infant Death Syndrome  
Clearinghouse  
Source: Same

SIDS deaths and rates for 1984 listed by state plus other statistical information about SIDS.

**\*FACT SHEET: THE GRIEF OF CHILDREN**

2 pp., 1982  
Publication No. S07  
Price: Single copy free  
Producer: National Sudden Infant Death Syndrome  
Clearinghouse  
Source: Same

Discusses common expressions of children's grief and offers some ways in which adults can hinder or help the expression of grief.

**FACT SHEET: WHAT IS SIDS?**

2 pp., n.d.  
Publication No. S05  
Price: Single copy free  
Producer: National Sudden Infant Death Syndrome  
Clearinghouse  
Source: Same

Presents basic facts about SIDS and discusses the reactions of surviving family members and ways they may be helped.

\* publications for consumers  
See page 115 for ordering information

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**\*FACTS ABOUT SUDDEN INFANT DEATH SYNDROME (Spanish/English)**

12 pp., 1984 (Revised)

Publication No. S01 (English); S11 (Spanish)

Price: Single copy free

Producer: National Sudden Infant Death Syndrome  
Foundation

Source: National Sudden Infant Death Syndrome  
Clearinghouse

Presents basic facts about SIDS, answers to frequently asked questions, a discussion on grief and the grieving process, and a short listing of sources for further help and information.

**SUDDEN UNEXPLAINED INFANT DEATH 1970-1975: AN EVOLUTION IN UNDERSTANDING**

29 pp., 1980

Publication No. S12

Price: Single copy free

Producer: Bureau of Community Health Services

Source: National Sudden Infant Death Syndrome  
Clearinghouse

Synopsis of recorded changes in the understanding of sudden infant death syndrome.



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## ADOLESCENT HEALTH

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### GENERAL

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#### COMPENDIUM OF RESOURCE MATERIALS ON ADOLESCENT HEALTH

183 pp., 1981  
Publication No. B86  
Price: Single copy free  
Producer: Bureau of Community Health Services  
Source: National Maternal and Child Health  
Clearinghouse

Discusses physical and psychosocial growth and development, health concerns, approaches to the adolescent client, nutrition, and sexuality.

#### \*PLAIN TALK ABOUT ADOLESCENCE

2 pp., 1981  
Publication No. (ADM) 80-1065  
Price: Single copy free  
Producer: National Institute of Mental Health  
Source: Same

Outlines common problems encountered by parents and adolescents. Describes how parents can keep communications open, how teenagers can help, and provides some extra tips to parents.

### ADOLESCENT PREGNANCY

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#### \*FOOD FOR THE TEENAGER DURING AND AFTER PREGNANCY

31 pp., 1982  
Publication No. H75  
Price: Single copy free  
Producer: Health Resources and Services  
Administration  
Source: Division of Maternal and Child Health

Provides information about practices of good nutrition that can help teenagers give birth to healthy babies. In addition, provides tips on good health habits and sample meal menus.

#### NUTRITION AND ADOLESCENT PREGNANCY: A SELECTED ANNOTATED BIBLIOGRAPHY

98 pp., 1986  
Publication No. Q25  
Producer: March of Dimes Birth Defects Foundation  
and Division of Maternal and Child Health  
Source: National Maternal and Child Health  
Clearinghouse

Intended as a source of technical assistance for nurses, nutritionists, physicians, educators, social workers, and others concerned with improving the health of teenage mothers and their babies. In addition to nutrition, contains references on adolescent pregnancy in general, including models of service and counseling strategies.

#### \*SHELLEY AND PETE (... & CAROL)

Film/Videocassette, 23 min., color, 1980  
Title No. A04050/PG (Film); A04051/PG (3/4");  
A0405738/PG (VHS); A05739/PG (Beta)  
Price: Film \$245 (Rental \$40); Videocassettes \$110  
Producer: Health Services Administration  
Source: National Audiovisual Center

Realistically dramatizes the economic and emotional pressures of teenage parents.

\* publications for consumers  
See page 115 for ordering information

## **TRENDS IN TEENAGE CHILDBEARING, UNITED STATES 1970-81**

22 pp., 1984  
Publication No. (PHS) 84-1919, Series 21, No. 41  
Price: Single copy free  
Producer: National Center for Health Statistics  
Source: Same

Describes trends and differentials in births and birth rates for teenagers since 1970, as well as the demographic characteristics of the mothers and the health of their newborn children.

## **WORKING WITH THE PREGNANT TEENAGER: A GUIDE FOR NUTRITION EDUCATORS**

34 pp., 1981  
Publication No. PA1303  
Price: Single copy free  
Producers: Department of Agriculture, Department of Health and Human Services, and the March of Dimes Birth Defects Foundation  
Source: Department of Agriculture

Designed for nutritionists and other health providers who work with pregnant adolescents. Stresses that nutritional status is one of the most important environmental factors in having a healthy baby. Provides sample lesson plans for working with pregnant teens.

## **DEPRESSION/SUICIDE**

### **ADOLESCENCE AND DEPRESSION**

22 pp., 1984  
Publication No. (ADM) 84-1337  
Price: Single copy free  
Producer: National Institute of Mental Health  
Source: Same

A packet containing summaries and citations of research on depression in adolescence.

### **SECRETARY'S TASK FORCE: YOUTH AND SUICIDE**

1 page, 1985 (Reprint)  
Publication No. MS316  
Price: Single copy free  
Producer: Alcohol, Drug Abuse, and Mental Health Administration  
Source: National Clearinghouse for Alcohol and Drug Information

Contains announcement of HHS Task Force on youth suicide. Reprinted from July 1985 *ADAMHA News*.

## **PARENTING/ABUSE/NEGLECT AND ADOLESCENTS**

### **ADOLESCENT MALTREATMENT: ISSUES AND PROGRAM MODELS**

116 pp., 1984  
Publication No. 84-30339  
Price: \$11.50  
Producer: National Center on Child Abuse and Neglect  
Source: Clearinghouse on Child Abuse and Neglect Information

Describes problems faced by professionals who deal with abused teens; discusses service models and past, present, and future perspectives.

## **FACTS ABOUT SEXUAL ASSAULT: A RESEARCH REPORT FOR ADULTS WHO WORK WITH TEENAGERS**

17 pp., 1985  
Publication No. (ADM) 85-1398  
Price: Single copy free  
Producer: National Center for the Prevention and Control of Rape  
Source: National Institute of Mental Health

Includes a brief description of the research project and describes the study's results and the implications of the findings for counseling adolescents about the risks and effects of sexual assault as well as how to avoid becoming a victim.

## **\*FACTS ABOUT SEXUAL ASSAULT: A RESEARCH REPORT FOR TEENAGERS**

15 pp., 1985  
Publication No. (ADM) 85-1397  
Price: Single copy free  
Producer: National Center for the Prevention and Control of Rape  
Source: National Institute of Mental Health

Written for teenagers, to help them better understand and avoid sexual assault.

## **SELECTED READINGS ON ADOLESCENT MALTREATMENT**

115 pp., 1981  
Publication No. (OHDS) 81-30301  
Price: \$11.80  
Producer: National Center on Child Abuse and Neglect  
Source: Clearinghouse on Child Abuse and Neglect Information

Eleven papers on various aspects of the maltreatment of adolescents are presented. Topics include the incidence of teenage abuse and neglect, sexually mistreated adolescents, intervention and service delivery, and the physical abuse of adolescents. One article discusses the legal representation of adolescents in state intervention cases.

## **THE SEXUAL VICTIMIZATION OF ADOLESCENTS**

56 pp., 1985  
Publication No. 017-024-01239-4  
Price: \$2  
Producer: National Center for Prevention and Control of Rape  
Source: Government Printing Office

Provides information and guidance for people concerned with the mental health needs of adolescents who experience sexual assault, including mental health professionals, other health professionals, paraprofessionals, school personnel, volunteers, and youth workers. This manual will assist in understanding the nature of sexual assault, identifying adolescent victims, providing needed support, and developing prevention strategies.

## **PHYSICAL FITNESS**

### **\*GET FIT! BASIC YOUTH FITNESS PROGRAM**

16 pp., 1984  
Price: Single copy free  
Producer: Kellogg Company  
Source: President's Council on Physical Fitness and Sports

Motivational and instructional brochure for youth ages 10-17. Contains information on physical fitness, explanation of the President's Youth Physical Fitness Test, and basic activities designed to increase the fitness levels of young people. Also includes meal planning tips to promote good nutrition.

\* publications for consumers  
See page 115 for ordering information

## **YOUTH PHYSICAL FITNESS**

95 pp., 1983

Price: Single copy free

Producer: President's Council on Physical Fitness and Sports

Source: Same

Recommendations and guidelines to assist in the promotion of effective physical education programs for grades K-12. Includes test instructions for the President's Youth Physical Fitness Test. Used by educators and health professionals who conduct physical education programs and fitness screening.

## **SUBSTANCE USE AND ADOLESCENTS**

### **ADOLESCENT PEER PRESSURE: THEORY, CORRELATES, AND PROGRAM FOR DRUG ABUSE PREVENTION**

115 pp., 1986

Publication No. (ADM) 86-1152

Price: Single copy free

Producer: National Institute of Drug Abuse

Source: National Clearinghouse for Alcohol and Drug Information

Peer pressure - in both positive and negative forms - is an important part of the learning and development of adolescents. Provides insights and program ideas to those implementing peer programs. Also offers suggestions for program planning.

### **ALCOHOL AND YOUTH: FACTS FOR PLANNING**

65 pp., 1981-1982

Publication No. SP402

Price: Single copy free

Producer: National Institute on Alcohol Abuse and Alcoholism

Source: National Clearinghouse for Alcohol and Drug Information

Presents major research findings on the extent and nature of alcohol use among the nation's senior high school students (10th to 12th grades) and explores the implications of the findings for the development of alcohol programs and policies relative to youth.

### **\*ALCOHOL PROBLEMS AND YOUTH**

3 pp., 1985

Publication No. MS229

Price: Single copy free

Producer: National Institute on Alcohol Abuse and Alcoholism

Source: National Clearinghouse for Alcohol and Drug Information

Lists current publications (with annotations) to aid the preteen or teenage reader who is interested in obtaining information on this topic. Part of the *Alcohol Resources: Update* series.

### **ALCOHOL USE AND YOUTH**

41 pp., 1982

Publication No. RP0483

Price: Single copy free

Producer: National Institute on Alcohol Abuse and Alcoholism

Source: National Clearinghouse for Alcohol and Drug Information

Addresses the extent and nature of adolescent drinking behavior, the demographic, social, and behavioral correlates of use, and the extent and meaning of alcohol misuse by adolescents.

## **COMMUNICATING WITH YOUTH ABOUT ALCOHOL: METHODS, MESSAGES & MATERIALS**

30 pp., 1986

Publication No. (ADM) 86-1429

Price: Single copy free

Producer: National Institute on Alcohol Abuse and Alcoholism

Source: National Clearinghouse for Alcohol and Drug Information

Intended to spur additional and broader efforts to reach youth with the message that a healthy, productive adolescence is free of alcohol. Presents a framework for planning, developing and promoting messages and materials.

### **\*DON'T YOU GET HOOKED (Spanish/English)**

Poster, 16" x 21", color

Price: Single copy free

Source: Office on Smoking and Health

Pictures a fish smoking a cigarette with a hook through the cigarette.

## **DRUG USE AMONG AMERICAN HIGH SCHOOL STUDENTS, COLLEGE STUDENTS, AND OTHER YOUNG ADULTS: NATIONAL TRENDS THROUGH 1985**

237 pp., 1986

Publication No. (ADM) 86-1450

Price: Single copy free

Producer: National Institute on Drug Abuse

Source: National Clearinghouse for Alcohol and Drug Information

The ninth in an annual series reporting drug use of American high school seniors from 1975 through 1985. Eleven separate classes of drugs are distinguished including alcohol, tobacco, and nonprescription stimulants. Information is technical with numerous charts and graphs to highlight trends.

## **EFFECT OF DRUGS ON DRIVING: DRIVING SIMULATOR TESTS OF SECOBARBITAL, DIAZEPAM, MARIJUANA, AND ALCOHOL**

21 pp., 1985

Publication No. (ADM) 85-1386

Price: Single copy free

Producer: Alcohol, Drug Abuse, and Mental Health Administration

Source: National Clearinghouse for Alcohol and Drug Information

Describes experiments undertaken to examine the effects of commonly used psychoactive drugs on driving performance as measured in a driving simulator. Some drugs were tested in combination to determine their synergistic effect.

### **\*FOR PARENTS ONLY**

20 pp., 1981

Price: Single copy free

Producer: National Institute on Drug Abuse

Source: National Clearinghouse for Alcohol and Drug Information

Provides information on preventing drug abuse.

### **\*FOR PARENTS ONLY: WHAT YOU NEED TO KNOW ABOUT MARIJUANA**

30 pp., 1984 (Revised)

Publication No. 017-024-01203-3

Price: \$1.50

Producer: National Institute on Drug Abuse

Source: Government Printing Office

Contains the latest scientifically accepted information about marijuana and is intended to supply parents with facts about this drug. Describes marijuana's effect on the body.

\* publications for consumers

See page 115 for ordering information

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### **\*FOR TEENAGERS ONLY: HOW DO YOU SAY "NO" TO A DRINK?**

1 page, n.d.  
Publication No. MS270  
Price: Single copy free  
Producer: National Institute on Alcohol Abuse and Alcoholism  
Source: National Clearinghouse for Alcohol and Drug Information

Lists practical suggestions on how to refuse a drink.

### **\*HALLUCINOGENS AND PCP**

5 pp., 1986  
Publication No. (ADM) 86-1306  
Price: Single copy free  
Producer: Alcohol, Drug Abuse, and Mental Health Administration  
Source: National Clearinghouse for Alcohol and Drug Information

Describes hallucinogens including LSD, mescaline, and other psychedelic drugs; and discusses their effects, "bad trips," and effects of heavy use. Also includes a section on PCP and its dangers and effects.

### **\*THE HEAD OF THE CLASS**

Poster, 17" x 22", n.d.  
Price: Single copy free  
Producers: Advertising Council and the National Institute on Drug Abuse  
Source: National Clearinghouse for Alcohol and Drug Information

Directed to children and young adults with the message to "Just Say No" to drugs.

### **\*HELPING YOUR PRE-TEEN SAY "NO": A PARENTS AID**

12 pp., 1986  
Publication No. (ADM) 86-1417  
Price: Single copy free  
Producer: National Institute on Alcohol Abuse and Alcoholism  
Source: National Clearinghouse for Alcohol and Drug Information

Designed to assist parents in guiding their pre-teens away from experimentation with alcohol, tobacco, and other drugs, while enhancing the parent/child relationship.

### **HELPING YOUR STUDENTS SAY NO TO ALCOHOL**

20 pp., 1987  
Publication No. (ADM) 87-1501  
Price: Single copy free  
Producer: Children's Television Workshop  
Source: National Clearinghouse for Alcohol and Drug Information

Part of the "Be Smart! Don't Start!" campaign, this booklet is designed to help parents and teachers respond to children's questions about alcohol.

### **\*HIGH RISK YOUTH**

1 page, n.d.  
Publication No. MS273  
Price: Single copy free  
Producer: National Institute on Alcohol Abuse and Alcoholism  
Source: National Clearinghouse for Alcohol and Drug Information

Suggests ways of identifying youth who are most susceptible to alcohol problems.

**\*IF YOUR KIDS THINK EVERYBODY SMOKES, THEY DON'T KNOW EVERYBODY: A PARENT'S GUIDE TO SMOKING AND TEENAGERS**

4 pp., 1983  
Publication No. (PHS) 83-50201  
Price: Single copy free  
Producer: Public Health Service  
Source: Office on Smoking and Health

A guide for parents that discusses smoking and teenagers.

**\*INHALANTS**

4 pp., 1986  
Publication No. (ADM) 86-1307  
Price: Single copy free  
Producer: National Institute on Drug Abuse  
Source: National Clearinghouse for Alcohol and Drug Information

Defines inhalants and the different kinds most commonly available and discusses how inhalants work, who are the abusers, the negative effects and long-term dangers, and what happens when used with other drugs.

**\*IS BEER A FOUR LETTER WORD?**

60 pp., 1980  
Publication No. PH95  
Price: Single copy free  
Producer: National Institute on Alcohol Abuse and Alcoholism  
Source: National Clearinghouse for Alcohol and Drug Information

Contains project ideas, materials, suggestions, and alcohol education concepts from many sources across the country. Purpose is to interest young people in alcohol-related issues which affect them, and to encourage them to initiate alcohol abuse prevention projects.

**\*IT'S A FACT - POT HURTS**

Poster, 17" x 22", n.d.  
Price: Single copy free  
Producer: National Institute on Drug Abuse  
Source: National Clearinghouse for Alcohol and Drug Information

Anti-drug message directed toward youth on the dangers of using marijuana.

**\*MARIJUANA**

5 pp., 1986  
Publication No. (ADM) 86-1305  
Price: Single copy free  
Producer: National Institute on Drug Abuse  
Source: National Clearinghouse for Alcohol and Drug Information

Describes marijuana, its effects and adverse reactions, psychological dependence, dangers to young people, and its effect on the human reproductive system and other body organs. Information is directed to professionals working with marijuana users.

**\*PARENTS, PEERS, AND POT II - PARENTS IN ACTION**

160 pp., 1983  
Publication No. (ADM) 83-1290  
Price: Single copy free  
Producer: National Institute on Drug Abuse  
Source: National Clearinghouse for Alcohol and Drug Information

A personal account of the concerns, motivations, and actions of a diverse assortment of parents and youth involved in preventing drug use among young people.

**\*PARENTS: WHAT YOU CAN DO ABOUT DRUG ABUSE**

8 pp., 1986 (Reprint)  
Publication No. (ADM) 86-1267  
Price: Single copy free  
Producer: National Institute on Drug Abuse  
Source: National Clearinghouse for Alcohol and Drug Information

Designed to help parents prevent the widespread abuse of illicit and over-the-counter drugs, including alcohol and tobacco.

\* publications for consumers  
See page 115 for ordering information



## **PREVENTION PLUS: INVOLVING SCHOOLS, PARENTS, AND THE COMMUNITY IN ALCOHOL AND DRUG EDUCATION**

342 pp., 1983  
Publication No. BK113  
Price: Single copy free  
Producer: National Institute on Alcohol Abuse and Alcoholism  
Source: National Clearinghouse for Alcohol and Drug Information

An illustrated, question-and-answer approach to combatting teenage alcohol use and abuse through classroom education and teacher training, parent education, community approaches, early intervention, and school policies.

### **\*QUESTIONS AND ANSWERS ABOUT TEENAGE ALCOHOL ABUSE**

2 pages, n.d.  
Publication No. MS275  
Price: Single copy free  
Producer: National Institute on Alcohol Abuse and Alcoholism  
Source: National Clearinghouse for Alcohol and Drug Information

Presents information on teenage alcohol use and abuse in a question-and-answer format.

### **\*QUICK LIST: 10 STEPS TO HELP YOUR PRE-TEEN SAY "NO"**

4 pp., 1976  
Publication No. (ADM) 36-1418  
Price: Single copy free  
Producer: National Institute on Alcohol Abuse and Alcoholism  
Source: National Clearinghouse for Alcohol and Drug Information

Provides a quick rundown of how parents can help their child say "no" to alcohol use. Poster format for wall display.

## **REPORT ON THE 1984 NATIONAL CONFERENCE FOR YOUTH ON DRINKING AND DRIVING**

160 pp., 1984  
Publication No. BK122  
Price: Single copy free  
Source: National Clearinghouse for Alcohol and Drug Information

Provides background and general information on the conference, in addition to statistics on alcohol use and abuse by youth. Focuses on prevention in the workplace and on drinking and driving.

### **\*SAYING "NO" TO BEER AND WHAT IS ALCOHOLISM?**

2 pp., 1986  
Publication No. MS327  
Price: Single copy free  
Producer: National Institute on Alcohol Abuse and Alcoholism  
Source: National Clearinghouse for Alcohol and Drug Information

Tells young people how to refuse alcohol in social situations and describes the disease of alcoholism.

### **\*SCHOOL**

Poster, 22" x 16", black and white, n.d.  
Publication No. AV99.3  
Price: Single copy free  
Producer: National Institute on Alcohol Abuse and Alcoholism  
Source: National Clearinghouse for Alcohol and Drug Information

Message of this poster states, "Look, school's already hard enough, why would I want to get drunk and make it worse?"



### **\*SCHOOL DAZE**

Poster, 17" x 22", n.d.  
Price: Single copy free  
Producers: Advertising Council and the National  
Institute on Drug Abuse  
Source: National Clearinghouse for Alcohol and Drug  
Information

Poster for school environment directed toward  
pre-teens and young adults with the message to  
"Just say no" to drugs.

### **THE SECRETARY'S CONFERENCE FOR YOUTH ON DRINKING AND DRIVING**

152 pp., 1983  
Publication No. BK117  
Price: Single copy free  
Producer: National Institute on Alcohol Abuse and  
Alcoholism  
Source: National Clearinghouse for Alcohol and Drug  
Information

Describes the conference held for students and  
school superintendents that was a component of  
the 1982 DHHS Initiative on Teenage Alcohol  
Abuse. Includes information on setting up  
prevention programs in the community.

### **\*SHIFTING INTO ACTION: YOUTH AND HIGHWAY SAFETY**

29 pp., 1985  
Publication No. PH215  
Price: Single copy free  
Producer: National Institute on Alcohol Abuse and  
Alcoholism  
Source: National Clearinghouse for Alcohol and Drug  
Information

Provides examples and ideas for action that  
might be taken to prevent alcohol-impaired  
driving and to increase use of safety belts. Geared  
to youth.

### **\*SIMPLEMENTE DIGA QUE NO (Spanish)**

Poster, 17" x 21", n.d.  
Price: Single copy free  
Producer: National Institute on Drug Abuse  
Source: National Clearinghouse for Alcohol and Drug  
Information

"Just Say No." Anti-drug message directed  
toward youth. Pictures two marijuana cigarettes.

### **SMOKING PROGRAMS FOR YOUTH**

92 pp., 1981  
Publication No. (NIH) 81-2156  
Price: Single copy free  
Producer: National Cancer Institute  
Source: Same

Intended to be an "action oriented" document that  
will provide information necessary to understand  
the youth smoking problem and to stimulate  
decision makers to develop programs for  
prevention and cessation. Covers the topics of  
teenage smoking in America, approaches to  
smoking in schools, how to develop a school  
smoking program, and current smoking  
education programs.

### **\*STIMULANTS AND COCAINE**

6 pp., 1986  
Publication No. (ADM) 86-1304  
Price: Single copy free  
Producer: National Institute on Drug Abuse  
Source: National Clearinghouse for Alcohol and Drug  
Information

Defines stimulants, and describes amphetamines,  
cocaine, and caffeine. Discusses the effects of  
their use, look-alike drugs, and dangers.

\* publications for consumers  
See page 115 for ordering information

### **\*TEENAGE CIGARETTE SMOKING SELF-TEST (AND DISCUSSION LEADER'S GUIDE)**

10 pp., 1982  
Publication No. (PHS) 82-50189  
Price: Single copy free  
Producer: Public Health Service  
Source: Office on Smoking and Health

Designed to help teenagers understand their feelings about smoking. Includes a leader's guide followed by eight duplicating masters for use in the classroom.

### **\*TEENS IN ACTION: CREATING A DRUG-FREE FUTURE FOR AMERICA'S YOUTH**

47 pp., 1985  
Publication No. (ADM) 85-1376  
Price: Single copy free  
Producer: National Institute on Drug Abuse  
Source: National Clearinghouse for Alcohol and Drug Information

Can be used in schools and communities in a variety of ways, as a component of: classroom activities and assignments; community drug abuse prevention efforts; programs sponsored by youth organizations; and activities of parent groups.

### **THEMATIC SECTION: TREATMENT SERVICES FOR YOUTH**

66 pp., 1983  
Publication No. RPO426  
Price: Single copy free  
Producer: National Institute on Alcohol Abuse and Alcoholism  
Source: National Clearinghouse for Alcohol and Drug Information

Highlights the following topics: a comprehensive treatment model, successful programs, Federal efforts addressing youth, and the genetic aspects of alcoholism that put certain youngsters at high risk for alcohol problems.

### **\*THINK: YOU DON'T HAVE TO DRINK**

8 pp., 1986  
Publication No. (ADM) 86-1170  
Price: Single copy free  
Producer: National Institute on Alcohol Abuse and Alcoholism  
Source: National Clearinghouse for Alcohol and Drug Information

Written for young adults to help them say "no" to alcohol use. Explains what alcohol can do to behavior and reaction time; what the legal consequences are of driving and drinking; and how to get help.

### **\*THIS IS A DUMB BUNNY**

Poster, 16" x 21", color, n.d.  
Price: Single copy free  
Producer: Centers for Disease Control  
Source: Office on Smoking and Health

Pictures a bunny smoking a cigarette.

### **TREATMENT SERVICES FOR ADOLESCENT SUBSTANCE ABUSERS**

242 pp., 1985  
Publication No. 017-024-01243-2  
Price: \$8.50  
Producer: National Institute on Drug Abuse  
Source: Government Printing Office

Intended to serve as a guide for those who are currently involved or who plan to become involved in the treatment of adolescent substance abusers. Not a how-to-do-it treatment manual, but most chapters present detailed procedures for implementing program activities or descriptions of intervention methods and treatment techniques.

## **USE OF ALCOHOL BY AMERICA'S HIGH SCHOOL STUDENTS, 1975-1984**

2 pp., 1985

Publication No. MS322

Price: Single copy free

Producer: National Institute on Alcohol Abuse and Alcoholism

Source: National Clearinghouse for Alcohol and Drug Information

Presents data from a published NIDA report on drug use and related attitudes among American high school seniors.

## **\*WHAT YOU DON'T KNOW WILL HURT YOU: A GUIDE TO SMOKING AND YOUR HEALTH**

2 pp., 1983

Publication No. (PHS) 83-50197

Price: Single copy free

Producer: Public Health Service

Source: Office on Smoking and Health

A fact-filled guide on how smoking cigarettes will affect your health.

## **\*WHY PEOPLE SMOKE CIGARETTES**

5 pp., 1984

Publication No. (PHS) 83-50195

Price: Single copy free

Producer: Public Health Service

Source: Office on Smoking and Health

Explains addiction to nicotine and discusses quitting smoking.

## **YOUTH, ALCOHOL, AND TRAFFIC ACCIDENTS**

27 pp., 1982

Publication No. RPO528

Price: Single copy free

Producer: National Institute on Alcohol Abuse and Alcoholism

Source: National Clearinghouse for Alcohol and Drug Information

Summarizes current knowledge of alcohol-related traffic accidents among youth. Includes recommendations for development and evaluation of prevention activities.

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## NUTRITION

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### GENERAL

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#### \*ALIMENTACION Y SALUD GUIA PARA SU DIETA (Spanish)

24 pp., 1985  
Publication No. H07  
Price: Single copy free  
Producer: Department of Agriculture  
Source: National Maternal and Child Health  
Clearinghouse

"Nutrition and Your Health: Dietary Guidelines."  
Translation of *Nutrition and Your Health:  
Dietary Guidelines for Americans* (see pg. 71).  
General nutrition guide for consumers.

#### \*BUILDING A BETTER DIET

14 pp., 1979  
Publication No. H46  
Price: Single copy free  
Producer: Food and Nutrition Service  
Source: National Maternal and Child Health  
Clearinghouse

Explains how to use food stamps to buy healthy  
nutritious foods. The four food groups are  
explained with examples of foods in each group.

#### \*CONSERVING THE NUTRITIVE VALUES IN FOODS

11 pp., 1983  
Publication No. Home and Garden Bulletin Number  
90  
Price: \$2.25  
Producer: Human Nutrition Information Service  
Source: Government Printing Office

Identifies some of the important nutrients in foods  
and describes how they are affected by different  
practices of handling and preparation.  
Suggestions are given for conserving the  
nutrients in these foods.

#### COSTING NUTRITION SERVICES: A WORKBOOK

52 pp., 1985  
Publication No. H20  
Price: Single copy free  
Producer: University of Minnesota and Department  
of Health and Human Services  
Source: National Maternal and Child Health  
Clearinghouse

A guide for nutritionists to help them identify the  
costs of nutrition services.

#### DEMYSTIFYING DATA: USE IN STATE & LOCAL PUBLIC HEALTH NUTRITION PROGRAMS - 1990 HEALTH PREVENTION OBJECTIVES

246 pp., 1985  
Publication No. H30  
Price: Single copy free  
Producer: University of North Carolina at Chapel Hill  
and Division of Maternal and Child Health  
Source: National Maternal and Child Health  
Clearinghouse

Conference proceedings focused on identification  
of national data and data resources, how  
resources are used, limitations in public health  
nutrition program development, funding sources  
for public health nutrition services, and  
enhancement of program development by  
networking with other professionals working in  
the field of nutrition.

### **\*FAMILY FARE: A GUIDE TO GOOD NUTRITION**

91 pp., 1978  
Publication No. Home and Garden Bulletin Number 1  
Price: \$5.50  
Producer: Consumer and Food Economics Institute  
Source: Government Printing Office

Discusses the importance of a well-balanced diet and provides information on the four food groups, the different nutrients people need, how to shop for quality foods, ingredients and measurements, and a variety of nutritionally balanced recipes.

### **\*IS YOUR DRINKING WATER SAFE?**

9 pp., 1985  
Publication No. 170 35-61-OPA  
Price: Single copy free  
Producer: Environmental Protection Agency  
Source: Same

Discusses the growing problems with water contamination in the United States and how it may affect the health of Americans.

### **NUTRITION**

38 pp., 1983 (Reprint)  
Publication No. (NIH) 82-2304  
Price: Single copy free  
Producer: National Institute of Child Health and Human Development  
Source: Same

Covers objectives in nutrition research, current state of knowledge needs, opportunities for research, and priorities and recommendations. Reprinted from a chapter in *Child Health and Human Development - An Evaluation and Assessment of the State of the Science*.

### **\*NUTRITION AND YOUR HEALTH: DIETARY GUIDELINES FOR AMERICANS**

24 pp., 1985  
Publication No. H03  
Price: Single copy free  
Producer: U.S. Department of Agriculture  
Source: National Maternal and Child Health Clearinghouse

Seven dietary guidelines based on the latest nutrition research. Includes charts on desirable body weights and calorie expenditures for various exercises.

### **\*NUTRITION LABELING: TOOLS FOR ITS USE**

57 pp., 1975  
Publication No. Agriculture Information Bulletin No. 382  
Price: \$4.75  
Producer: Department of Agriculture  
Source: Government Printing Office

Designed to help people use the nutrition information on food labels to check and improve their diets. Deals only with nutrients manufacturers must show on a nutrition information panel.

### **\*NUTRITION LABELS AND U.S. RDA**

2 pp., 1981  
Publication No. (FDA) 81-2146  
Price: Single copy free  
Producer: Food and Drug Administration  
Source: Same

Explains how to use the U.S. Recommended Daily Allowances to determine the amounts of vitamins and minerals a person needs and how to read nutrition labels to find the RDA percentages in foods. A chart gives the RDAs for infants, children, adults, and pregnant or lactating women.

### **\*NUTRITION PUBLICATIONS FOR CONSUMERS: A SELECTED ANNOTATED BIBLIOGRAPHY**

4 pp., 1985  
Price: Single copy free  
Producer: Office of Disease Prevention and Health Promotion/Health Information Center  
Source: Same

Contains descriptions of over three dozen nutrition publications for consumers.

\* publications for consumers  
See page 115 for ordering information

## **\*NUTRITIVE VALUE OF FOODS**

72 pp., 1985  
Publication No. 178P  
Price: \$2.75  
Producer: Food and Nutrition Information Center  
Source: Consumer Information Center

A collection of tables giving the nutritive values of more than 900 common foods.

## **\*PATHFINDERS**

Series, 1985  
Price: Single copy free  
Producer: Food and Nutrition Information Center  
Source: Same

Pathfinders are bibliographies designed to give guidance during the initial stages of a search for information on resources on a particular nutrition topic. Resources include print and audiovisual materials as well as contacts for assistance. Examples of topics covered include nutrition during adolescence, nutrition for pregnancy, and nutrition for infants and toddlers.

## **\*PLEASE PASS THAT WOMAN SOME MORE CALCIUM AND IRON**

6 pp., 1984  
Publication No. 522P  
Price: Single copy free  
Producer: Food and Drug Administration  
Source: Consumer Information Center

Explains why a diet rich in calcium and iron is important to a woman's health.

## **SKIM MILK IN INFANT FEEDING**

5 pp., 1977  
Publication No. H08  
Price: Single copy free  
Producer: Bureau of Community Health Services  
Source: National Maternal and Child Health Clearinghouse

Discussion of the inadequacy of skim milk for infants.

## **\*THE SODIUM CONTENT OF YOUR FOOD**

43 pp., 1983  
Publication No. Home and Garden Bulletin Number 233  
Price: \$2.25  
Producer: Human Nutrition Information Service  
Source: Government Printing Office

A list of commonly eaten foods indicating the sodium content of a given portion. Also gives a brief explanation of how the body uses sodium, and discusses normal requirements for sodium in the diet.

## **\*VITAMINS**

3 pp., 1985  
Price: Single copy free  
Producer: Office of Disease Prevention and Health Promotion/Health Information Center  
Source: Same

Guides consumers to pamphlets and books that can help answer questions and clear up misunderstandings about vitamins.

## **\*WEIGHT CONTROL**

2 pp., 1984  
Price: Single copy free  
Producer: Office of Disease Prevention and Health Promotion/Health Information Center  
Source: Same

Cites publications on weight control, nutrition, exercises and diets.

## BREASTFEEDING

### **\*ALIMENTE A SU BEBE CON CARINO (Spanish)**

Card, n.d.  
Publication No. HM13  
Price: Single copy free  
Producer: U.S. Department of Health and Human Services  
Source: National Maternal and Child Health Clearinghouse

"Feed Your Baby With Love." Index card with photo on one side and text on the other about the importance of breastfeeding.

### **\*ALIMENTE A SU BEBE CON CARINO (Spanish)**

Poster 17" x 22", n.d.  
Publication No. HM04  
Price: Single copy free  
Producer: U.S. Department of Health and Human Services  
Source: National Maternal and Child Health Clearinghouse

"Feed Your Baby With Love. Every day more women breastfeed their babies." Poster.

### **\*ALL ABOUT EATING FOR TWO**

4 pp., 1984  
Publication No. (FDA) 84-2183  
Price: Single copy free  
Producer: Food and Drug Administration  
Source: Same

Discusses how pregnancy and lactation affect a woman's nutritional needs.

### **THE ART AND SCIENCE OF BREASTFEEDING**

73 pp., 1986  
Price: Slides \$50; Manual \$5  
Producer: The Steering Committee to Promote Breastfeeding in New York City  
Source: National Center for Education in Maternal and Child Health

Developed as an aid in teaching health care professionals about lactation. Includes a curriculum outline and 140 slides.

### **\*BREASTFEEDING**

22 pp., 1980 (Revised)  
Publication No. B30  
Price: Single copy free  
Producer: Health Services Administration  
Source: National Maternal and Child Health Clearinghouse

Written for parents, this booklet discusses the positive reasons for breastfeeding, how to get started, weaning, other special considerations, and how to get help. A nutrition section for breastfeeding women is included.

### **FOLLOW-UP REPORT: THE SURGEON GENERAL'S WORKSHOP ON BREASTFEEDING AND HUMAN LACTATION**

46 pp., 1985  
Publication No. B03  
Price: Single copy free  
Producer: Division of Maternal and Child Health  
Source: National Maternal and Child Health Clearinghouse

Documents the efforts that came as a result of the Surgeon General's workshop on breastfeeding and human lactation.

\* publications for consumers  
See page 115 for ordering information



## **PROMOTING BREASTFEEDING: A GUIDE FOR HEALTH PROFESSIONALS IN THE WIC AND CSF PROGRAMS**

52 pp., 1984  
Publication No. Q06  
Price: Single copy free  
Producer: Food and Nutrition Service  
Source: National Maternal and Child Health Clearinghouse

Designed to provide a variety of ideas and successful approaches to help health care providers be more effective in their efforts to promote breastfeeding among low-income women.

## **REPORT OF THE SURGEON GENERAL'S WORKSHOP ON BREASTFEEDING AND HUMAN LACTATION**

93 pp., 1984  
Publication No. B50  
Price: Single copy free  
Producer: Division of Maternal and Child Health  
Source: National Maternal and Child Health Clearinghouse

A compilation of presentations made at the Surgeon General's Workshop. Goals of the workshops included reviewing past efforts, assessing the state of the art, determining remaining challenges, and strategies to achieve the 1990 Objective.

## **SELECTED BIBLIOGRAPHY ON HUMAN MILK AND BREASTFEEDING**

8 pp., 1983  
Price: Single copy free  
Producer: National Institute of Child Health and Human Development  
Source: Same

A bibliography of journal articles, books, and comprehensive reports on various aspects of infant feeding with an emphasis on breastfeeding.

## **SYMPOSIUM ON HUMAN LACTATION**

130 pp., 1979  
Publication No. B79  
Price: Single copy free  
Producer: Division of Maternal and Child Health  
Source: National Maternal and Child Health Clearinghouse

Gives a comprehensive overview of the field of human lactation. Information presented provides a base from which clinical skill in the management and support of breastfeeding can develop.

## **CHILD/ADOLESCENT NUTRITION**

### **EXAMENES DE NUTRICION PARA NINOS (Spanish)**

8 pp., 1981  
Publication No. H13  
Price: Single copy free  
Producer: Bureau of Community Health Services  
Source: National Maternal and Child Health Clearinghouse

"Nutrition Exams for Babies." General information on child health and nutrition.

### **\*FACTS ABOUT ANOREXIA NERVOSA**

7 pp., 1984  
Publication No. 430P  
Price: \$.50  
Producer: National Institute of Child Health and Human Development  
Source: Consumer Information Center

Describes symptoms, causes, and treatments of this potentially fatal eating disorder; sources for more information and assistance are listed.

\* publications for consumer

See page 115 for ordering information



### **\*GOOD NUTRITION FOR THE HIGHCHAIR SET**

4 pp., 1985 (Reprint)  
Publication No. (FDA) 86-2208  
Price: Single copy free  
Producer: Food and Drug Administration  
Source: Same

Provides the recommended dietary allowances of infants and discusses when to introduce solid food in a baby's diet. Reprinted from September 1985 *FDA Consumer*.

### **IRON NUTRITION IN ADOLESCENCE**

10 pp., 1976  
Publication No. B53  
Price: Single copy free  
Producer: Bureau of Community Health Services  
Source: National Maternal and Child Health Clearinghouse

Provides information about iron metabolism and factors influencing iron balance as well as recommended iron intake levels.

### **NUTRITIONAL DISORDERS OF CHILDREN: PREVENTION, SCREENING, AND FOLLOW-UP**

123 pp., 1977  
Publication No. H04  
Price: Single copy free  
Producer: Bureau of Community Health Services  
Source: National Maternal and Child Health Clearinghouse

Addressed to health care providers who serve the needs of children. Includes sample questionnaires and evaluation tools and has chapters on preventing obesity, atherosclerosis, dental caries and iron deficiency.

### **RECOMMENDATIONS FOR FEEDING NORMAL INFANTS**

8 pp., 1979  
Publication No. B72  
Price: Single copy free  
Producer: Bureau of Community Health Services  
Source: National Maternal and Child Health Clearinghouse

Contains technical guidance for health care providers about breastfeeding, infant formula, foods, and fluoride before and after six months of age.

### **WEIGHING AND MEASURING CHILDREN: A TRAINING MANUAL FOR SUPERVISORY PERSONNEL**

12 pp., 1980  
Price: Single copy free  
Producer: Centers for Disease Control, Center for Health Promotion and Education  
Source: Same

Describes accepted methods and procedures for weighing and measuring infants and children and presents a formalized program to train health care providers in these procedures. The intent is to promote uniform methods and procedures for nutritional status monitoring to ensure accuracy and precision.

### **\*WHAT'S TO EAT? AND OTHER QUESTIONS KIDS ASK ABOUT FOOD (YEARBOOK OF AGRICULTURE, 1979)**

144 pp., 1980  
Publication No. 001-000-04041-3  
Price: \$8.50  
Producer: Department of Agriculture  
Source: Government Printing Office

Designed and written especially for children in the 8 to 13 age group. Generously illustrated in color and filled with stories, games, jokes, craft projects, recipes, and fun facts about food and good nutrition.

\* publications for consumers  
See page 115 for ordering information

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## HIGH RISK INFANTS

### \*CARING ABOUT KIDS . . . PRE-TERM BABIES

14 pp., 1980  
Publication No. (ADM) 80-972  
Price: Single copy free  
Producer: National Institute of Mental Health  
Source: Same

Defines "pre-term baby," and discusses the causes, technological advances in care, stresses to parents and other family and friends, and suggestions to parents about care and nurturing of the pre-term infant.

### CONGENITAL MALFORMATION SURVEILLANCE

43 pp., September 1985  
Price: Single copy free  
Producer: Centers for Disease Control, Birth Defects Branch  
Source: Same

Summarizes data concerning infants with congenital malformations as ascertained by four surveillance programs. Data are collected through use of hospital reporting systems to identify newborn infants with malformations. Includes lists of malformations by geographic area and information on trends.

### \*FACTS ABOUT NEONATAL RESPIRATORY DISTRESS SYNDROME

2 pp., n.d.  
Price: Single copy free  
Producer: National Heart, Lung, and Blood Institute  
Source: Same

Consumer fact sheet on RDS including its causes, signs, complications, and treatment.

### \*FACTS ABOUT PREMATURE BIRTH

9 pp., 1983 (Reprint)  
Price: Single copy free  
Producer: National Institute of Child Health and Human Development  
Source: Same

Covers research over the past 20 years to reduce the number of premature births. Identifies high risk pregnancies, diagnosis and treatment of low birth weight infants, technological advances, and future areas of research. Reprint of an article in the February/March 1983 issue of *Genesis* magazine.

### KEEPING TRACK: TRACKING SYSTEMS FOR HIGH RISK INFANTS AND YOUNG CHILDREN

94 pp., 1984  
Publication No. T52  
Price: Single copy free  
Producer: National Center for Clinical Infant Programs  
Source: National Maternal Child Health Clearinghouse

A summary of a meeting on tracking systems for children ages 0-3 years including discussion of realistic goals, criteria to include a child in a system, criteria for discharging a child, requirements for optimal tracking procedures, who should be responsible, and the role of the parents.

### \*LITTLE BABIES BORN TOO SOON, TOO SMALL

20 pp., 1977  
Publication No. (NIH) 77-1079  
Price: Single copy free  
Producer: National Institute of Child Health and Human Development  
Source: Same

Explains the health problems that low birth weight babies can have. Discusses preventive measures and research.

## **PROGRAM EVALUATION: ISSUES, STRATEGIES AND MODELS**

20 pp., 1986

Publication No. T55

Price: Single copy free

Producer: National Center for Clinical Infant  
Programs

Source: National Maternal and Child Health  
Clearinghouse

Summarizes discussion among the local service providers, State agency administrators, and researchers who participated in a meeting that focused on program evaluation of services for disabled and at-risk infants, toddlers, and their families.

## **WARNING SIGNALS - BASIC CRITERIA FOR TRACKING AT-RISK INFANTS AND TODDLERS**

12 pp., 1986

Publication No. T75

Price: Single copy free

Producer: National Center for Clinical Infant  
Programs

Source: National Maternal and Child Health  
Clearinghouse

Outlines useful criteria for selecting infants and toddlers for inclusion in tracking systems designed to follow children at risk for impaired development.

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## HEALTH INFORMATION

### \*ELECTRONIC BULLETIN BOARDS FOR HEALTH INFORMATION

4 pp., 1985  
Price: Single copy free  
Producer: Office of Disease Prevention and Health  
Promotion/Health Information Center  
Source: Same

Provides a guide to online message systems devoted to health topics.

### \*HEALTH FAIRS

2 pp., 1984  
Publication No. (GPO) 910-783  
Price: Single copy free  
Producer: Office of Disease Prevention and Health  
Promotion/Health Information Center  
Source: Same

Lists guides on how to hold a health fair and articles that discuss the effectiveness of health fairs in achieving health promotion objectives.

### \*HEALTH PROMOTION SOFTWARE

14 pp., 1984  
Price: Single copy free  
Producer: Office of Disease Prevention and Health  
Promotion/Health Information Center  
Source: Same

Describes microcomputer software on health topics. Includes ordering information.

### \*HEALTH STATISTICS

5 pp., 1985  
Price: Single copy free  
Producer: Office of Disease Prevention and Health  
Promotion/Health Information Center  
Source: Same

Guides consumers in locating resources for gathering national health statistics.

### \*MEDICATIONS

4 pp., 1986  
Price: Single copy free  
Producer: Office of Disease Prevention and Health  
Promotion/Health Information Center  
Source: Same

Guides consumers and health professionals in finding sources of information on prescription and nonprescription medications.

### \*NATIONAL TOLL-FREE NUMBERS

2 pp., 1986  
Price: Single copy free  
Producer: National Information Center for  
Handicapped Children and Youth  
Source: Same

Lists national organizations and their toll-free numbers for health information.

### \*TOLL-FREE NUMBERS FOR HEALTH INFORMATION

4 pp., 1986  
Price: Single copy free  
Producer: Office of Disease Prevention and Health  
Promotion/Health Information Center  
Source: Same

Lists and describes toll-free telephone services that provide access to health information.

\* publications for consumers

See page 115 for ordering information

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## DISORDERS AND DISABLING CONDITIONS

### ALLERGIC DISORDERS

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#### **LIVING WITH ASTHMA: MANUAL FOR TEACHING PARENTS THE SELF-MANAGEMENT OF CHILDHOOD ASTHMA**

750 pp., 1986  
Publication No. (NIH) 86-2364; GPO Stock No. 017-44-00053-2  
Price: \$40 for the two volume set  
Producer: National Heart, Lung, and Blood Institute  
Source: Government Printing Office

Eight sessions for children 8-13 and their parents. Teaches children the basics of asthma management in a series of lively and "fun" sessions. Games and stories teach observation, detection, and remembering skills necessary for preventing attacks. Illustrated notebooks and clever jingles help with basic information and attack management steps.

#### **\*OPEN AIRWAYS/RESPIRO ABIERTO: ASTHMA SELF-MANAGEMENT PROGRAM (Spanish/English)**

454 pp., 1984  
Publication No. (NIH) 84-2365; GPO Stock No. 017-044-0047-8  
Price: \$25  
Producer: National Heart, Lung, and Blood Institute  
Source: Government Printing Office

Seven sessions for inner city children 4-12 and their parents; designed for low-income, low-education families. Designed to develop decision-making and social skills for asthma management.

### CANCER

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#### **\*ADJUVANT CHEMOTHERAPY: A BREAST CANCER FACT SHEET**

3 pp., 1984  
Price: Single copy free  
Producer: National Cancer Institute  
Source: Same

Describes the drugs, treatment plan, side effects, and outlook for breast cancer patients receiving this form of treatment.

#### **\*AFTER BREAST CANCER: A GUIDE TO FOLLOW-UP CARE**

11 pp., 1984  
Publication No. 84-2000  
Price: Single copy free  
Producer: National Cancer Institute  
Source: Same

This booklet is for the woman who has completed treatment; explains the importance of continuing breast self-examination, regular physical exams, possible signs of recurrence, and managing the physical and emotional side effects of having had breast cancer.

#### **\*BREAST BIOPSY: WHAT YOU SHOULD KNOW**

11 pp., 1984  
Publication No. (NIH) 84-657  
Price: Single copy free  
Producer: National Cancer Institute  
Source: Same

Discusses the one and two step biopsy procedures, what to expect in the hospital, awaiting the diagnosis, and coping with the possibility of breast cancer.

\* publications for consumers  
See page 115 for ordering information

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## **\*THE BREAST CANCER DIGEST: A GUIDE TO MEDICAL CARE, EMOTIONAL SUPPORT, EDUCATIONAL PROGRAMS AND RESOURCES**

165 pp., 1982  
Price: Single copy free  
Producer: National Cancer Institute  
Source: Same

A handbook for health professionals organizing breast cancer education programs. Provides background information on genesis, detection, diagnosis, treatment, rehabilitation, psychosocial impact, and resources for patients and families.

## **\*BREAST CANCER: UNDERSTANDING TREATMENT OPTIONS**

19 pp., 1984  
Publication No. (NIH) 85-2675  
Price: Single copy free  
Producer: National Cancer Institute  
Source: Same

Discusses the differences between treatment options available to women diagnosed as having breast cancer. Gives drawings with explanations.

## **\*BREAST CANCER: WE'RE MAKING PROGRESS EVERY DAY**

12 pp., 1983  
Price: Single copy free  
Publication No. (NIH) 83-2409  
Producer: National Cancer Institute  
Source: Same

Summarizes current information about breast cancer. Includes risks and signs of the disease; mammography, biopsy, and treatment options; breast reconstruction; and rehabilitation. Includes illustrated guide for breast self-examination and the toll-free Cancer Information Service telephone number. (Revised version of *Progress Against Breast Cancer: What You Can Do About It*)

## **\*BREAST EXAMS: WHAT YOU SHOULD KNOW (Spanish/English)**

14 pp., 1984  
Publication No. (NIH) 85-2000 (English); (NIH) 82-2138 (Spanish)  
Price: Single copy free  
Producer: National Cancer Institute  
Source: Same

Provides answers to questions about breast cancer screening methods, including medical history, breast self-examination, X-ray mammography, and future technologies. Includes instructions for breast self-examination.

## **\*BREAST RECONSTRUCTION: A MATTER OF CHOICE**

19 pp., 1986  
Publication No. (NIH) 86-2151  
Price: Single copy free  
Producer: National Cancer Institute  
Source: Same

Answers some of the questions women ask regarding breast reconstruction following surgery to remove cancerous tissue in the breast. Provides drawings and descriptions of the different reconstructive techniques.

## **\*DID YOU AS A CHILD OR A YOUNG ADULT HAVE X-RAY TREATMENTS INVOLVING YOUR HEAD OR NECK?**

6 pp., 1977  
Publication No. (NIH) 77-1206  
Price: Single copy free  
Producer: National Cancer Institute  
Source: Same

Discusses the link between X-ray exposure to the head and neck and the possible development of thyroid tumors years later. Recommended examination and treatment for thyroid tumors are discussed.

## **\*DIET AND NUTRITION: A RESOURCE FOR PARENTS OF CHILDREN WITH CANCER**

57 pp., 1982  
Publication No. 82-2038  
Price: Single copy free  
Producer: National Cancer Institute  
Source: Same

Contains information about the importance of nutrition, side effects of cancer and cancer treatment, ways to encourage the child to eat, and special diets.

\* publications for consumer  
See page 115 for ordering information

## **A GUIDE FOR DEVELOPING PUBLIC EDUCATION ON BREAST CANCER**

26 pp., 1984  
Publication No. (NIH) 82-2740  
Price: Single copy free  
Producer: National Cancer Institute  
Source: Same

Synthesizes the most current data available on public knowledge, attitudes, and behavior related to breast cancer; addresses the implications of these data for public information, program planning; and provides recommendations for program objectives, target audiences, and communication strategies.

### **\*HELP YOURSELF: TIPS FOR TEENAGERS WITH CANCER (BOOKLET)**

36 pp., 1983  
Publication No. 83-2211  
Price: Single copy free  
Producer: National Cancer Institute  
Source: Same

Provides information and support to adolescents with cancer. Issues addressed include friends, school attendance, and body image. May be used in conjunction with audiotape (see below).

### **\*HELP YOURSELF: TIPS FOR TEENAGERS WITH CANCER (TAPE)**

Audiotape, 40 min., r.d.  
Price: Single copy free  
Producer: National Cancer Institute  
Source: Same

Includes four radioplay-style stories entitled "The Day They Told You," "Your Family," "Your Treatment," and "Your Friends." Designed to provide information and support for adolescents with cancer. May be used in conjunction with booklet (see above).

### **\*LA PRUEBA PAP: UN METODO PARA EL DIAGNOSTICO DEL CANCER DE LA CERVIZ (Spanish)**

11 pp., 1985  
Publication No. (NIH) 85-2694  
Price: Single copy free  
Producer: National Cancer Institute  
Source: Same

"The Pap Test: A Method of Diagnosing Cancer of the Cervix." Answers questions about the "Pap" examination, including how often it should be done, significance of results and other diagnostic tests and treatments.

### **\*MASTECTOMY: A TREATMENT FOR BREAST CANCER**

24 pp., 1985  
Publication No. (NIH) 85-658  
Price: Single copy free  
Producer: National Cancer Institute  
Source: Same

This booklet presents information about the different types of breast surgery, what to expect in the hospital and during the recovery period, and coping with having breast surgery. Breast self-examination for mastectomy patients is also described.

### **THE NEEDS OF CHILDREN WITH CANCER: A COMPREHENSIVE VIEW**

26 pp., 1983  
Publication No. X101  
Price: Single copy free  
Producer: University of Iowa and Division of Maternal and Child Health  
Source: National Maternal and Child Health Clearinghouse

Intended for professionals involved in the planning, promotion and delivery of services to children with cancer. Describes service needs and explains how services are coordinated and provided.

### **\*QUESTIONS AND ANSWERS ABOUT BREAST LUMPS**

14 pp., 1983  
Publication No. (NIH) 85-2401  
Price: Single copy free  
Producer: National Cancer Institute  
Source: Same

Describes some of the most common noncancerous breast lumps and what can be done about them. Includes instructions for breast self-examination, a glossary of terms, and the toll-free Cancer Information Service telephone number.

\* publications for consumers  
See page 115 for ordering information



### **\*RADIATION THERAPY: A TREATMENT FOR EARLY STAGE BREAST CANCER**

20 pp., 1985  
Publication No. (NIH) 85-659  
Price: Single copy free  
Producer: National Cancer Institute  
Source: Same

Discusses the treatment steps (lymph node surgery and radiation therapy), possible side effects, precautions to take after treatment, and emotional adjustment to having breast cancer.

### **RESEARCH REPORTS - CANCER OF THE UTERUS**

14 pp., 1984  
Publication No. 84-171  
Price: Single copy free  
Producer: National Cancer Institute  
Source: Same

In-depth report covering current research in the cause and prevention, symptoms, detection, diagnosis, and treatment of cancer of the uterus.

### **STUDENTS WITH CANCER: A RESOURCE FOR THE EDUCATOR**

24 pp., 1984  
Publication No. 84-2086  
Price: Single copy free  
Producers: National Cancer Institute; Washington, DC Metropolitan Candlelighters; and the Department of Hematology - Oncology at the University of Kansas Medical Center  
Source: National Cancer Institute

Designed for teachers who have students with cancer in their classrooms or schools. It includes explanations of cancer, its treatment and effects, and guidelines for the young person's re-entry to school and for dealing with terminally ill students. Bibliographies are included for both educators and young people.

### **\*TALKING WITH YOUR CHILD ABOUT CANCER**

11 pp., 1986  
Publication No. 86-2761  
Price: Single copy free  
Producer: National Cancer Institute  
Source: Same

Designed for the parent whose child has been recently diagnosed with cancer. Addresses the health-related concerns of young people of different ages and suggests ways to discuss disease-related issues.

### **\*WHAT YOU NEED TO KNOW ABOUT CANCER OF THE BREAST**

16 pp., 1985  
Publication No. (NIH) 85-1556  
Price: Single copy free  
Producer: National Cancer Institute  
Source: Same

Designed for cancer patients, this pamphlet discusses symptoms, diagnosis and rehabilitation, emotional issues, and questions to ask the doctor. Includes glossary of terms and Cancer Information Service telephone numbers.

### **\*YOUNG PEOPLE WITH CANCER: A HANDBOOK FOR PARENTS**

93 pp., 1983  
Publication No. (NIH) 83-2375  
Price: Single copy free  
Producer: National Cancer Institute and the National Candlelighters Foundation  
Source: National Cancer Institute

Discusses the most common types of childhood cancer, treatments and side effects, and issues that may arise when a child is diagnosed with cancer. Offers medical information and practical tips gathered from the experience of others. A glossary, bibliography, list of reading materials, and foldout drug chart are included.



## DEVELOPMENTAL DISABILITIES AND COMMUNICATION DISORDERS

### **ASSESSMENT OF THE NATIONAL EFFORT TO COMBAT MENTAL RETARDATION FROM BIOMEDICAL CAUSES: CONFERENCE PROCEEDINGS**

171 pp., 1985  
Price: Single copy free  
Producer: President's Committee on Mental Retardation  
Source: Same

Proceedings of a national conference sponsored by the President's Committee on Mental Retardation (PCMR). The basic purpose of this conference was to discuss the implementation of a plan of action to reduce the incidence and prevalence of mental retardation.

### **\*AUTISM: FACT SHEET (Spanish/English)**

6 pp., 1983 (English); 4 pp., 1980 (Spanish)  
Publication No. (NIH) 83-1877 (English); (NIH) 81-2282 (Spanish)  
Price: Single copy free  
Producer: National Institute of Neurological and Communicative Disorders and Stroke  
Source: Same

Presents information about autism, a severely incapacitating, lifelong developmental disability that usually appears in the first 3 years of life. Chemical exposure in pregnancy and perinatal viral infections are among the potential causes.

### **\*CARING ABOUT KIDS: DYSLEXIA**

9 pp., 1984  
Publication No. (ADM) 84-616  
Price: Single copy free  
Producer: National Institute of Mental Health  
Source: Same

Describes the frequently associated behavior characteristics seen in persons identified as dyslexic; discusses situations that often arise when there is a dyslexic child in the family; mentions special situations educators must consider; and lists places to get additional information and assistance.

### **\*CARING ABOUT KIDS: HELPING THE HYPERACTIVE CHILD**

9 pp., 1985  
Publication No. (ADM) 85-0561  
Price: Single copy free  
Producer: National Institute of Mental Health  
Source: Same

Defines hyperactivity, and briefly discusses the causes, treatment and future outlook for advances in understanding the problem. Sources of additional information are included.

### **\*CHILDHOOD HYPERACTIVITY**

16 pp., 1984 (Reprint)  
Price: Single copy free  
Producer: National Institute of Child Health and Human Development  
Source: Same

Discusses causes and treatments of hyperactivity and provides additional information sources.

### **CLINICAL PROGRAMS FOR MENTALLY RETARDED CHILDREN**

34 pp., 1985  
Publication No. B34  
Price: Single copy free  
Producer: Division of Maternal and Child Health  
Source: National Maternal and Child Health Clearinghouse

Lists outpatient medical facilities that offer evaluation, treatment, and follow-up services primarily to children suspected of or diagnosed as being mentally retarded.

\* publications for consumers  
See page 115 for ordering information

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### **\*FACTS ABOUT DOWN SYNDROME**

16 pp., 1984  
Price: Single copy free  
Producer: National Institute of Child Health and Human Development  
Source: Same

Describes the genetic and physical aspects of infants affected by Down syndrome and discusses the health and developmental problems they may face throughout their early years, adolescence, and into adulthood. Also lists volunteer resource agencies.

### **GUIDELINES FOR PURCHASE OF SERVICES AND ASSISTIVE DEVICES FOR INDIVIDUALS WITH COMMUNICATION DISORDERS**

19 pp., 1985  
Publication No. T59  
Price: Single copy free  
Producer: The Oregon Health Sciences University and the Office for Civil Rights, Department of Health and Human Services  
Source: National Maternal and Child Health Clearinghouse

Provides information on needs assessment, delivery of services, quality assurance, provision of assistive devices, and funding.

### **\*HEARING LOSS: HOPE THROUGH RESEARCH**

40 pp., 1982  
Publication No. (NIH) 82-157  
Price: Single copy free  
Producer: National Institute of Neurological and Communicative Disorders and Stroke  
Source: Same

Covers the causes of hearing loss in infants, including genetic and congenital abnormalities, maternal virus infections, drug damage, and labor and delivery problems. The importance of early diagnosis and treatment of hearing loss in very young children is emphasized.

### **MENTAL RETARDATION AND DEVELOPMENTAL DISABILITIES**

137 pp., 1986  
Price: Single copy free  
Producer: National Institute of Child Health and Human Development  
Source: Same

This is an updating and expansion of a portion of the NICHD Research Plan published in 1981 that addresses research issues in the area of mental retardation.

### **\*PLAIN TALK ABOUT CHILDREN WITH LEARNING DISABILITIES**

6 pp., 1980  
Publication No. (ADM) 80-825  
Price: Single copy free  
Producer: National Institute of Mental Health  
Source: Same

Why many children have trouble learning, how these children behave, ways parents can help, and sources of assistance.

### **PRESIDENT'S COMMITTEE ON MENTAL RETARDATION: A HISTORICAL REVIEW 1966-1986**

35 pp., 1986  
Price: Single copy free  
Producer: President's Committee on Mental Retardation  
Source: Same

A historical account of this committee's conception and services over the past 20 years.

### **\*THE PROBLEM OF MENTAL RETARDATION**

21 pp., 1979  
Publication No. (OHDS) 79-21021  
Price: Single copy free  
Producer: President's Committee on Mental Retardation  
Source: Same

Designed as a basic introduction to mental retardation and an overview of the problems related to it. Mental retardation is defined, ways in which the patient can be helped are given, and the causes and the future of the problem are discussed.

## **REPORT TO THE PRESIDENT - MENTAL RETARDATION: PLANS FOR THE FUTURE**

26 pp., 1985  
Price: Single copy free  
Producer: President's Committee on Mental Retardation  
Source: Same

Describes the ways the committee (PCMR) has historically engaged in collaborative activities with other Federal agencies, national constituency organizations, private sector groups, and individuals.

## **REPORT TO THE PRESIDENT - MENTAL RETARDATION: PREVENTION STRATEGIES THAT WORK**

48 pp., 1980  
Publication No. (OHDS) 80-21029  
Price: Single copy free  
Producer: President's Committee on Mental Retardation  
Source: Same

Highlights the fact that of the more than 200 known causes of mental retardation more than 50 percent are preventable. Cites Committee findings that a significantly larger percentage of mental retardation resulting from environmental influences, including socio-cultural disadvantages, are preventable. Presents Committee conclusions resulting from an intensive study of the strategies known to be successful in preventing mental retardation, and describes "representative models" of programs and projects implementing such strategies.

## **\*STUTTERING: HOPE THROUGH RESEARCH**

16 pp., 1981  
Publication No. (NIH) 81-2250  
Price: Single copy free  
Producer: National Institute of Neurological and Communicative Disorders and Stroke  
Source: Same

Describes stuttering behavior, new research being done to determine its cause and treatment methods, and where to go for treatment.

## **\*WHAT EVERY PARENT SHOULD KNOW ABOUT LEARNING DISABILITIES**

15 pp., 1985  
Price: Single copy free  
Producer: National Information Center for Handicapped Children and Youth  
Source: Same

Describes the causes and characteristics of learning disabilities; how parents can be involved in helping their learning disabled child; and what special help is available for children with learning disabilities.

## **\*WHAT EVERY PARENT SHOULD KNOW ABOUT READING DISORDERS**

15 pp., 1983  
Price: Single copy free  
Producer: National Information Center for Handicapped Children and Youth  
Source: Same

Discusses reading problems including the frequency of reading disorders among school-aged children and characteristics of children with potential reading problems. Describes diagnosis and treatment.

## **GASTROINTESTINAL DISORDERS**

### **\*BIBLIOGRAPHY OF DIGESTIVE DISEASES: PATIENT EDUCATION PUBLICATIONS**

4 pp., 1985  
Price: Single copy free  
Producer: National Institute of Diabetes and Digestive and Kidney Diseases  
Source: National Digestive Diseases Information Clearinghouse

Bibliographic information on resources in the public and private sectors regarding digestive diseases.

\* publications for consumers  
See page 115 for ordering information

### **\*DIRECTORY OF DIGESTIVE DISEASES ORGANIZATIONS: LAY AND VOLUNTARY**

6 pp., n.d.

Price: Single copy free

Producer: National Institute of Diabetes and  
Digestive and Kidney Diseases

Source: National Digestive Diseases Information  
Clearinghouse

Lists lay organizations that deal with digestive diseases.

### **DIRECTORY OF DIGESTIVE DISEASES ORGANIZATIONS: PROFESSIONAL**

4 pp., n.d.

Price: Single copy free

Producer: National Institute of Diabetes and  
Digestive and Kidney Diseases

Source: National Digestive Diseases Information  
Clearinghouse

Lists professional organizations that deal with digestive diseases.

### **\*LACTOSE INTOLERANCE**

4 pp., 1987

Price: Single copy free

Producer: National Institute of Diabetes and  
Digestive and Kidney Diseases

Source: National Digestive Diseases Information  
Clearinghouse

Covers the symptoms of lactose intolerance, including a pictorial description. Offers treatment suggestions.

### **\*YOUR DIGESTIVE SYSTEM AND HOW IT WORKS**

3 pp., 1986

Publication No. (NIH) 86-2681

Price: Single copy free

Producer: National Institute of Diabetes and Digestive  
and Kidney Diseases

Source: National Digestive Diseases Information  
Clearinghouse

Describes the digestive system, the importance of digestion, how food is digested, and how the digestive process is controlled.

## **HEMATOLOGIC DISORDERS**

### **\*COMPREHENSIVE CARE OF HEMOPHILIA**

17 pp., 1980

Publication No. B35

Price: Single copy free

Producer: Division of Maternal and Child Health

Source: National Maternal and Child Health  
Clearinghouse

Explains the disease and its genetic origin, contemporary treatment methods, home care programs, and prognosis for the future.

### **COOLEY'S ANEMIA: A MEDICAL REVIEW**

50 pp., 1981

Publication No. B87

Price: Single copy free

Producer: Division of Maternal and Child Health

Source: National Maternal and Child Health  
Clearinghouse

Written for the professional, this publication provides a thorough presentation on historical aspects of the illness and the numerous medical/clinical implications for individuals who have the disease.

### **\*COOLEY'S ANEMIA: A PSYCHOSOCIAL DIRECTORY**

62 pp., 1986  
Publication No. B92  
Price: Single copy free  
Producer: National Center for Education in Maternal  
and Child Health  
Source: National Maternal and Child Health  
Clearinghouse

Designed as an aid to patients and their families trying to cope with Cooley's anemia. Includes a description of current knowledge, major problems that occur and how to handle them, and a listing of State agencies and organizations that will assist families in finding resources.

### **\*COOLEY'S ANEMIA: PREVENTION THROUGH TESTING**

4 pp., 1980  
Publication No. 80-2026  
Price: Single copy free  
Producer: National Heart, Lung, and Blood Institute  
Source: Same

Explains how to determine if a person is a carrier of the gene for Cooley's anemia.

### **\*COOLEY'S ANEMIA: PREVENTION THROUGH UNDERSTANDING**

16 pp., 1980  
Publication No. (NIH) 80-1269  
Price: Single copy free  
Producer: National Heart, Lung, and Blood Institute  
Source: Same

Explains what Cooley's anemia is and how it differs from other forms of anemia; discusses treatment, prevention, and research.

### **DIRECTORY OF NATIONAL, FEDERAL, AND LOCAL SICKLE CELL DISEASE PROGRAMS**

39 pp., 1981  
Publication No. (NIH) 81-714  
Price: Single copy free  
Producer: National Heart, Lung, and Blood Institute  
Source: Same

Lists comprehensive sickle cell centers, sickle cell screening and education clinics, national centers for family planning services, VA hospitals, State health departments, and public and private organizations.

### **MANAGEMENT AND THERAPY OF SICKLE CELL DISEASE**

34 pp., 1984  
Publication No. (NIH) 84-2117  
Price: Single copy free  
Producer: National Heart, Lung, and Blood Institute  
Source: Same

Reviews the current management of acute and chronic complications of sickle cell disease as well as approaches for preventive health measures. Targeted for the practicing physician who sees only a few patients with sickle cell disease.

### **\*MID-ATLANTIC REGIONAL COUNSELING PROGRAM FOR COUPLES AT-RISK FOR SICKLE CELL DISEASE AND OTHER HEMOGLOBINOPATHIES**

3 pp., n.d.  
Publication No. X03  
Price: Single copy free  
Producer: Mid-Atlantic Regional Human Genetics  
Network  
Source: National Maternal and Child Health  
Clearinghouse

Describes the program, how couples are identified as at-risk, and the services the program offers.

### **PRENATAL APPROACHES TO THE DIAGNOSIS OF FETAL HEMOGLOBINOPATHIES**

259 pp., 1980  
Publication No. (NIH) 80-1529  
Price: Single copy free  
Producer: National Heart, Lung, and Blood Institute  
Source: Same

Reviews the state-of-the-art in sampling fetal circulation "in utero." Subjects discussed include ethical, legal, psychosocial, and genetic issues in prenatal diagnosis of hemoglobinopathies.

\* publications for consumers  
See page 115 for ordering information

## **PSYCHOLOGICAL AND SOCIAL COMPONENTS OF COMPREHENSIVE CARE FOR PERSONS WITH HEMOPHILIA AND THEIR FAMILIES**

6 pp., 1981  
Publication No. B84  
Price: Single copy free  
Producer: Division of Maternal and Child Health  
Source: National Maternal and Child Health  
Clearinghouse

Provides guidelines for the provision of comprehensive care to persons with hemophilia and their families.

## **SICKLE CELL: A SELECTED RESOURCE BIBLIOGRAPHY**

51 pp., 1985  
Publication No. G17  
Price: Single copy free  
Producer: National Center for Education in Maternal and Child Health  
Source: National Maternal and Child Health  
Clearinghouse

Contains a selected bibliography which lists resources available on a variety of topics, including genetic counseling and prenatal diagnosis.

## **\*SO, I HAVE THE SICKLE CELL TRAIT (Spanish/English)**

16 pp., 1972 (English); 1976 (Spanish)  
Publication No. B78  
Price: Single copy free  
Producer: National Heart, Lung, and Blood Institute  
Source: National Maternal and Child Health  
Clearinghouse

Explains what it means to be a carrier of the sickle cell gene versus having sickle cell anemia.

## **THALASSEMIA IN SOUTHEAST ASIAN REFUGEES - PUBLIC HEALTH PLANNING ASPECTS**

55 pp., 1984  
Publication No. T28  
Price: Single copy free  
Producer: Division of Maternal and Child Health  
Source: National Maternal and Child Health  
Clearinghouse

A report from the conference, "The Public Health Planning Aspects of Thalassemia in Americans of Asian Background." Summarizes the attendees' considerations and resolutions.

## **IMMUNOLOGIC DISORDERS**

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### **\*AIDS: FEARS AND FACTS**

Videocassette, 23 mins., color, 1986  
Title No. A150901/PT (3/4"); A15092/PT (Beta);  
A15097/PT (VHS)  
Price: \$55  
Producer: Public Health Service  
Source: National Audiovisual Center

Tells viewers what causes AIDS, who is at risk, how the disease spreads, and how it is not spread. James Curran, M.D. of the Public Health Service answers questions most asked by the general public.

### **\*FACTS ABOUT AIDS - WINTER 1986**

8 pp., 1986  
Publication No. Q41  
Price: Single copy free  
Producer: Public Health Service  
Source: National Maternal and Child Health  
Clearinghouse

Describes the causes, symptoms, treatment, and prevention techniques of AIDS.



## **FACTS ABOUT PEDIATRIC AIDS, EXPERIMENTAL AIDS THERAPIES, AIDS IN THE BLOOD SUPPLY**

6 pp., 1985  
Publication No. Q44  
Price: Single copy free  
Producer: Public Health Service  
Source: National Maternal and Child Health Clearinghouse

Contains four fact sheets that discuss different aspects of AIDS. Includes a reprint from MMWR September 20, 1985 on heterosexual transmission of HTLV-III/LAV.

## **REPORT OF THE SURGEON GENERAL'S WORKSHOP ON CHILDREN WITH HIV INFECTION AND THEIR FAMILIES**

102 pp., April 1987  
Publication No. HRS-D-MC 87-1  
Price: Single copy free  
Producer: Division of Maternal and Child Health  
Source: National Maternal and Child Health Clearinghouse

Summarizes the current knowledge about AIDS in children and makes recommendations about future directions in research, prevention, and amelioration of the effects of pediatric AIDS.

## **\*SURGEON GENERAL'S REPORT ON ACQUIRED IMMUNE DEFICIENCY SYNDROME**

36 pp., 1986  
Price: Single copy free  
Producer: Office of the Surgeon General  
Source: Public Health Service, Public Affairs Office

Covers signs and symptoms of AIDS, its causes, various means of transmission, and preventive measures that should be taken. Discusses future challenges in dealing with AIDS, and lists sources of further information.

## **\*UNDERSTANDING THE IMMUNE SYSTEM**

24 pp., 1985  
Publication No. (NIH) 85-529  
Price: Single copy free  
Producer: National Institute of Allergy and Infectious Diseases  
Source: National Cancer Institute

Designed for the professional, this pamphlet describes the human immune system, its components, how it responds to infection, disorders of the immune system, and research. Also includes a glossary of terms.

## **\*WHAT EVERYONE SHOULD KNOW ABOUT AIDS**

15 pp., 1985 (Reprint)  
Price: Single copy free  
Producer: Channing L. Bete Company, Inc.  
Source: Centers for Disease Control, Office of Public Inquiries

Describes AIDS and its causes, how it is transmitted, steps being taken to prevent the spread of AIDS, and Federal groups involved in AIDS research.

## **METABOLIC DISORDERS**

### **\*CYSTIC FIBROSIS: THE PUZZLE AND THE PROMISE**

9 pp., 1981  
Publication No. (NIH) 81-223  
Price: Single copy free  
Producer: National Institute of Arthritis, Diabetes, Digestive and Kidney Diseases  
Source: National Digestive Diseases Information Clearinghouse

Explains what cystic fibrosis is, how it is detected and treated, and what research is being done.

\* publications for consumers  
See page 115 for ordering information

## **DENTAL HEALTH IN CHILDREN WITH PHENYLKETONURIA AND OTHER INBORN ERRORS OF METABOLISM**

28 pp., 1984  
Publication No. B70  
Price: Single copy free  
Producer: Division of Maternal and Child Health  
Source: National Maternal and Child Health Clearinghouse

A monograph for medical and dental professionals about the dental health needs of children with PKU and other metabolic disorders. Appendices include a summary of recommendations for diet management, a dental health questionnaire, and an additional reading list.

## **\*LIPID STORAGE DISEASES FACT SHEET**

7 pp., 1984  
Publication No. (NIH) 84-2626  
Price: Single copy free  
Producer: National Institute of Neurological and Communicative Disorders and Stroke  
Source: Same

Describes lipid storage diseases, hereditary conditions in which large amounts of complex fatty materials accumulate in tissues.

## **NEWBORN SCREENING FOR GENETIC METABOLIC DISEASES: PROGRESS, PRINCIPLES, AND RECOMMENDATIONS**

22 pp., 1978  
Publication No. B63  
Price: Single copy free  
Producer: Bureau of Community Health Services  
Source: National Maternal and Child Health Clearinghouse

Designed for persons involved in the organization and regulation of screening services. Reviews developments related to PKU screening, parent information, and neonatal screening tests for other conditions.

## **STATE TREATMENT CENTERS FOR METABOLIC DISORDERS**

66 pp., September 1986  
Publication No. M30  
Price: Single copy free  
Producer: National Center for Education in Maternal and Child Health  
Source: National Maternal and Child Health Clearinghouse

Lists clinics for the treatment of metabolic disorders. Also includes current lists of MCH/CCS State directors and State newborn screening directors.

## **TREATMENT PROGRAMS FOR PKU AND SELECTED OTHER METABOLIC DISEASES IN THE UNITED STATES: A SURVEY**

35 pp., 1983  
Publication No. B80  
Price: Single copy free  
Producer: Bureau of Health Care Delivery and Assistance  
Source: National Maternal and Child Health Clearinghouse

Reports incidence of PKU and six other metabolic diseases. Discusses PKU diet policies, and diet management for mothers with PKU. Includes charts showing incidence and program experience as well as a directory of programs involved in management.



## MUSCULOSKELETAL DISORDERS

### **\*ARTHRITIS IN CHILDREN: AN ANNOTATED BIBLIOGRAPHY**

38 pp., 1986  
Price: Single copy free  
Producer: National Arthritis and Musculoskeletal and  
Skin Diseases Information Clearinghouse  
Source: Same

Lists materials, both print and audiovisual, to assist children, parents and teachers in understanding arthritis and its treatment.

### **\*MEDICINE FOR THE LAYMAN: ARTHRITIS**

27 pp., 1982  
Publication No. 83-1945  
Price: Single copy free  
Producer: National Institutes of Health  
Source: National Institutes of Health, Office of  
Clinical Center Communications

Presents information on arthritis for the general reader. Discusses various types of arthritis and treatment often used. Includes a brief bibliography.

### **\*OSTEOPOROSIS, CALCIUM, AND ESTROGENS**

3 pp., 1986  
Publication No. 606P  
Price: Single copy free  
Producer: Food and Drug Administration  
Source: Consumer Information Center

Discusses the causes of weakening of the bones, especially in older women, and how diet and estrogen can help.

### **\*SCOLIOSIS**

14 pp., 1979  
Publication No. (NIH) 79-1619  
Price: Single copy free  
Producer: National Institute of Arthritis, Diabetes, and  
Digestive and Kidney Diseases  
Source: Same

Discusses prevention of curvature of the spine in children and includes a parent's scoliosis screening guide.

## NEUROLOGIC DISORDERS

### **THE DENTAL IMPLICATIONS OF EPILEPSY**

18 pp., 1979  
Publication No. B37  
Price: Single copy free  
Producer: Bureau of Community Health Services  
Source: National Maternal and Child Health  
Clearinghouse

Reports on dental practice and epilepsy. Designed to give dentists a fuller understanding of the disease and to encourage them to make comprehensive health care available to epileptics. Discusses management and treatment of the special dental problems of the epileptic.

### **\*EPILEPSY**

24 pp., 1982  
Publication No. 82-2369  
Price: Single copy free  
Producer: National Institutes of Health, Office of  
Clinical Center Communications  
Source: Same

Discusses epilepsy as a chronic disorder, describes how nerve cells respond and the various kinds of seizures associated with epilepsy, and briefly mentions treatment and research goals. A question and-answer section is included that covers frequent concerns about epilepsy.

\* publications for consumers  
See page 115 for ordering information

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## CHRONIC ILLNESS AND DISABILITY

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### GENERAL

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#### **\*ABOUT SEXUALITY AND PEOPLE WITH DISABILITIES**

15 pp., 1985

Price: Single copy free

Producer: Channing L. Bete, Co., Inc.

Source: National Information Center for  
Handicapped Children and Youth

Discusses the barriers disabled persons must overcome before they can express their sexuality.

#### **DIGEST OF DATA ON PERSONS WITH DISABILITIES**

177 pp., June 1984

Price: Single copy free

Producer: National Institute of Handicapped  
Research

Source: Clearinghouse on the Handicapped

A compilation of published sources of statistical data on the handicapped population including major findings regarding impairments, work disabilities, limitation of activity, and employment.

#### **\*FROM SCHOOL TO WORKING LIFE: RESOURCES AND SERVICES**

44 pp., 1986

Publication No. Reference Circular 86-1

Price: Single copy free

Producer: National Library Service for the Blind and  
Physically Handicapped

Source: Same

Presents information about resources available to disabled young adults making the transition from high school to independence. Includes sources of aid for college; job training and placement services; Federal and State rehabilitation services; and lists of books on career planning, job searching and post-secondary education.

#### **\*GENERAL INFORMATION ABOUT HANDICAPS AND PEOPLE WITH HANDICAPS**

2 pp., 1982

Price: Single copy free

Producer: InterAmerica Research Associates, Inc.

Source: National Information Center for  
Handicapped Children and Youth

Lists the eleven types of handicaps defined in Public Law 94-142 (The Education of All Handicapped Children Act) and lists references and resources for additional information.

#### **THE IMPACT OF CHRONIC ILLNESS ON PSYCHOSOCIAL STAGES OF HUMAN DEVELOPMENT**

157 pp., 1986

Price: \$12

Producer: Department of Social Work, Georgetown  
Medical Center

Source: National Maternal and Child Health  
Clearinghouse

Discusses the psychosocial impact of chronic illness in the context of the eight stages of human development described by Erik Erikson. Raises questions about the interaction of maturational crises with environmental crises (effects of chronic illness) in the lives of infants, adolescents, young adults, and older persons.

#### **\*NATIONAL DIRECTORY OF TRAINING PROGRAMS FOR AMERICANS WITH DISABILITIES**

374 pp., 1985

Publication No.

Price: Single copy free

Producers: Department of Health and Human  
Services and Department of Education

Source: Administration on Developmental Disabilities

Contains information on 648 programs designed to help persons with disabilities gain competitive employment. Lists training areas and levels, availability of placement and post-placement services, and disabilities served.

## **SUMMARY OF DATA ON HANDICAPPED CHILDREN AND YOUTH**

121 pp., 1985  
Publication No. 065-000-00247-7  
Price: \$6.00  
Producer: Human Services Research Institute  
Source: Government Printing Office

Presents available data on the incidence and prevalence of disability among children. Includes information on incidence of birth defects and information on disabled children in households, other living arrangements and educational programs.

## **WORKSHOPS FOR ADOLESCENTS WITH CHRONIC ILLNESSES OR DISABILITIES**

127 pp., n.d.  
Price: \$15  
Producer: Newington Children's Hospital  
Source: National Maternal and Child Health Clearinghouse

The workshops are designed to provide a therapeutic environment for group learning, social interaction, and development of independent living skills. Includes a discussion of the theoretical base for the workshops, detailed how-to instructions, evaluation forms, and a resource list.

## **ETHICAL/LEGAL ISSUES AND DISABILITY**

### **\*FROM RIGHTS TO REALITIES: ADVOCACY BY AND FOR RETARDED PEOPLE IN THE 1980s**

16 pp., 1980  
Publication No. (OHDS) 80-21026  
Price: Single copy free  
Producer: President's Committee on Mental Retardation  
Source: Same

Traces the legal rights movement for retarded persons through the 1970s and provides the reader with a discussion of resources for legal advocacy in the 1980s. Describes legislative successes and legislative landmarks in the retarded citizen's quest for equal treatment.

### **\*HIRE ABILITY: IT'S GOOD BUSINESS TO HIRE THE DEVELOPMENTALLY DISABLED**

7 pp., 1985  
Publication No. (OHDS) 85-29001  
Price: Single copy free  
Producer: Administration on Developmental Disabilities  
Source: Same

Dispels the myths about developmentally disabled persons and highlights their ability to perform a variety of jobs. Also explains the Targeted Jobs Credit Program and the benefits to business of hiring the disabled.

### **\*A LITTLE SLOW**

Film, 14 min., n.d.  
Price: Free loan  
Producer: President's Committee on Mental Retardation  
Source: Same

Dramatizes through the experiences of "Billy" and "Carol" the problems retarded persons face in obtaining their legal rights.

### **\*POCKET GUIDE TO FEDERAL HELP FOR THE DISABLED PERSON**

23 pp., 1981  
Publication No. E-80-22002  
Price: Single copy free  
Producer: Office of Information and Resources for the Handicapped  
Source: Clearinghouse on the Handicapped

Describes federally funded programs that provide assistance with vocational rehabilitation, education, housing, health care, etc. Describes how to find local help.

\* publications for consumers  
See page 115 for ordering information

## **A SUMMARY OF EXISTING LEGISLATION RELATING TO THE HANDICAPPED - 1981**

156 pp., 1980  
Publication No. (E) 80-22014  
Price: Single copy free  
Producer: Clearinghouse on the Handicapped  
Source: Same

Summarizes legislation affecting disabled people, with legislative histories.

## **TECHNOLOGY AND HANDICAPPED PEOPLE**

216 pp., 1982  
Publication No. PB-172 056  
Price: \$13.95  
Producer: Office of Technology Assessment  
Source: National Technical Information Service

Examines the specific factors that affect the research and development, evaluation, diffusion and marketing, delivery, use and financing of technologies directly related to disabled people.

## **HOSPITALIZATION OF CHILDREN**

### **\*BOOKS THAT HELP CHILDREN DEAL WITH A HOSPITAL EXPERIENCE**

22 pp., 1978  
Publication No. B29  
Price: Single copy free  
Producer: Health Services Administration  
Source: National Maternal and Child Health Clearinghouse

Designed to help adults select books suitable to the needs of a hospitalized child. Contains a guide to selecting books about hospitals and clinics and the people who work in them. An annotated list of books is included; most books are for preschool and elementary school age children.

### **CHILDREN'S HOSPICE ADVISORY PANEL CONFERENCE REPORT**

33 pp., 1984  
Publication No. C20  
Price: Single copy free  
Producer: Division of Maternal and Child Health  
Source: National Maternal and Child Health Clearinghouse

Presentations given at the conference cover topics such as defining hospice care, quality of care, death and dying, educational needs, other needs of families, and advocacy.

### **PALLIATIVE PAIN AND SYMPTOM MANAGEMENT FOR CHILDREN AND ADOLESCENTS**

29 pp., 1985  
Publication No. P80  
Price: Single copy free  
Producers: Children's Hospice International and the Division of Maternal and Child Health  
Source: National Maternal and Child Health Clearinghouse

This publication is for health care providers working with children and adolescents with a terminal illness. Pain assessment and pain management are discussed. Intervention tools and bibliographic references are included.

### **RED IS THE COLOR OF HURTING: PLANNING FOR CHILDREN IN THE HOSPITAL**

105 pp., 1984  
Publication No. (ADM) 84-1336  
Price: Single copy free  
Producer: National Institute of Mental Health  
Source: Same

A look at the needs of hospitalized children and suggestions for changes to improve the facilities and services available for child health care.

## PARENTING DISABLED CHILDREN

### **\*ABOUT CHILDREN WITH SPECIAL NEEDS**

15 pp., 1985  
Price: Single copy free  
Producer: Channing L. Bete, Co., Inc.  
Source: National Information Center for  
Handicapped Children and Youth

Contains information for parents of children with special needs and guides parents in seeking help and services for their child. Also discusses Public Law 94-142 which gives every child the right to a "free and appropriate education."

### **SURGEON GENERAL'S REPORT: CHILDREN WITH SPECIAL HEALTH CARE NEEDS**

40 pp., 1987  
Publication No. HRS/D/MC 87-2  
Price: Single copy free  
Producer: Division of Maternal and Child Health  
Source: National Maternal and Child Health  
Clearinghouse

Report of workshop proceedings which recommended defining the scope of the problem, developing standards, developing systems of care, improving financing of care, incorporating principles of care into training for health professionals, and supporting research.

### **\*PARENTS GUIDE TO THE DEVELOPMENT OF PRE-SCHOOL HANDICAPPED CHILDREN: RESOURCES AND SERVICES**

25 pp., 1984  
Publication No. Reference Circular 84-5  
Price: Single copy free  
Producer: National Library Service for the Blind and  
Physically Handicapped  
Source: Same

Lists organizations, publishers, distributors and media producers that provide information to assist parents in promoting their child's development in the early years. Includes toys, play equipment, educational games, books and magazines.

### **EARLY SERVICES FOR CHILDREN WITH SPECIAL NEEDS: TRANSACTIONS FOR FAMILY SUPPORT**

192 pp., 1985  
Publication No. T51  
Price: Single copy free  
Producer: University of Iowa Hospitals and Clinics  
Source: National Maternal and Child Health  
Clearinghouse

Reviews the laws governing the provision of services to at-risk and disabled children and translates the ideas into ways of providing these services. Includes a categorized annotated bibliography. Useful for health professionals and students studying in the child health field.

### **\*EQUALS IN THIS PARTNERSHIP: PARENTS OF DISABLED AND AT-RISK INFANTS AND TODDLERS SPEAK TO PROFESSIONALS**

43 pp., 1985  
Publication No. H14  
Price: Single copy free  
Producer: National Center for Clinical Infant  
Programs  
Source: National Maternal and Child Health  
Clearinghouse

Contains remarks of parents of disabled and at-risk children at a 1984 conference on "Comprehensive Approaches to Disabled and At-Risk Infants, Toddlers and Families." These parents were able to present their ideas and experiences to early childhood professionals from a wide variety of disciplines and backgrounds. Topics discussed include medically vulnerable children, mild developmental delays, and severe and multiple disabilities.

\* publications for consumers  
See page 115 for ordering information

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### **\*IT'S THEIR WORLD TOO**

Film/Videocassette, 22 minutes, color, 1976  
Film Title No. 088572/PY  
Videocassette Title No. A00793/PY (3/4"); A13516/PY  
(Beta); A08759/PY (VHS)  
Price: Film \$235 (Rental \$40); Videocassette \$110  
Producer: President's Committee on Mental  
Retardation  
Source: National Audiovisual Center

Documents the experiences of three people who are retarded. Offers first-hand accounts from a young woman employed by a large corporation and a middle-aged man living in a group home. The parents of a young retarded child discuss the child's treatment and their reaction to professional services.

### **\*LEARNING TOGETHER: A GUIDE FOR FAMILIES WITH GENETIC DISORDERS**

24 pp., 1980  
Publication No. B55  
Price: Single copy free  
Producer: Bureau of Community Health Services  
Source: National Maternal and Child Health  
Clearinghouse

For parents of children with genetic disorders and other handicapping conditions. Guides parents in contacting others with similar experiences and in establishing a parent support group. Lists support organizations.

### **\*YOU ARE NOT ALONE: FOR PARENTS WHEN THEY LEARN THAT THEIR CHILD HAS A HANDICAP**

4 pp., 1984  
Price: Single copy free  
Producer: InterAmerica Research Associates, Inc.  
Source: National Information Center for  
Handicapped Children and Youth

Describes parents' common reactions to learning that their child has a handicap, and discusses ways of understanding and coping with their feelings.

## **SPECIAL EDUCATION**

### **HANDICAPPED CHILDREN AND MAINSTREAMING: A MENTAL HEALTH PERSPECTIVE**

123 pp., 1984  
Publication No. (ADM) 84-1361  
Price: Single copy free  
Producer: National Institute of Mental Health  
Source: Same

Addresses issues involved in mainstreaming disabled children, presents model programs and offers ways to implement "mentally healthy" mainstreaming. Appendices include references and resources.

### **\*TEACHING CHILDREN WITH HANDICAPS: SOME IMPLICATIONS**

7 pp., 1983  
Price: Single copy free  
Producer: National Information Center for  
Handicapped Children and Youth  
Source: Same

Developed for teachers and school administrators working with disabled children. Gives general guidelines for working with students with different disabling conditions and discusses other elements involving parents, other students, and other teachers that may be helpful in designing an overall program.



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## GENETICS

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### COMPREHENSIVE CLINICAL GENETIC SERVICES CENTERS: A NATIONAL DIRECTORY - 1985

108 pp., 1985  
Publication No. G03  
Price: Single copy free  
Producer: Division of Maternal and Child Health  
Source: National Maternal and Child Health  
Clearinghouse

A listing for administrators and health professionals who work with persons affected by or concerned with genetic disorders. Lists service centers and contact persons in each state.

### EDUCATING FOR PRACTICE IN A CHANGING WORLD - IMPLICATIONS OF THE GENETICS REVOLUTION

177 pp., 1984  
Publication No. G54  
Price: Single copy free  
Producer: University of Maryland School of Social Work and Community Planning and the Division of Maternal and Child Health  
Source: National Maternal and Child Health Clearinghouse

Proceedings from a faculty development retreat sponsored by the University of Maryland School of Social Work and Community Planning. The goal of the retreat was to sensitize participants to the need for genetics content in social work curricula.

### EDUCATION IN GENETICS II: NURSES AND SOCIAL WORKERS

136 pp., 1985  
Price: Single copy free  
Producer: Department of Maternal and Child Health  
Source: National Maternal and Child Health Clearinghouse

Proceedings of a workshop at Georgetown University Medical Center which discussed the need for incorporation of genetics into the formal training of nurses and social workers. Obstacles preventing this incorporation were identified and strategies were developed to circumvent these barriers.

### \*GENETIC COUNSELING: LEARNING WHAT TO EXPECT

4 pp., 1981 (Reprint)  
Publication No. (FDA) 81-9006  
Price: Single copy free  
Producer: Food and Drug Administration  
Source: Same

For persons who are considering receiving genetic counseling. Mentions topics that might be discussed during a genetic counseling session. Reprinted from September 1980 *FDA Consumer*.

### GENETIC FAMILY HISTORY: AN AID TO BETTER HEALTH IN ADOPTIVE CHILDREN

122 pp., 1984  
Publication No. G21  
Price: \$5  
Producer: National Center for Education in Maternal and Child Health  
Source: National Maternal and Child Health Clearinghouse

Focuses on adoptive children and contains valuable discussions on historical and legal aspects, ethical and social work practices related to adoption laws, and biological and genetic education. Proceedings of an April 1984 conference sponsored by the Wisconsin Clinical Genetics Center and Waisman Center on Mental Retardation and Human Development.

\* publications for consumers  
See page 115 for ordering information

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## **GENETIC TESTING**

244 pp., 1983

Publication No. 052-003-00906-4

Price: \$6.50

Producer: Office of Technology Assessment

Source: Government Printing Office

Examines questions on the technology of genetic testing; association between genetic characteristics and risk from certain chemicals; legal protection from work discrimination; and ethical and economic aspects of genetic testing.

## **GENETICS AND TERATOLOGY**

64 pp., 1982

Publication No. (NIH) 82-2345

Price: Single copy free

Producer: National Institute of Child Health and Human Development

Source: Same

Describes the program of the Genetics and Teratology section of the National Institute of Child Health and Human Development (NICHD).

## **\*GENETICS SUPPORT GROUPS: VOLUNTEERS AND PROFESSIONALS AS PARTNERS**

182 pp., 1986

Price: \$10

Producer: March of Dimes

Source: National Maternal and Child Health Clearinghouse

Written by genetics service providers, organizers of voluntary groups, and parents, this book is designed to help established organizations as well as new support groups. The three sections are titled "Strengthening Voluntary Organizations," "Self-Help Groups: An Emerging Social Resource," and "Networking Present and Future."

## **\*A GUIDE TO SELECTED NATIONAL GENETIC VOLUNTARY ORGANIZATIONS**

131 pp., 1987

Publication No. G50

Price: \$5

Producer: National Center for Education in Maternal and Child Health

Source: National Maternal and Child Health Clearinghouse

Lists over 100 support groups and describes their services for individuals and families affected with genetic disorders.

## **HUMAN GENE THERAPY**

116 pp., 1984

Publication No. 052-003-00983-8

Price: \$5.50

Producer: Office of Technology Assessment

Source: Government Printing Office

Assesses the state-of-the-art in technology for treating human genetic defects. Describes techniques, discusses possible long-term effects, and sketches some ethical dilemmas.

## **\*NEW HUMAN GENETICS: HOW GENE SPLICING HELPS RESEARCHERS FIGHT INHERITED DISEASE**

63 pp., 1985

Publication No. G22

Price: Single copy free

Producer: National Institute of General Medical Sciences

Source: National Maternal and Child Health Clearinghouse

Discusses how advances in genetic technology allow for prenatal diagnosis of various genetic conditions. Gives an overview of and discusses gene mapping.



## **PROCEEDINGS - GENETIC DISORDERS: SOCIAL SERVICE INTERVENTIONS**

103 pp., 1984  
Publication No. B91  
Price: Single copy free  
Producers: University of Pittsburgh and Division of  
Maternal and Child Health  
Source: National Maternal and Child Health  
Clearinghouse

A compilation of professional presentations concerning the impact of the social work field on programs and services for genetic disorders. Proceedings of a 1977 conference.

## **PROCEEDINGS OF THE NATIONAL CONFERENCE ON NURSING PRACTICE IN CLINICAL GENETICS: PROSPECTS FOR THE 21ST CENTURY**

309 pp., 1986  
Price: \$15.00  
Producer: University of Iowa, College of Nursing  
Source: Same

Conference discussing the urgent, unmet needs in clinical genetics systems of education, service, research, and policy. Provides guidelines for the future direction of clinical genetics as a nursing specialty.

## **REIMBURSEMENT FOR MEDICAL GENETICS SERVICES: A SELECTED BIBLIOGRAPHY**

49 pp., 1987  
Price: \$10  
Producer: Department of Pediatrics, University of  
Connecticut Medical School  
Source: National Maternal and Child Health  
Clearinghouse

Developed as part of a Maternal and Child Health SPRANS grant on "Assessment of Reimbursement for Genetics Services," this bibliography was compiled by searching both traditional medical literature and sources on health care planning, economics, and other related topics.

## **\*RESOURCES FOR CLERGY IN HUMAN GENETIC PROBLEMS: A SELECTED BIBLIOGRAPHY**

23 pp., 1985  
Publication No. G07  
Price: Single copy free  
Producers: National Center for Education in Maternal  
and Child Health and March of Dimes Birth  
Defects Foundation  
Source: National Maternal and Child Health  
Clearinghouse

A selected bibliography for clergymen who wish to counsel and support persons with particular genetic concerns. Lists books, periodicals, general resources, and related materials.

## **SCREENING AND COUNSELING FOR GENETIC CONDITIONS**

122 pp., 1983  
Publication No. 040-000-00466-1  
Price: \$5.00  
Producer: President's Commission for the Study of  
Ethical Problems in Medicine and Biomedical and  
Behavioral Research  
Source: Government Printing Office

This is a report on the ethical, social, and legal implications of genetic screening, counseling, and education programs.

## **SOCIAL AND PSYCHOLOGICAL ASPECTS OF GENETIC DISORDERS: A SELECTED BIBLIOGRAPHY**

52 pp., 1986  
Publication No. G14  
Price: Single copy free  
Producer: National Center for Education in Maternal  
and Child Health  
Source: National Maternal and Child Health  
Clearinghouse

Lists articles, books, and audiovisual materials on the subject. Appendices include information on literature retrieval services at the National Library of Medicine, selected databases, and regional medical libraries.

\* publications for consumers  
See page 115 for ordering information

## TECHNOLOGIES FOR DETECTING HERITABLE MUTATIONS IN HUMAN BEINGS

156 pp., 1986

Publication No. 052-003-01037-2

Price: \$8

Producer: Office of Technology Assessment

Source: Government Printing Office

Examines the scientific basis of new technologies, their current status, and potential improvement for predicting mutagenic risks of chemicals and physical agents.

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## WOMEN'S HEALTH

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### GENERAL

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#### \*DOING SOMETHING ABOUT MENSTRUAL DISCOMFORT

4 pp., 1983  
Publication No. 565P  
Price: Single copy free  
Producer: Food and Drug Administration  
Source: Consumer Information Center

Common problems and treatments including a list of nonprescription drugs that relieve specific symptoms.

#### \*FITNESS FUNDAMENTALS

7 pp. (pulls out to a mini-poster), 1985  
Publication No. 121P  
Price: Single copy free  
Producer: President's Council on Physical Fitness and Sports  
Source: Consumer Information Center

Presents essential information for individuals embarking on a personal fitness program. Simple, straightforward approach to fitness, including the components of fitness, how to develop total fitness, principles of training, target heart rate and advice on when to exercise.

#### \*PLAIN TALK ABOUT . . . STRESS

2 pp., 1985  
Publication No. 578P  
Price: Single copy free  
Producer: National Institute of Mental Health  
Source: Consumer Information Center

Straightforward information about what stress is, how it affects us, both positively and negatively, and what people can do to help themselves cope with stress.

#### \*STRESS INFORMATION RESOURCES

2 pp., 1984  
Price: Single copy free  
Producer: Office of Disease Prevention and Health Promotion/Health Information Center  
Source: Same

Lists organizations and publications with information on stress and stress management.

#### \*"A TIME OF CHANGE" (Spanish/English)

34 pp., 1986  
Publication No. (NIH) 86-2466  
Producer: National Cancer Institute  
Source: Same

This "photo-novel" format dramatizes a variety of issues important to the health and well-being of young women. English and Spanish versions bound together.

#### \*TOXIC SHOCK SYNDROME AND TAMPONS

4 pp., 1983  
Publication No. 83-4169  
Price: Single copy free  
Producer: Food and Drug Administration  
Source: Same

A question-and-answer pamphlet that describes what toxic shock syndrome is and what causes it.

\* publications for consumers  
See page 115 for ordering information

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## **\*WALKING FOR EXERCISE AND PLEASURE**

6 pp., 1986  
Price: Single copy free  
Producer: President's Council on Physical Fitness and Sports  
Source: Same

An overview on walking for all ages, including sample warm-up and conditioning exercises. Discusses benefits of walking, how to walk for fitness and what to wear when walking. Brief explanation of the role of walking in weight control included.

## **\*YEAST INFECTIONS**

3 pp., 1985  
Publication No. 572P  
Price: Single copy free  
Producer: Food and Drug Administration  
Source: Consumer Information Center

Presents information on the symptoms of vaginitis, treatments, side effects, and some latest findings.

## **FAMILY CONFLICT**

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### **ASSAULTS ON WOMEN: RAPE AND WIFE BEATING**

29 pp., 1980  
Price: Single copy free  
Producer: Public Affairs Committee, Inc.  
Source: National Institute of Mental Health

Addresses problems and myths associated with rape and wife beating. Discusses prevention and the response of authorities.

### **LEGAL HELP FOR BATTERED WOMEN**

13 pp., 1981  
Publication No. (OM) 81-4010  
Price: Single copy free  
Producer: Center for Women's Policy Studies  
Source: National Institute of Mental Health

Describes legal solutions for women who have been battered. Outlines the most effective of the recent developments in the laws affecting battered women, and describes some problems encountered in implementing the new laws.

### **NATIONAL DIRECTORY: RAPE PREVENTION AND TREATMENT RESOURCES**

156 pp., 1981  
Publication No. (ADM) 81-1008  
Price: Single copy free  
Producer: National Institute of Mental Health  
Source: Same

Provides a nationwide inventory of prevention and treatment services and lists related resources.

## **\*PLAIN TALK ABOUT WIFE ABUSE**

3 pp., 1983 (Reprint)  
Publication No. 579P  
Price: Single copy free  
Producer: National Institute of Mental Health  
Source: Consumer Information Center

Gives an explanation of what denotes wife abuse, discusses factors involved in wife abuse cases, and gives information about what the battered woman can do.

## FAMILY PLANNING

### **\*COMPARING CONTRACEPTIVES**

4 pp., 1985  
Publication No. 544P  
Price: Single copy free  
Producer: Food and Drug Administration  
Source: Consumer Information Center

Presents in chart form basic information on the most widely used contraceptive methods. Lists effectiveness, advantages/disadvantages, side effects, health factors to consider, and long-term effects of each method on fertility.

### **\*FACTS ABOUT ORAL CONTRACEPTIVES**

19 pp., 1984  
Publication No. 429P  
Price: \$.50  
Producer: National Institute for Child Health and Human Development  
Source: Consumer Information Center

Recent research findings on the risks, side effects, and benefits.

### **\*FAMILY PLANNING METHODS OF CONTRACEPTION**

6 pp., 1980  
Publication No. (HSA) 80-5646  
Price: Single copy free  
Producer: National Clearinghouse For Family Planning Information  
Source: Family Life Information Exchange

Function, effectiveness, problems, side effects, and advantages of contraceptive methods; displayed in chart form.

### **FECUNDITY, INFERTILITY, AND REPRODUCTIVE HEALTH IN THE UNITED STATES, 1982.**

55 pp., 1982  
Publication No. 017-022-00999-4  
Price: \$2.75  
Producer: National Center for Health Statistics  
Source: Government Printing Office

From a series entitled *Data From the National Survey of Family Growth* which provides statistics derived from a periodic survey of a nationwide probability sample of women 15-44 years of ages.

### **\*INFERTILITY, AND HOW IT'S TREATED**

2 pp., 1983 (Reprint)  
Publication No. (FDA) 83-3136  
Price: Single copy free  
Producer: Food and Drug Administration  
Source: Same

Briefly highlights causes of infertility in men and women and presents some of the most popular treatment methods. Reprinted from June 1983 *FDA Consumer*.

### **POPULATION DYNAMICS**

43 pp., 1982 (Reprint)  
Price: Single copy free  
Producer: National Institute of Child Health and Human Development  
Source: Same

Covers areas of population research and future directions; includes specific areas such as fertility, family planning, and mortality. Reprinted from a chapter in *Child Health and Human Development*.

### **WORLD POPULATION AND FERTILITY PLANNING**

244 pp., 1982  
Publication No. 052-003-00867-0  
Price: \$7.50  
Producer: Office of Technology Assessment  
Source: Government Printing Office

Addresses how governments view planned birth technologies, and how international population assistance has changed population growth. Assesses present and prospective birth technologies and factors determining their use.

\* publications for consumers  
See page 115 for ordering information

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## SEXUALLY TRANSMITTED DISEASES

### **\*GENITAL HERPES (Spanish/English)**

9 pp., 1984  
Publication No. 84-2005 (English); 84-656 (Spanish)  
Price: Single copy free  
Producer: National Institute of Allergy and Infectious Diseases  
Source: Same

A question-and-answer pamphlet that highlights concerns and misunderstandings about genital herpes.

### **\*HERPES**

3 pp., 1985  
Publication No. 568P  
Price: Single copy free  
Producer: Food and Drug Administration  
Source: Consumer Information Center

Describes genital herpes, how it differs from other types of herpes, and latest treatments.

### **\*SEXUALLY TRANSMITTED DISEASES**

25 pp., 1987  
Publication No. 87-909  
Price: Single copy free  
Producer: National Institute of Allergy and Infectious Diseases  
Source: Same

Describes the most common sexually transmitted diseases - their symptoms, treatment, and possible complications. Includes information on gonorrhea, syphilis, genital herpes, chlamydia, and other venereal diseases.

### **SEXUALLY TRANSMITTED DISEASES TREATMENT GUIDELINES**

28 pp., 1982 (Reprint)  
Publication No. PC65  
Price: Single copy free  
Producer: Centers for Disease Control, Center for Prevention Services  
Source: National Clearinghouse for Primary Care Information

Presents guidelines for the treatment of sexually transmitted diseases that meet general criteria of efficacy, safety, ease of administration, and cost. Reprinted from August 20, 1982 *MMWR*.

## SUBSTANCE USE AND WOMEN

### **\*ALCOHOL ABUSE AND WOMEN: A GUIDE TO GETTING HELP**

26 pp., 1980  
Publication No. PH73  
Price: Single copy free  
Producer: National Clearinghouse for Alcohol and Drug Information  
Source: Same

Discusses reasons for alcohol problems among women, how to recognize alcoholism and types of treatment available.

### **\*ARE YOU A WOMAN WHO DRINKS TO COPE?**

5 pp., n.d.  
Price: Single copy free  
Producer: Women for Sobriety, Inc.  
Source: National Clearinghouse for Alcohol and Drug Information

Discusses the health problem of alcohol dependence and the Women for Sobriety program.

## **DRINKING AND DRINKING PROBLEMS AMONG WOMEN IN A U.S. NATIONAL SURVEY**

11 pp., 1985 (Reprint)  
Publication No. RPO508  
Price: Single copy free  
Producer: National Institute on Alcohol Abuse and Alcoholism  
Source: National Clearinghouse for Alcohol and Drug Information

Reports on the results of a national survey of drinking and problem drinking among women. Includes conclusions from the data and recommendations for future research. Reprinted from Winter 1984/85 *Alcohol Health and Research World*.

## **DRINKING PATTERNS AND PROBLEMS AMONG WOMEN: RESULTS FROM A 1981 SURVEY**

3 pp., 1986  
Publication No. MS332  
Price: Single copy free  
Producer: National Institute on Alcohol Abuse and Alcoholism  
Source: National Clearinghouse for Alcohol and Drug Information

Presents facts on drinking patterns of women related to marital and employment status.

## **\*FOR WOMEN WHO DRINK**

13 pp., 1985  
Publication No. PH182  
Price: Single copy free  
Producer: National Institute on Alcohol Abuse and Alcoholism  
Source: National Clearinghouse for Alcohol and Drug Information

Includes information on finding treatment for women who think they may have an alcohol problem.

## **\*HOW A NON-SMOKER CAN HELP A SMOKER - BECOME AN EX-SMOKER**

2 pp., 1983  
Publication No. (PHS) 83-50200  
Price: Single copy free  
Source: Office on Smoking and Health

Designed for non-smokers who are trying to help smokers quit.

## **HOW WOMEN RECOVER: EXPERIENCE AND RESEARCH OBSERVATIONS**

13 pp., 1983 (Reprint)  
Publication No. RPO417  
Price: Single copy free  
Producer: National Institute on Alcohol Abuse and Alcoholism  
Source: National Clearinghouse for Alcohol and Drug Information

Excerpt from a monograph based on a 1981 conference held in Minneapolis for representatives of NIAAA-funded treatment programs. Summarizes observations, and reports on research related to women's treatment issues. Reprinted from Winter 1982/83 *Alcohol Health and Research World*.

## **\*LIQUOR MAY BE QUICKER BUT . . .**

4 pp., 1979 (Reprint)  
Publication No. (FDA) 79-3090  
Price: Single copy free  
Producer: Food and Drug Administration  
Source: Same

Discusses the dangers and consequences of taking medications, both prescribed and over the counter, and drinking alcoholic beverages. Gives examples of reactions when specific drugs are combined with alcohol. Reprinted from June 1979 *FDA Consumer*.

### **\*NO MORE BUTTS: A GUIDE TO QUITTING SMOKING**

2 pp., 1983  
Publication No. (PHS) 83-50199  
Price: Single copy free  
Producer: Public Health Service  
Source: Office on Smoking and Health

For smokers who want to quit this brochure answers some frequently asked questions about stopping smoking.

### **PATTERNS OF WOMEN'S USE OF ALCOHOL TREATMENT AGENCIES**

11 pp., 1985 (Reprint)  
Publication No. RPO509  
Price: Single copy free  
Producer: National Institute on Alcohol Abuse and Alcoholism  
Source: National Clearinghouse for Alcohol and Drug Information

Examines research regarding barriers to treatment for women with alcohol problems.

### **\*A SELF-TEST FOR SMOKERS**

8 pp., 1983  
Publication No. (CDC) 75-8716  
Price: Single copy free  
Producer: Centers for Disease Control  
Source: Office on Smoking and Health

Three short tests to help persons figure out how smoking cigarettes impacts on their lives and an explanation of what their score means.

### **SEX-RELATED ALCOHOL EFFECTS: UPDATE**

11 pp., 1985  
Publication No. MS247  
Price: Single copy free  
Producer: National Institute on Alcohol Abuse and Alcoholism  
Source: National Clearinghouse for Alcohol and Drug Information

Includes annotations of publications on topics such as reproductive problems, hormone effects, social and interpersonal issues, and liver disease. Part of the *Alcohol Resources: Update* series.

### **SMOKING AND HEALTH: A REPORT OF THE SURGEON GENERAL**

93 pp., 1979  
Publication No. PB-82-141-300  
Price: \$82.95; microfiche \$13.50  
Producer: Office of the Surgeon General  
Source: National Technical Information Service

Contains the Surgeon General's Report on Smoking and Health of 1979.

### **WOMEN AND ALCOHOL: HEALTH-RELATED ISSUES**

375 pp., 1986  
Publication No. BK137  
Price: Single copy free  
Producer: National Institute on Alcohol Abuse and Alcoholism  
Source: National Clearinghouse for Alcohol and Drug Information

Addresses research issues relevant to health-effects of alcohol use among women. Topics covered include epidemiology, psychosocial effects, and prevention. Proceedings of a May 1984 conference.



**\*WOMEN AND ALCOHOL PROBLEMS: TOOLS FOR PREVENTION**

27 pp., 1985

Publication No. PH220

Price: Single copy free

Producer: National Institute on Alcohol Abuse and  
Alcoholism

Source: National Clearinghouse for Alcohol and Drug  
Information

Discusses the prevention of women's alcohol problems. Intended for use by professionals, teachers, and community groups, as well as individual women and their families.

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## MATERNAL AND CHILD HEALTH SERVICES AND PROGRAMS

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### GENERAL

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#### ALTERNATIVES TO HOSPITALIZATION FOR TECHNOLOGY DEPENDENT CHILDREN: PROGRAM MODELS

334 pp., 1987  
Publication No. B-1  
Price: \$11  
Producer: National Maternal and Child Health  
Resource Center  
Source: Same

This publication describes five model programs that are designed to promote and facilitate the transfer of technology-dependent children from hospital/institutional settings to home/community based settings and to prevent the hospitalization or institutionalization of children who are already being cared for in home and community settings. The publication deals with the following aspects of each program: the program eligibility criteria and population served; the provision of program services; the financing of services for the population served; and the program budget and personnel resources and costs. Exhibits consisting of forms and other documents relating to each program appear in the appendices.

#### CHILDREN'S MENTAL HEALTH: PROBLEMS AND SERVICES

96 pp., 1986  
Publication No. 052-003-01040-2  
Price: \$8  
Producer: Office of Technology Assessment  
Source: Government Printing Office

Examines mental health services presently available to children; evaluates the effectiveness of the various treatments and the appropriate mix of services; looks at the roles third-party coverage and Federal and State governments play in the provision of mental health services; and identifies areas for further research.

#### COMMUNITY-BASED CASE MANAGEMENT PROGRAMS FOR CHILDREN WITH SPECIAL HEALTH CARE NEEDS

148 pp., 1986  
Publication No. A-1  
Price: \$10.00  
Producer: National Maternal and Child Health  
Resource Center  
Source: Same

Report of a national study which describes four case management programs with the intent of providing examples of community-based programs that are family-centered and responsive to the varying needs of children and their families.

#### CONTEMPORARY LEADERSHIP IN STATE MATERNAL CHILD HEALTH/CRIPPLED CHILDRENS' PROGRAMS

185 pp., 1986  
Publication No. S90  
Price: Single copy free  
Producer: University of Kentucky, College of  
Nursing, Continuing Education Program  
Source: National Maternal and Child Health  
Clearinghouse

A collection of papers from the Region IV MCH Project 969, 1978-1984, on the history of the Maternal and Child Health Nurse, the multiple roles of the State level nurse, living and dealing with the system, and looking into the future.

## **FAMILIES, SOCIAL SERVICES, AND SOCIAL POLICIES: THE ISSUE OF SHARED RESPONSIBILITY**

222 pp., 1980  
Publication No. (ADM) 80-846  
Price: Single copy free  
Producer: National Institute of Mental Health  
Source: Same

Explains how families and social service agencies can and should work together in providing for the needs of the family.

## **FIFTY YEARS OF U.S. FEDERAL SUPPORT TO PROMOTE THE HEALTH OF MOTHERS, CHILDREN, AND HANDICAPPED CHILDREN IN AMERICA**

72 pp., 1985  
Publication No. G79  
Price: Single copy free  
Producer: Information Sciences Research Institute  
Source: National Maternal and Child Health Clearinghouse

Reviews federal appropriations and allocations to States for health-related programs of Title V of the Social Security Act of 1935 and the Omnibus Reconciliation Act of 1981.

## **A HANDBOOK FOR SOCIAL WORK EDUCATION AND PRACTICE IN COMMUNITY HEALTH SETTINGS**

221 pp., 1977  
Publication No. Q50  
Price: Single copy free  
Producer: University of Hawaii School of Social Work  
Source: National Maternal and Child Health Clearinghouse

Attempts to bridge the gap between theory and practice by presenting a model for analyzing social work practice in the maternal and child health field and constructing practice theory.

## **\*HEALTHY MOTHERS AND CHILDREN - 50 YEARS OLD AND STRONGER THAN EVER**

3 pp., 1985  
Publication No. M50  
Price: Single copy free  
Producer: Bureau of Health Care Delivery and Assistance  
Source: National Maternal and Child Health Clearinghouse

Gives a synopsis of the most outstanding achievements in maternal and child health programs over the past 50 years.

## **HRSA CHRONICLE SPECIAL ISSUE - MATERNAL AND CHILD HEALTH ANNIVERSARY**

12 pp., August 1985  
Publication No. M01  
Price: Single copy free  
Producer: Health Resources Services Administration  
Source: National Maternal and Child Health Clearinghouse

Highlights the accomplishments of maternal and child health Title V programs over the past 50 years.

## **THE INCORPORATION OF MATERNAL AND CHILD HEALTH CONTENT INTO HEALTH CONCENTRATIONS IN SCHOOLS OF SOCIAL WORK**

70 pp., 1977  
Publication No. F01  
Price: Single copy free  
Producer: Rutgers State University Graduate School of Social Work  
Source: National Maternal and Child Health Clearinghouse

Conference proceedings which discussed objectives for social work training in maternal and child health and core content for a maternal and child health subspecialty in a health concentration.

## **PUBLIC HEALTH SOCIAL WORK IN MATERNAL AND CHILD HEALTH**

215 pp., 1985  
Publication No. P46  
Price: Single copy free  
Producer: Columbia University School of Social Work  
Source: National Maternal and Child Health  
Clearinghouse

Report of a conference for the purpose of developing priorities for social work in maternal and child health.

## **\*REACHING OUT: A DIRECTORY OF VOLUNTARY ORGANIZATIONS IN MATERNAL AND CHILD HEALTH**

39 pp., 1985  
Publication No. G30  
Price: Single copy free  
Producer: National Center for Education in Maternal and Child Health  
Source: Same

Lists over 300 organizations in the United States and abroad which disseminate information, make patient referrals, and provide support.

## **SOCIAL FACTORS IN THE HEALTH OF FAMILIES: A PUBLIC HEALTH SOCIAL WORK RESPONSIBILITY**

138 pp., 1986  
Publication No. P55  
Price: Single copy free  
Producer: University of Pittsburgh, Graduate School of Public Health  
Source: National Maternal and Child Health  
Clearinghouse

Proceedings from an institute featuring lectures on social factors in infancy, childhood, adolescence, and families.

## **ETHNIC GROUPS**

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### **BRIDGING ETHNOCULTURAL DIVERSITY IN SOCIAL WORK AND HEALTH**

144 pp., 1985  
Publication No. Q52  
Price: Single copy free  
Producer: University of Hawaii School of Social Work  
Source: National Maternal and Child Health  
Clearinghouse

Practice resource book which attempts to identify and analyze ethnocultural factors inherent in practice relating to varying ethnic groups in social work and health.

### **CROSS-CULTURAL COUNSELING**

35 pp., 1986  
Publication No. Q45  
Price: Single copy free  
Producer: Department of Agriculture  
Source: National Maternal and Child Health  
Clearinghouse

Understanding various cultural values and health beliefs, communicating across language barriers. Includes bibliography.

### **ETHNOCULTURAL FACTORS IN SOCIAL WORK AND HEALTH CARE**

99 pp., 1982  
Publication No. Q51  
Price: Single copy free  
Producer: University of Hawaii School of Social Work  
Source: National Maternal and Child Health  
Clearinghouse

A selected annotated bibliography.

## **REMOVING CULTURAL AND ETHNIC BARRIERS TO HEALTH CARE**

267 pp., 1985  
Publication No. Q14  
Price: Single copy free  
Producer: University of North Carolina and Division  
of Maternal and Child Health  
Source: National Maternal and Child Health  
Clearinghouse

Selected papers from a national conference on  
cultural barriers to health care.

## **STRESS AND HISPANIC MENTAL HEALTH: RELATED RESEARCH TO SERVICE DELIVERY**

289 pp., 1985  
Publication No. (ADM) 85-1410  
Price: Single copy free  
Producer: National Institute of Mental Health  
Source: Same

Addresses the subject of Hispanic mental health  
by presenting current concepts and issues in  
social stress modeling, as well as findings from  
research.

## **FINANCING/FUNDING**

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### **BUREAU OF COMMUNITY HEALTH SERVICES ACCOUNTING MANUAL**

135 pp., 1980  
Publication No. PC06  
Price: Single copy free  
Producer: Bureau of Community Health Services  
Source: National Clearinghouse for Primary Care  
Information

Describes a functional cost accounting system for  
federally funded health centers that can be  
adapted to meet the specific requirements of  
individual centers.

### **\*FINANCING PERSONAL HEALTH CARE**

5 pp., 1985  
Price: Single copy free  
Producer: Office of Disease Prevention and Health  
Promotion/Health Information Center  
Source: Same

Provides information on options available for  
financing personal health care.

### **GUIDE TO NATIONAL DATA ON MATERNAL AND CHILD HEALTH WITH SPECIAL EMPHASIS ON FINANCING SERVICES FOR CHRONICALLY ILL CHILDREN**

247 pp., 1986  
Price: \$25  
Producers: The Financing Data Task Force on  
Chronically Ill Children, McManus Health Policy  
and Institute for Health Policy Studies  
Source: National Maternal and Child Health  
Clearinghouse

Includes an inventory of 17 national surveys so  
that policy makers, service providers and  
educators can identify appropriate data; informs  
the reader on the uses, strengths and limitations  
of the surveys. Includes recommendations for  
improving national financial data.

### **IMPLICATIONS OF PEDIATRIC HOSPITALIZATION RATES**

64 pp., 1978  
Publication No. H43  
Price: Single copy free  
Producer: National Research Council  
Source: National Maternal and Child Health  
Clearinghouse

Pediatric hospitalization data from State and local  
studies, and recommendations for regionalization  
and consolidation of pediatric care.

\* publications for consumers  
See page 115 for ordering information

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## **USE OF CASE MIX BASED PROSPECTIVE PAYMENT FOR IN-PATIENT PEDIATRIC HOSPITAL CARE - CONFERENCE PROCEEDINGS**

125 pp., 1984  
Publication No. Q16  
Price: Single copy free  
Producers: National Association of Children's  
Hospitals and Related Institutions, Inc. and the  
Bureau of Health Care Delivery and Assistance  
Source: National Maternal and Child Health  
Clearinghouse

Proceedings include presentations addressing the goals of a 1984 conference: to share state-of-the-art research in pediatric case mix classification and payment; to clarify issues on case mixed classification and payment systems; and to develop recommendations to address the issues.

## **PUBLIC HEALTH PROGRAMS**

### **ACQUIRING AN AUTOMATED SYSTEM FOR A COMMUNITY HEALTH CENTER**

213 pp., 1984  
Publication No. PC01  
Price: Single copy free  
Producer: Bureau of Health Care Delivery and  
Assistance  
Source: National Clearinghouse for Primary Care  
Information

Designed to assist community health center managers in making decisions regarding automation of manual systems and procedures and in the maintenance and improvement of existing systems.

### **BHCDA GOVERNING BOARD HANDBOOK**

45 pp., 1983  
Publication No. PC09  
Price: Single copy free  
Producer: Bureau of Health Care Delivery and  
Assistance  
Source: National Clearinghouse for Primary Care  
Information

Serves as a guide for both new and continuing governing board members of federally funded health centers.

### **THE DEVELOPMENT AND MANAGEMENT OF AMBULATORY CARE PROGRAMS: AN ANNOTATED BIBLIOGRAPHY**

55 pp., 1985  
Publication No. PC17  
Price: Single copy free  
Producer: Bureau of Health Care Delivery and  
Assistance  
Source: National Clearinghouse for Primary Care  
Information

Annotated bibliography covering a variety of subjects. Compiled to assist the health care professional working in BHCDA-supported projects in locating and obtaining relevant resources.

### **FEDERAL LEGISLATION AND THE PROVISION OF CASE MANAGEMENT SERVICES**

1986  
Publication No. A-2  
Price: \$1.75  
Producer: National Maternal and Child Health  
Resource Center  
Source: Same

This publication briefly describes provisions relating to case management services in Federal legislation including the Title XIX Medicaid legislation, the Title V Maternal and Child Health Services Block Grant legislation, and Aid to Education of the Handicapped legislation (P.L. 90-457).

## **GUIDE CLASS SPECIFICATIONS FOR NUTRITIONIST POSITIONS IN STATE AND LOCAL PUBLIC HEALTH PROGRAMS**

34 pp., 1977

Publication No. B94

Price: Single copy free

Producer: Bureau of Community Health Services

Source: National Maternal and Child Health Clearinghouse

Specifications for public health nutritionists and institutional nutritionists to be used in the development of class specifications at the State or local level.

## **A GUIDE TO HEALTH EDUCATION IN AMBULATORY CARE SETTINGS**

136 pp., 1978

Publication No. PC29

Price: Single copy free

Producer: Bureau of Community Health Services

Source: National Clearinghouse for Primary Care Information

Describes health education strategies for ambulatory care centers. Provides fundamental guidelines for health education activities in primary care settings.

## **HOW TO SPEAK PRIMARY CARE**

27 pp., 1980

Publication No. PC36

Price: Single copy free

Producer: Bureau of Community Health Services

Source: National Clearinghouse for Primary Care Information

Contains definitions of terms and acronyms commonly used in primary care programs, particularly those funded by the Bureau of Health Care Delivery and Assistance.

## **LEGAL LIABILITY AND QUALITY ASSURANCE IN NEWBORN SCREENING**

153 pp., 1985

Publication No. S36

Price: Single copy free

Producer: American Bar Foundation and Division of Maternal and Child Health

Source: National Maternal and Child Health Clearinghouse

Presents ways to clarify State statutes and regulations governing newborn screening and to enhance the safety of the programs.

## **MANUAL DE SISTEMAS Y PROCEDIMIENTOS PARA MIEMBROS DE JUNTAS DIRECTIVAS (Spanish)**

36 pp., 1979

Publication No. PC40

Price: Single copy free

Producer: Bureau of Community Health Services

Source: National Clearinghouse for Primary Care Information

"Systems and Procedures Manual for Members of a Board of Directors." Translation of *BHCDA Governing Board Handbook* (see pg. 112). A handbook for the governing board of a community health center. Outlines the board's roles, responsibilities, suggested organization, and relationship with the community health center's staff.

## **PRESCRIPTION FOR PRIMARY HEALTH CARE: A COMMUNITY GUIDEBOOK**

117 pp., 1983

Publication No. PC52

Price: Single copy free

Producer: Cornell University and Public Health Service

Source: National Clearinghouse for Primary Care Information

Describes the components and processes involved in the development and delivery of a successful primary care program. Warns of potential pitfalls communities may encounter.

\* publications for consumers

See page 115 for ordering information

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## **RECOMMENDATIONS FOR FUTURE FEDERAL ACTIVITIES IN DRUG ABUSE PREVENTION - REPORT OF THE SUBCOMMITTEE ON PREVENTION**

26 pp., 1977

Publication No. (ADM) 77-498

Price: Single copy free

Producer: National Institute on Drug Abuse

Source: National Clearinghouse for Alcohol and Drug Information

Reviews the historical development of Federal drug abuse prevention programs, assesses their impact, reflects on the current prevention activities and themes, and recommends specific national prevention goals.

## **STATE LAWS AND REGULATIONS GOVERNING NEWBORN SCREENING**

167 pp., 1985

Publication No. S35

Price: Single copy free

Producer: American Bar Foundation

Source: National Maternal and Child Health Clearinghouse

Presents a comparative overview of newborn screening statutes and regulations, followed by individual analyses of each State's laws and regulations, a description of related sickle cell screening laws, and a chart of disorders for which screening is supposed to occur.

## **330-FUNDED COMMUNITY HEALTH CENTERS**

57 pp., 1985

Publication No. PC24

Price: Single copy free

Producer: Bureau of Health Care Delivery and Assistance

Source: National Clearinghouse for Primary Care Information

Lists the community health centers funded under Section 330 of the Public Health Service Act as of April 1985. Includes satellite sites of clinics affiliated with each grantee.

## **THE TITLE V STATE PROGRAMS AND THE PROVISION OF CASE MANAGEMENT SERVICES FOR CHILDREN WITH SPECIAL HEALTH CARE NEEDS**

90 pp., 1986

Publication No. A-3

Price: \$6

Producer: National Maternal and Child Health Resource Center

Source: Same

This publication describes the results of a survey of the 50 Title V State Programs for Children with Special Health Care Needs (formerly State Crippled Children's Services Programs). The areas surveyed include program definitions of case management, provision of management services, the case management process, application of automated data processing to case management activities, case management personnel, and training of case managers.

## **PART II - B**

### **ORDERING INFORMATION**

#### **Administration for Children, Youth and Families**

Office of Program Development  
P.O. Box 1182  
Washington, DC 20013  
(202) 755-7724

#### **Administration on Developmental Disabilities**

U.S. Department of Health and Human Services  
HHH Building, Room 351D  
200 Independence Avenue, SW  
Washington, DC 20201  
(202) 245-2888

#### **Center for Devices and Radiological Health**

Division of Consumer Affairs  
5600 Fishers Lane, HFZ-2  
Rockville, MD 20854  
(301) 443-4190

#### **Centers for Disease Control**

Birth Defects Branch  
1600 Clifton Road, NE  
Atlanta, GA 30333  
(404) 452-1090

#### **Centers for Disease Control**

Center for Health Promotion and Education  
1600 Clifton Road, NE  
Atlanta, GA 30333  
(404) 329-3699

#### **Centers for Disease Control**

Immunization Division  
1600 Clifton Road, NE  
Atlanta, GA 30333  
(404) 329-1819

#### **Centers for Disease Control**

Public Inquiries  
1600 Clifton Road, NE  
Building 1, Room B63  
Atlanta, GA 30333  
(404) 329-3534

#### **Clearinghouse on Child Abuse and Neglect Information**

P.O. Box 1182  
Washington, DC 20013  
(301) 251-5157

#### **Clearinghouse on the Handicapped**

Department of Education  
Switzer Building, Room 3132  
330 C Street, SW  
Washington, DC 20202  
(202) 732-1245

#### **Consumer Information Center**

Pueblo, CO 81009  
(202) 566-1794

#### **Consumer Product Safety Commission**

1111 18th Street, NW  
Washington, DC 20207  
(202) 634-7700  
(800) 638-2772 (toll free)

#### **Environmental Protection Agency**

Public Information Center  
820 Quincy Street, NW  
Washington, DC 20011  
(202) 829-3535

#### **Family Life Information Exchange**

P.O. Box 10716  
Rockville, MD 20850  
(301) 770-3662

#### **† Food and Drug Administration**

Office of Consumer Affairs  
5600 Fishers Lane (HFN-88)  
Rockville, MD 20857  
(301) 443-3170

#### **† Food and Nutrition Information Center**

National Agricultural Library  
Room 304  
Beltsville, MD 20705  
(301) 344-3719

† Indicates availability of audiovisual materials

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**Government Printing Office**

Superintendent of Documents  
Washington, DC 20402  
(202) 783-5238

**National Arthritis and Musculoskeletal and  
Skin Diseases Information Clearinghouse**

Box AMS  
Bethesda, MD 20892  
(301) 468-3235

**† National Audiovisual Center**

National Archives and Records Service  
Information Services Section  
8700 Edsoworth Drive  
Capitol Heights, MD 20743-3701  
(301) 763-1896

**† National Cancer Institute**

Office of Cancer Communications  
Building 31, Room 10A-18  
Bethesda, MD 20892  
(301) 496-5583  
(800) 4-CANCER (toll free)

**National Center for Clinical Infant Programs**

733 15th Street, NW  
Suite 912  
Washington, DC 20005  
(202) 347-0308

**National Center for Education in Maternal  
and Child Health**

38th and R Streets, NW  
Georgetown University  
Washington, DC 20057  
(202) 625-8400

**National Center for Health Statistics**

Scientific and Technical Information Branch  
Division of Data Services  
Center Building, Room 1-57  
3700 East-West Highway  
Hyattsville, MD 20782  
(301) 436-8500

**National Center for Missing and Exploited  
Children**

1835 K Street, NW  
Washington, DC 20006  
(202) 634-9821  
(800) 843-5678 (toll free)

**National Clearinghouse for Alcohol and  
Drug Information**

P.O. Box 2345  
Rockville, MD 20852  
(301) 468-2600

**National Clearinghouse for Primary Care  
Information**

8201 Greensboro Drive, Suite 600  
McLean, VA 22101  
(703) 821-8955

**National Diabetes Information  
Clearinghouse**

Box NDIC  
Bethesda, MD 20892  
(301) 468-2162

**National Digestive Diseases Information  
Clearinghouse**

1255 23rd Street, NW  
Suite 275  
Washington, DC 20037  
(202) 296-1138

**† National Heart, Lung, and Blood Institute**

Information Office  
Building 31, Room 4A21  
Bethesda, MD 20892  
(301) 496-4236

**† National Highway Traffic Safety  
Administration**

Office of Occupant Protection  
400 7th Street, SW  
Washington, DC 20590  
(202) 366-2703  
Auto Hotline: (800) 424-9393 (toll free)

**National Information Center for  
Handicapped Children and Youth**

P.O. Box 1492  
Washington, DC 20013  
(703) 522-3332

**National Institute of Allergy and Infectious  
Disease**

9000 Rockville Pike  
Building 31, Room 7A-32  
Bethesda, MD 20892  
(301) 493-5717

**National Institute of Child Health and Human Development**

Office of Research Reporting  
9000 Rockville Pike  
Building 31, Room 2A-32  
Bethesda, MD 20892  
(301) 496-5133

† **National Institute of Dental Research**

National Institutes of Health  
Building 31, Room 2C-35  
Bethesda, MD 20892  
(301) 496-4261 (for publications)  
(301) 496-2883 (for audiovisuals)

(For Publication Orders by Mail:)

**National Institute of Dental Research**

P.O. Box 54793  
Washington, DC 20032)

**National Institute of Diabetes and Digestive and Kidney Diseases**

9000 Rockville Pike  
Building 31, Room 9A-04  
Bethesda, MD 20892  
(301) 496-3583  
(301) 231-5250 (for publications)

**National Institute of Mental Health**

Public Inquiries Section  
5600 Fishers Lane  
Room 15C-05  
Rockville, MD 20857  
(301) 443-4513

**National Institute of Neurologic and Communicative Disorders and Stroke**

Office of Scientific and Health Reports  
Building 31, Room 8A-06  
9000 Rockville Pike  
Bethesda, MD 20892  
(301) 496-5751

**National Institutes of Health**

Office of Clinical Center Communications  
Warren Grant Magnuson Clinical Center  
Building 10, Room 1C-255  
Bethesda, MD 20892  
(301) 496-2563

**National Library Service for the Blind and Physically Handicapped**

1291 Taylor Street, NW  
Washington, DC 20542  
(202) 287-5100

**National Maternal and Child Health Clearinghouse**

38th and R Streets, NW  
Georgetown University  
Washington, DC 20057  
(202) 625-8410

**National Maternal and Child Health Resource Center**

College of Law Building  
University of Iowa  
Iowa City, IA 52242  
(319) 335-9046

**National Sudden Infant Death Syndrome Clearinghouse**

8201 Greensboro Drive  
Suite 600  
McLean, VA 22102  
(703) 821-8955

**National Technical Information Service**

U.S. Department of Commerce  
5285 Port Royal Road  
Springfield, VA 22161  
(703) 487-4600

† **Office of Child Support Enforcement**

Beltway View Building  
6110 Executive Boulevard  
Room 820  
Rockville, MD 20852  
(301) 443-5106

**Office of Disease Prevention and Health Promotion/Health Information Center**

P.O. Box 1133  
Washington, DC 20013-1133  
(202) 429-9091  
(202) 336-4797 (toll free)

† Indicates availability of audiovisual materials

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**Office on Smoking and Health**

Technical Information Center  
5600 Fishers Lane, Room 116  
Rockville, MD 20857  
(301) 443-1690

**President's Committee on Mental Retardation**

North Building, Room 4057  
330 Independence Avenue, SW  
Washington, DC 20201  
(202) 245-7534

**President's Council on Physical Fitness and Sports**

450 Fifth Street, NW  
Room 7103  
Washington, DC 20001  
(202) 272-3430

## **PART III**

# **REGIONAL MCH ADMINISTRATORS, STATE MCH/CCS DIRECTORS, AND REGIONAL GENETICS SERVICES NETWORKS**

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## **INTRODUCTION**

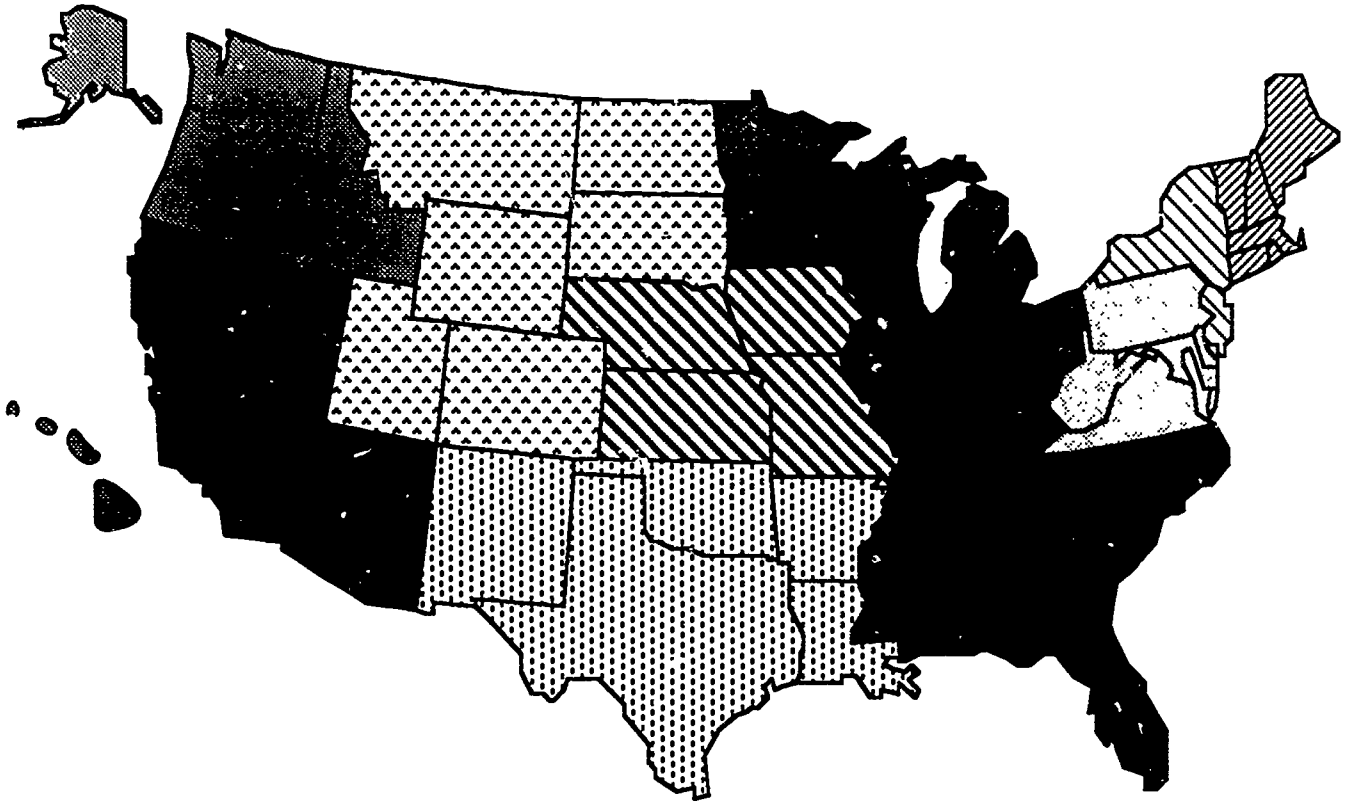
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Standard Federal administrative regions were established to achieve systematic coordination among agencies and Federal-State-local governments, and to facilitate improvements in management and interagency cooperation. Consultants in the areas of Nursing, Nutrition, Social Work, and Maternal and Child Health Programs work with the ten Public Health Service Regional Offices to serve State MCH agencies and service providers. Some regions do not have consultants in all of these categories.

Following the lists of consultants in each region, we have listed the Directors of Maternal and Child Health Services and Services for Children with Special Health Care Needs (formerly known as CCS) for each State within that region. Some States combine these functions in one office, or maintain a combined office in addition to separate offices for each program. These agencies administer Title V Block Grant MCH programs, and in some cases provide other public health services.

Finally, we have provided a list of Regional Genetics Networks. These groups of genetics services providers, supported by the Bureau of Maternal and Child Health and Resources Development, work to encourage the sharing of resources and information, public and professional education, and data collection. (The groups of States included in the Regional Genetics Networks do not conform to the ten standard Federal administrative regions.)

# STANDARD FEDERAL ADMINISTRATIVE REGIONS



REGION I: Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island, Vermont



REGION II: New Jersey, New York, Puerto Rico, Virgin Islands



REGION III: Delaware, District of Columbia, Maryland, Pennsylvania, Virginia, West Virginia



REGION IV: Alabama, Florida, Georgia, Kentucky, Mississippi, N. Carolina, S. Carolina, Tennessee



REGION V: Illinois, Indiana, Michigan, Minnesota, Ohio, Wisconsin



REGION VI: Arkansas, Louisiana, New Mexico, Oklahoma, Texas



REGION VII: Iowa, Kansas, Missouri, Nebraska



REGION VIII: Colorado, Montana, N. Dakota, S. Dakota, Utah, Wyoming



REGION IX: Arizona, California, Hawaii, Nevada, Pacific Basin\*



REGION X: Alaska, Idaho, Oregon, Washington

\*American Samoa, Commonwealth of the Northern Mariana Islands, Federated States of Micronesia, Guam, Republic of Belau, Republic of the Marshall Islands



---

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---

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## **REGION VII**

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